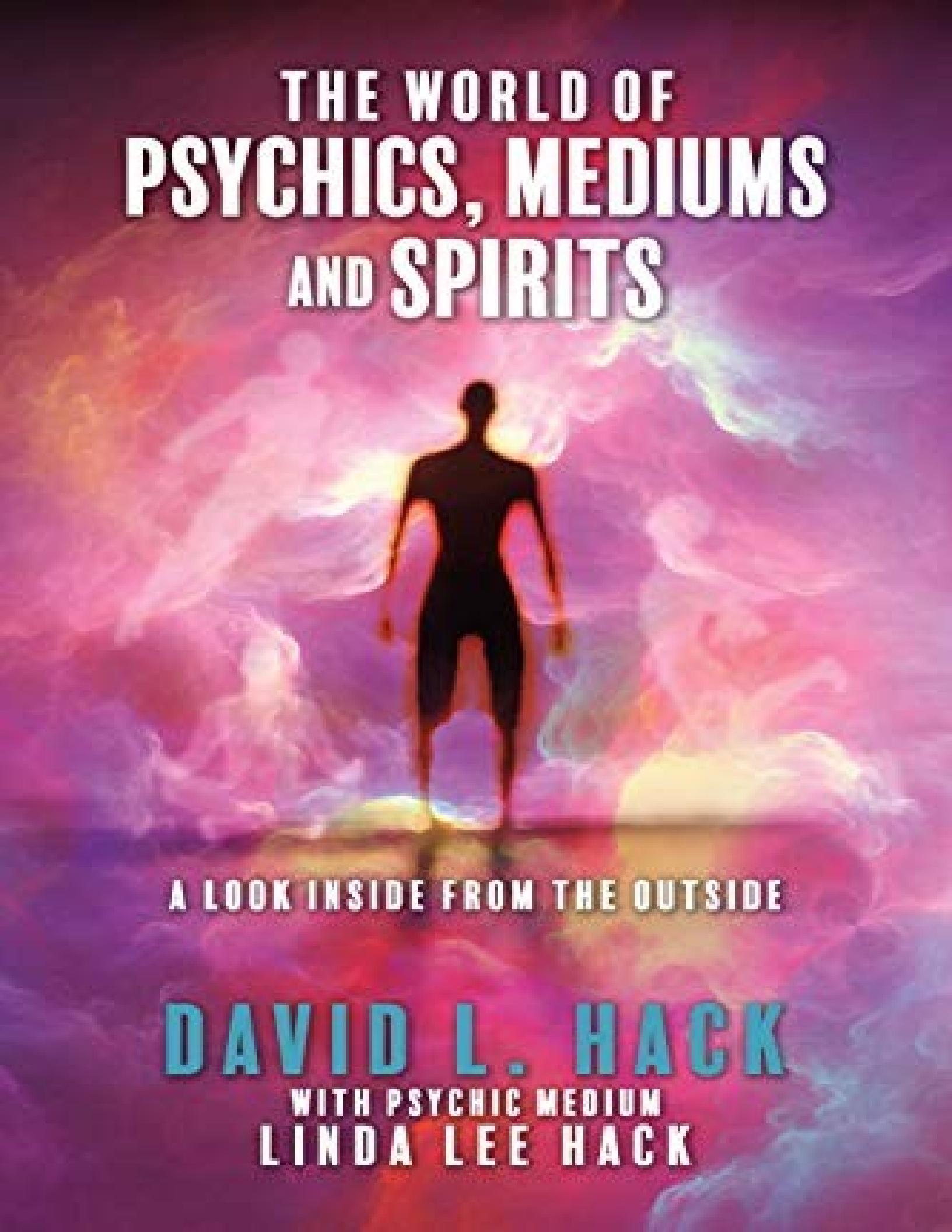
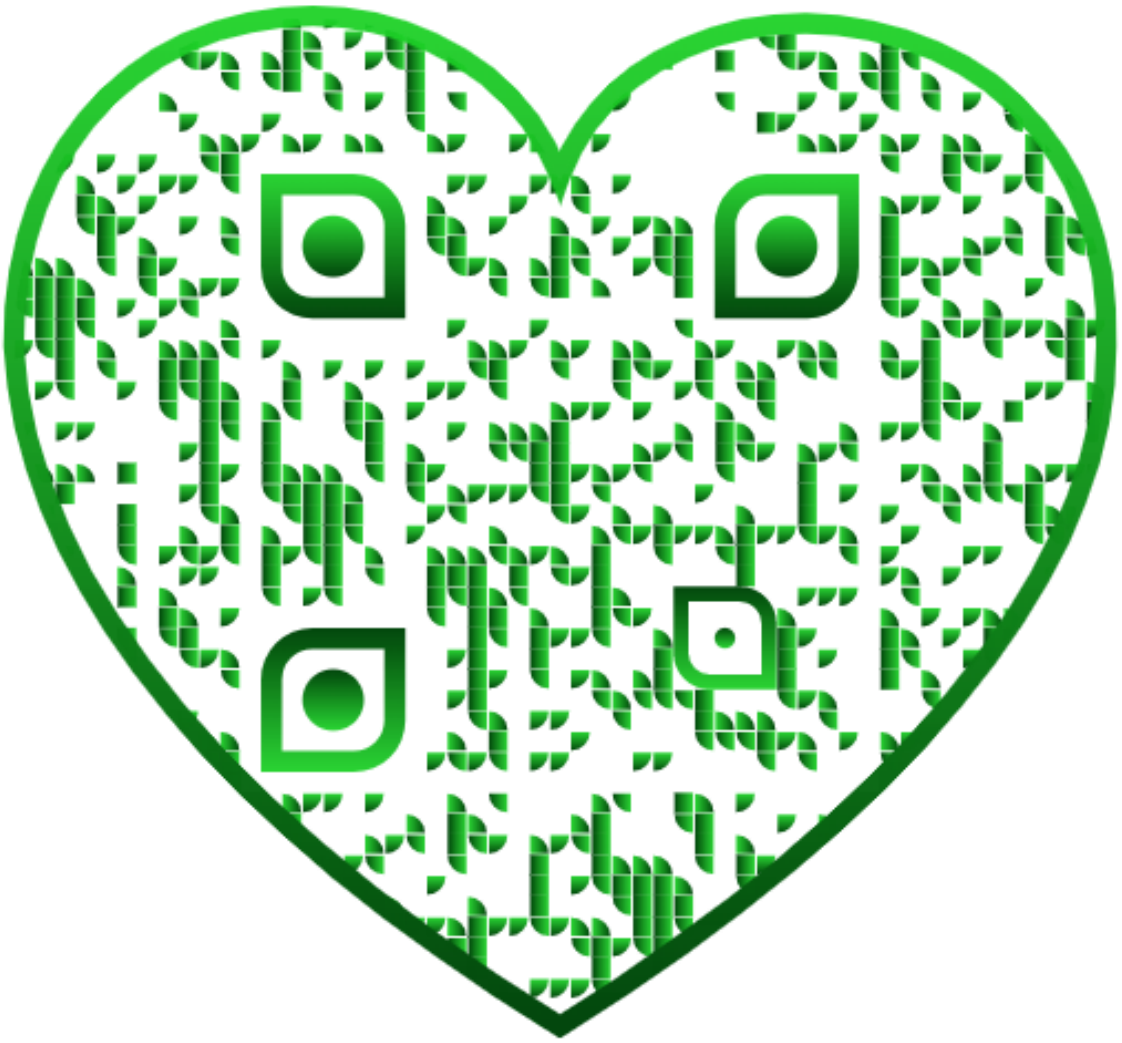
THE WORLD OF PSYCHICS, MEDIUMS AND SPIRITS



A LOOK INSIDE FROM THE OUTSIDE

DAVID L. HACK
WITH PSYCHIC MEDIUM
LINDA LEE HACK



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About Author David L. Hack and Psychic Medium Linda Lee Hack

Traditionally this section of most books is written on behalf of the author by other authors, professional colleagues, or friends with name recognition. But this is a special case. The story of this book is not mine. It is the story, in my words, of Linda Lee Hack, an extraordinarily gifted psychic, medium and channeler of spirits. Without apology, and with utmost pride, esteem, and tribute to her accomplishments, I add that she is also my wife. If these bios seem overly long, it is because the reader should know that while we have different backgrounds, our uniting in marriage, and the writing of this book were not fortuitous events. Were they part of our life contracts? It would appear so.

David L. Hack

I was born on July 22, 1933 in New Jersey. My father, Louis Hack, and my mother, Alice McCoy, were neighbors and childhood sweethearts in a small suburb of St. Louis, Missouri where they married. Subsequently they relocated to New Jersey, a move associated with my father's employment. Three years prior to my birth, my sister, Shirley Hack, was born. Our parents were hard working and best described as middle class. Our mother finished high school, but my father only completed the eleventh grade before leaving school for gainful employment. There were some tough financial times for our family, especially in the years after the great depression of 1929 and during World War II. Nonetheless, our parents never lost sight of their goal that my sister and I would have college educations they were never privileged to have. My sister and I graduated from high

school, and with considerable sacrifice on their part, our parents' goal was achieved.

My sister graduated from the Women's College of the University of North Carolina with our parents in attendance. Subsequently, she married and had three sons. Unfortunately, Shirley passed away very prematurely dealing a severe emotional blow to our respective families.

I graduated from Johns Hopkins University with a Bachelor of Engineering Degree and from Rutgers University with a Bachelor of Laws Degree. My parents were in attendance for both graduations. In between college and law school I was employed as an engineer and had some military experience with the U.S. Army Corps of Engineers. I practiced law in New Jersey for 38 years primarily as a trial attorney while continuing as an officer in the reserve component of the Army Corps of Engineers for a good part of that time. Along the way two daughters were included in my life's journey. I retired from practicing law at the end of 1996 and moved to Naples, Florida. Armed with a Coast Guard Small Boat Captain's License, my intent was to catch all the fish that swam in the surrounding waters. Not included in the aforesaid intent was meeting my wife Linda Lee in Naples and marrying her twenty three plus years ago.

Linda Lee Hack

Linda Lee, as she is more well-known in the world of psychics, mediums, and the spirit world, was born on February 7, 1949. Her mother, Mary Anna Williams, was from suburban San Diego, California. Her father, Jimmy Webb, was from Stover, Missouri. Jimmy enlisted in the U. S. Army in March of 1941 prior to the entry of the United States into World War II following the Japanese attack on Pearl Harbor on December 7, 1941. His regiment was stationed in Panama guarding the Panama Canal. He served throughout the war and was honorably discharged as a sergeant at the conclusion of the war in 1945. Jimmy met Mary Anna while on leave and they were married in 1944. Upon Jimmy's discharge from the army, Jimmy

and Mary Anna Webb established their home outside of San Diego, California.

Five children were born of the marriage, including Linda Lee. All the children left home at early ages and embarked on their individual paths through adulthood. Linda Lee's path included three children of her own, several residences across the country and becoming Linda Lee Hack in Naples, Florida.

Linda Lee's emergence as a psychic, medium, channeler of spirits, as well as chronicler, developer, advocate, and integrator of light language as a communicative skill set for psychics, is detailed in later chapters of this book. Linda Lee is an author in her own right, has participated in many programs and seminars as a principal speaker in her field, and she has many clients in the United States and numerous countries around the world.

INTRODUCTION

Linda Lee did not request that I write this book. She is very humble and prefers to let her accomplishments speak for themselves. I, on the other hand, want to accomplish two things. First, to be of assistance in her wish to enlighten and encourage others to pursue any psychic abilities they feel they may have. It is more typical than not, especially for young people, that any fledgling abilities they may have are internally suppressed by embarrassment or concern that others would see them as "different" or somewhat outside the norm of acceptable social behavior. Second, I want to disclose her unique journey and emergence as a preeminent psychic and medium. I feel her story will be educational, rewarding and encouraging for everyone regardless of whether they have any psychic abilities.

I am not a psychic or medium. Both Linda Lee and I agree that my education, professional background, and life experience have buried any psychic abilities which I may have had within me. If any ever existed, they are beyond recovery at this stage of my life. The law, sports, fishing, and history were my interests until Linda Lee came into my life. Linda Lee patiently tolerated these interests and participated in them with me. However, as her abilities as a psychic emerged and, as they began to develop to the point of being more than an avocation and more of a passion, it became necessary for me to inform myself more about her interests. We did have conversations and she was very tolerant of my questions which at best can be described as less than elementary. Her replies, however, were very profound in nature and included terminology and concepts not within my vocabulary or understanding. I started reading some books she had accumulated on the subjects of psychics, mediums and spirits and my interest in the subjects became more intense.

I did a lot more research on my own and, with more in-depth conversations with Linda Lee, the initial idea developed in my mind to write this book. My intent is to provide the reader with a broad overview of the world of psychics, mediums and spirits coupled with, and illustrated by, Linda Lee's

firsthand experience. Undoubtedly, readers with knowledge or experience in these fields may find some lack of depth or incompleteness in my survey of the psychic world. To make the point again, the information developed was my starting point research and the gathering of background information. I have included it here to acquaint readers new to this realm with my preliminary endeavors so they may have a head start in their own investigations, if they choose to learn more about or commence their own personal journeys into the psychic world.

The title of this book The World of Psychics, Mediums and Spirits – A Look Inside from the Outside obviously refers to me as the person looking in from the outside and Linda Lee being inside. However, the word "world" requires a little elaboration. The first connotation which might come to mind is the planet earth depicted by a sphere sitting on a stand upon which a map of the continents and oceans is superimposed. Or, perhaps, what is visualized is a ball representing the earth rotating on its axis with other planets revolving around the sun. That is not what is meant in this title alone. Rather, a broader sense of the word is also intended. Consider the words "world of psychics, mediums and spirits" as being a collective of nouns referring to a realm or whole area of interest, such as the "world of medicine" or "world of science." Psychics and mediums, as we refer to them here, are humans living on our planet earth. Spirits, however, may be anywhere in our planetary system, within our "milky way" universe among its millions of stars and associated planets. Or, they may be among the countless stars, planets, and universes beyond our universe, and whatever may be further beyond all of that.

There are several levels of popular awareness of what psychics, mediums and spirits are and their interaction with each other. These levels may be generally categorized as follows:

None.

Heard about it, do not believe it, it is nonsense.

Heard about it, but never looked into it.

Curious, more information would help satisfy my curiosity.

Skeptical, but afraid there is some substance to it.

Have some knowledge but need more information to fully appreciate its meaning for me.

Lots of experience with psychics and mediums, but what else is there to it?

This book is written to address all levels of interest. It is meant to be both a basic primer, in the sense of an elementary text for readers not acquainted at all with psychics, mediums, and spirits as alluded to above. And, it is also intended to be informative about psychics, mediums, and spiritual activity at advanced levels far beyond the elementary.

PART ONE

PSYCHICS, MEDIUMS AND SPIRITS

WHAT ARE THEY ALL ABOUT?

CHAPTER 1

ADJUSTING THE MINDSET

Most of us, including this author, have adopted generally inflexible mindsets about many subjects by the time we reach the early years of adulthood. Various root causes may be attributable to these firm beliefs. During early childhood, within a family setting, many values and basic or fundamental facts are instilled in us. Examples of these might be concepts of time, social norms, religion, and verbal language communication. Later, through education at all levels, mindsets may develop on a plethora of subjects such as physics and other sciences, mathematics, history and more recently, astronomy, and space. In this process teachers, professors, and other educators who made more credible presentations or were more charismatic may have been more influential in developing mindsets than others.

In understanding the world of psychics, mediums and spirits some of the readers' mindsets on these subjects, and others, may have to be adjusted or flexed to accommodate new facts, concepts and beliefs related to them. In today's jargon, thinking "outside of the box" is helpful. Consider the following examples.

In our early history, in the regions around the Mediterranean Sea, the earth was thought to be flat. Thanks to some mindset adjusting and advanced thinking, it was determined the earth was round and seafarers were no longer in danger of falling off the edge. Later, with the emergence of the known world from the Dark Ages of our history, Nicolaus Copernicus, a Polish mathematician and astronomer, published a theory in 1514 that the earth and other planets revolved around the sun. This was in total contrast and conflict with the prevailing concept that the earth was the center of the universe. So accepted was this former belief that it was part of the dogma of the Catholic Church which was the prevailing religious body at that time.

In the 1600's, Italian astronomer, Galileo Galilei, expanded on the theory of Copernicus and published writings supporting the concept that the sun was the center of the known universe and that the planets revolved around it. The Church condemned Galileo's findings and compelled him to retract them and he spent the final days of his life confined to his home. Looking back in time, many mindsets had to be changed just as now, we fully accept the theories of Copernicus and Galileo as factually correct. And, we now know much more about where our sun and planetary system fit into our universe and the relative position of our universe among thousands of others.

Isaac Newton, regarded as England's greatest scientist, was born on January 4, 1643, and died March 31, 1727. (Several different dates are reported depending on the calendars used in England and other countries.) In his lifetime he contributed concepts, theories, and inventions in the fields of physics, mathematics, and optics which are valid today. These include the laws of motion, laws of gravity and gravitational effects, nature of light, optics, advances in calculus and the binomial theorem, invention of the reflecting telescope, and, while not fully substantiated, invention of the pet door to let his cats in and out while he worked. The large body of Newton's work was done by the age of 26 and it was substantially completed by the age of 40. It is difficult to quantify the prior mindsets that had to be adjusted because of Newton's contributions to the world. For his accomplishments Newton was knighted with the title "Sir."

Moving on into the 1800's: steam engines replaced sails on ships; electricity was scientifically controlled; railroads crossed continents; telegraph sent messages in seconds replacing couriers, horseback; and ships for delivery. More mindset adjusting required. As a historical note, undersea cables came too late for the War of 1812. In that conflict England invaded the United States in 1812, and the final battle in which the United States decisively defeated the British, took place in New Orleans, Louisiana in January of 1815. Unfortunately for the heavy casualties on both sides, the fact that a treaty ending the war had been negotiated in Europe the prior December, was not received until days after the battle.

In the 20th century, adjusting of previous mindsets could hardly keep pace with developments. To name a few: electric lights replaced kerosene and gas lamps; internal combustion engines and automobiles replaced horses and wagons; radios and televisions came into homes; vaccinations and antibiotics cured or eradicated many diseases; electricity powered engines on railroads; and atomic and nuclear energy served the purpose of weapons of mass destruction and generation of electricity.

As an aside, here, I must comment on one of the most dreaded disease threats experienced by children of my generation. Poliomyelitis was a viral disease often resulting in paralysis. It became known as infantile paralysis. There was no cure and extreme cases required patients to spend many days, if not lifetimes, inside primitive devices referred to as an iron lungs. Many places of community recreation such as swimming pools were closed to prevent potential spread of the disease. It was a poorly kept secret that Franklin Delano Roosevelt, President of the United States from March 4, 1933 to April 12, 1945, was diagnosed with polio in his early adult life, although there was some later medical controversy that he may have had Guillain Barre Syndrome. He required crutches or a wheelchair to move around and assistance to stand all during his presidency. In 1953 Dr. Jonas Salk developed a vaccination for polio which has now all but eliminated the disease worldwide.

Other medical breakthroughs in the 20th century included: non-invasive imaging by way of X-ray, CAT scan, MRI scan; liver, kidney, and heart transplants were perfected; and in space exploration, men walked on the moon. In sports, Lou Gehrig, New York Yankee baseball legend retired prematurely due to illness on May 2, 1932 after playing 2,130 consecutive games. This was a record thought to be unbreakable, until broken by Cal Ripken, Jr. on September 19, 1998. Ripken played 2,632 consecutive games. And, Babe Ruth's 60 home runs in a season record has now been broken multiple times. As another aside here, Lou Gehrig's illness was amyotrophic lateral sclerosis, now commonly referred to as Lou Gehrig's disease.

The start of the 21st century has brought even more dramatic concepts and developments requiring flexing, if not revision, of earlier mindsets such as:

watching a Mars exploration craft on television as it lands on that planet; countless electronic devices including computers on your wrist; texting as a new system of communication; telephones in your back pocket; remote electronic equipment that controls most devices in your home; driverless cars; and discovery of many "exoplanets" similar to earth orbiting stars in outer space. And the century has just begun.

The following quotation by Sir Isaac Newton is as appropriate now as it was when he penned it in the 1600's.

"I do not know what I may appear to the world, but to myself I seem to have been only like a boy playing on the seashore and diverting myself in now and then finding a smoother pebble or prettier shell than ordinary, whilst the great ocean of truth lay all undiscovered before me."

When I began learning of Linda Lee's psychic gifts and followed along as they unfolded into a spirit world quite foreign to me, my initial awareness level was a blend of number three and number five on the list of awareness levels set forth in the Introduction of this book. I was aware of it and skeptical, but afraid there was something to it. My mindset was very rigid, however, now it has been adjusted and I am at level seven+. While I am an outsider with no psychic ability, the evidence is no longer open to doubt. The world of psychics, mediums and spirits is very real. I hope the following chapters of this book, with any necessary adjustment of mindsets discussed here, will increase readers' awareness to approaching the level of seven as well. With some necessary overlapping commentary, set forth hereafter in separate chapters are brief descriptions of the worlds or realms of psychics, mediums and spirits.

CHAPTER 2

THE WORLD OF PSYCHICS CONCEPTS AND TERMINOLOGY

The world of psychics is a wonderful group of humans on earth who have extraordinary abilities beyond those possessed by the vast majority of us who live and walk on this planet. Their world includes concepts and terminology not part of usual conversational expression or dictionary lexicon. Set forth below are some, but by no means all, of the concepts and terms which the reader will come across in this book. Readers will most certainly hear the terminology when used by psychics outside the covers of this book. Some of their psychic abilities are described herein along with fundamental associated concepts, words, and phrases. Readers new to the world of psychics should have familiarity with them, just as I had to become acquainted with them early on in my investigation of the psychic world. Please understand, the following is only a brief synopsis of information about each topic. It is intended to be introductory. Much literature, if not entire books, have been written about each of them.

ENERGY. This is not the energy associated with power in our everyday life such as electricity, gas, steam, atomic, and nuclear. Rather, it is a life force which flows within all humans and allows them and all their organs to function. It is not measurable with any kind of a meter or gauge but is fully detectible by psychics. Psychics with powers to heal can project healing energies remotely or by touch to persons with diminished health issues.

VIBRATION. A concept more similar to what we know in the scientific world, but it is different. Sounds are produced by vibrating strings on a harp or violin and all other musical instruments by various means. They are also produced by rattling objects, radios, televisions and etc., and most importantly by human vocal cords. The difference, however, in the psychic world is that all things, human or otherwise, have their own vibrations and the frequencies are changeable. These vibrations are not audible but are

detectible by psychics. They may fluctuate in strength or frequency for a variety of reasons including physical health and changes in emotions.

AURA. An energy field around the human body and other living things that radiates outward a short distance and is sometimes, but not always, associated with the head in the sense of a halo. It may be multicolored or a blend of colors or hues. It may or may not be visible. Persons with psychic abilities see them most often and are able to read them. Small children are reported to be likely visual perceivers. Experiments have been conducted to attempt to photograph auras. The most publicized ones were undertaken by Russian electrical engineer, Semyon Kirlian and his wife Valentina, in 1939 and the following years. An object such as a freshly picked leaf or human hand was placed on photosensitive paper which in turn was placed on a glass plate. Below the glass plate was a metal plate attached to a grounded object. A high voltage high frequency source was contacted momentarily to the object resulting in an image on the photosensitive paper in the form of a silhouette with an "aura" of light surrounding it. Critics have ascribed the presence of the apparent aura to moisture in the leaf or on the hand. This process is known today as Kirlian photography. Cameras purporting to take Kirlian photographs are commercially available today, but they are used mostly to picture inanimate objects which yield attractive artistic images.

THE CLAIR SENSES. Depending on the commentator, there are between four and eight "Clair" psychic senses in addition to the physical senses of sight, sound, touch, smell, and taste. There are subtle differences between psychic senses and physical senses. In the case of physical senses, the perception of the thing sensed has a physiological reaction on the body in the form of recognition and the appropriate physical response, as necessary, is taken. In the case of the psychic senses, however, nothing may be immediately present to trigger the sensed perception. Rather, it is a spontaneous perception which occurs, in most situations without an immediate source. The "Clairs" are set forth below with brief explanations.

Clairsentience. A reaction that something doesn't feel right. An intuitive or gut reaction. Sometimes, experiencing someone else's physical or

emotional pain from present causes, or which also may have been caused by an experience at another time or place.

Clairvoyance. Seeing clearly including visual and mental images, auras, and sometimes spirits. This sense also includes seeing the future, known as pre-cognition, and seeing the past, known as post-cognition.

Clairgustance. A taste sensation such as the favorite food or drink of someone who has passed away, or some living person or friend who is not present.

Clairsalience. A smell, odor or fragrance perceived and associated with a person, place, or thing not in the immediate area.

Clairempathy. The awareness of another person's emotional or physical state. The understanding comes from perception of that person's energy field. The actual sensations of that person are not actually experienced. A psychic with this ability is called an empath.

Clairaudience. Perceiving sounds, words or voices from no apparent source. They may be attributable to the spirit world although the psychic may appear to be hearing voices in the psychic's head.

Clairtangency. The ability to perceive facts about a person, without communication, by being in the person's presence or by touching that person or an object associated with that person.

Claircognizance. A strong perception that something is right or true or wrong or not true. It is an instant awareness not arrived at by contemplation.

CHAKRA. There are nine principal chakras within the human body. They are energy centers aligned at positions along the vertical axis of the body corresponding roughly to the spine. Each center is at or near the major organs of the body and is instrumental in regulating their normal and healthy function as the human energy flows throughout the entire body. The chakras have names and color designations. Set forth below are the chakras

with their name designations, color, function, and brief descriptions of the quality of life controlled by them. Musical notes, crystals or gemstones, aromas and food often related to them are omitted.

Higher Crown Chakra: Not exactly within the body but integrally part of it. Located about two feet above the head. Color white. Bridge between third and fourth dimensions. Center of most spiritual connections.

Crown Chakra: Top of the head at crown. Color violet. Oneness with divine wisdom and spiritual understanding of goal of perfection.

Third Eye Chakra: Center of forehead. Color indigo. Center of inner vision, intuition, clairvoyance and extra sensory perception.

Throat Chakra: Throat area. Color blue. Center of creative self-expression. Inspires truth and independence over deceit, and surrender of personal will over to divinity.

Heart Chakra: Center of chest. Color green. Unconditional love and forgiveness. Inner harmony and contentment. Compassion for others.

Solar Plexus Chakra: At center of lower rib cage where right and left side meet. Color yellow. Center of personal power, will, vitality humor and influence.

Sacral Chakra: Color orange. Just below the navel. Center of love, sexuality and sense of family. Contributes to harmony of mind and emotions.

Root Chakra: Base of spine. Color red. Sense of survival when threatened. Basis of instincts, courage and material security.

Earth Chakra: Soles of feet. Color brown or black. Spiritual connection with Mother Earth. Focus on daily activities, being grounded and material pursuits.

If the function of the organs around each chakra become impaired, healing energies can be directed to the chakras by psychics with those abilities. See previous definition of ENERGY.

MOTHER EARTH. Also known as GAIA. The concept is broader than simply being our planet composed of all its resources and characteristics and otherwise inert matter. Mother Earth has a spiritual connection with nature and all living things on earth and within it.

HIGHER SELF. Human consciousness is considered to have two levels. The first level is that which concerns itself with the everyday aspects of life and basic decision making associated with material living on earth. Examples would be health, family, interpersonal relationships, shelter, employment, finances, survival, courses of action to be taken when confronted with divergent options, and alike. The other level is known as one's HIGHER SELF. It is the highest aspect of a person. It is not conceptually part of the human body. It is ethereal in form but stays associated with the human soul through all its reincarnations on earth. It knows, sees, and understands at the highest level possible. It is a repository of all knowledge and experiences in the soul's past, present and future lives on earth. It is also an inseparable communicative connection to God.

SOUL. That essence of life imparted upon conception which instills basic emotional, physical, neurological, and intellectual capacity. Some scholars equate soul with spirit. It survives the death of its prior human vessel and subsequently reincarnates for future betterment purposes. A thorough discussion of these concepts follows in subsequent Chapters.

PARALLEL LIVES. A concept that a person may be living or experiencing two or more unrelated lives simultaneously in the same or different dimensions while on earth.

KARMA. This word and its identifying concept are frequently used in offhanded parlance and conversations today, not only by psychics. The word has its root in Sanskrit. It carries with it the concept that the sum of all the causes (and actions) set forth in prior lifetimes make a pattern (good or bad) for one's present and future lifetimes.

Psychics sometimes utilize or employ objects or other devices to complement their abilities. Some of them are available commercially for use at home by non-psychics or aspiring psychics. Set forth below are some of these tools with brief descriptions of methodology.

PENDULUM. A small weighted object usually hung on a lightweight chain. The chain is held motionless in the hand of the user with the object allowed to hang 12 to 16 inches below the hand over a designated spot on a board. Questions put to the pendulum are answered by how and in what direction the pendulum moves relative to the spot on the board.

CRYSTALS AND GEMSTONES. Crystals and gemstones are naturally occurring minerals found in the earth. Crystals have their molecular structure aligned symmetrically and are found in varying colors and most have a translucent appearance. Gemstones are rarer and have varying molecular structures with pleasing faint or solid colors. Crystals and gemstones are used by psychics for healing or general improvement in a person's overall heath and emotional state. They can also be kept nearby or close to anyone for the same purposes. There are many types of crystals and gemstones widely used by psychics and non-psychics. A few examples are enumerated here with their healing properties:

Quartz: Many colors, but clear is the most effective. It is a master healer. It stimulates the immune and circulatory systems and raises the energy level within the body and its vibrational output.

Selenite: Known as the master healer. Used for all healing and heath maintenance. It is also a conduit to the spirit world.

Moonstone: Stimulates the pituitary gland and digestive system and hormonal and menstrual irregularities.

Agate: Improves mental function and clarity of thought especially immediately prior to the moment in time when those characteristics are most called for such as writing or important conversations.

Tourmaline: Eases pain in joints and spine alignment. Improves immune system and heart and adrenal gland function. Wards off negative energies and relieves stress.

Turquoise: Clears blockages of the flow of energy in the body and assists in healing problems associated with the throat, ears, and neck.

Jade: Known for filtering toxins from the body and cleansing the whole body through the blood circulatory system. Speeds healing of wounds.

Lapis Lazuli: Stimulates intellectual analysis and problem solving. Aids in relieving many medical issues in the head and neck. Stimulates and aligns the Third Eye and Throat Chakras

TAROT CARDS. A deck of seventy-eight cards that may be very loosely analogized to a modern deck of playing cards in size and references to suits. Twenty-two of the cards are called the major arcana and the other fifty-six are called the minor arcana which are divided into four suits: wands, swords, cups and disks. Tarot can be played as a game, but in the psychic world it is extensively used by psychics to give readings most often using the major arcana cards. Each of the seventy-eight cards has artwork on its face symbolizing its name. Each card has generally laudable human attributes represented by its name, or in some cases warnings or concerns. A psychic reading is done by a small number of cards being displayed and the psychic intuitively elaborating on each card based on energy and vibrations received from the subject of the reading. The psychic use of tarot cards requires a great deal of study and familiarization with the meanings and concepts represented by each of the cards. The information provided here only scratches the surface, and if the reader desires to pursue this psychic ability, there are many books on the subject available as well as training courses. This overview discusses only traditional and historical tarot cards. Other psychics have developed their own card systems for giving readings with their own interpretations. An example of these are Oracle Cards.

PALMISTRY. Reading palms as well as fingers and hands. To the casual observer the characteristics of the fingers, hands and palm may not have significant differences. However, to a palm reader the differences, however subtle, are meaningful. The palm may be considered to have a height which runs from the base of the hand to the base of the fingers excluding the thumb. The width or breadth of the palm runs from its widest point across to the base of the thumb. Fingers run from their bases at the palm to their tips. It is important to distinguish between the dominant hand (most often used) and the passive hand (least used). The passive hand shows inherited traits and should be considered a baseline. Attributes of finger and palm size are listed below:

Fingers and palm about equal length and height. A versatile person, able to adapt, handy at tasks and prone to be inventive. Tall tapered fingers with a high thin palm. Lover of the arts and beauty but tends to be impractical in life. Shorter fingers with a high slender palm. Intellectual with good analytical and reasoning skills.

Fingers closer in length to each other and palm having equal width and height. Steady in life and rewards are from your own skills and efforts.

Thick fingers that are shorter than the palm is high. Bold and daring and seeker to improve the life and status of others. Slender tapered fingers slightly shorter than the height of the palm. Temperamental with mood swings and impetuous.

Short wide fingers and a palm wider than it is high. Very practical in all matters, intellectual issues are secondary.

Attributes of the surface of the palm are related to its crease lines and other anomalies. Reading these aspects of the palm are difficult and perhaps more subjective because of occasional irregularities between individuals. There are four main lines or creases psychics look for:

Heart Line: running from between the base of the index and middle fingers down across the upper portion of the palm.

Fate Line: running from the approximate start of the heart line diagonally down to a point near the base of the base of the palm.

Head Line: running from a point between the base of the index finger and the thumb down across the center of the palm.

Life Line: running from a point near where the head line originates down across the center of the palm towards the wrist.

If these lines are clear and unbroken, they are indicators of positive reading aspects. Other palmar surface configurations with their meanings are:

Line appearing to be composed of chain links: Confusion.

Stars: Good fortune with money.

Triangles: Evidence of talent. Overly worrisome.

Small dots or surface pitting at main line ends: Weakness, illness, or similar abnormality which most often is temporary.

Tiny islands: Evidence of some past or present hardships.

Squares: Physical or mental restriction past or present.

Cross hatched lines: Illness or ongoing recovery.

PSYCHIC AND ENERGY HEALING. Many psychics practice the art of psychic healing. In one form or another it has been practiced for centuries by psychics and non-psychics alike. The underlying premise involves the basic concept of a continuing flow of energy within the human body to and within its organs. When that energy flow is disrupted the body fails to function properly and physical symptoms develop. Psychic healers relieve the specific energy disruption or blockage by sending or routing energy to the areas which are deficient. This is not a surgical procedure and must be distinguished from traditional medical modalities. It differs from holistic medicine which primarily employs natural remedies rather than artificially produced medications. There are many psychic healing modalities.

One of the more prominent modalities is called Reiki. It is a hands-on therapy, utilized by trained Reiki therapists, generally directed to specific physical ailments or complaints. It is not a massage technique. It is targeted at the energy flow in the body especially through the chakras.

Another modality is energy healing which is not a hands-on therapy. It will be used as an example here as Linda Lee personally experienced this methodology. The practitioner places the subject in a position, usually prone, either face down or face up. The practitioner's hands are passed closely over the subject's body. The subject's position is changed sometimes during the healing process. This is not a hands-on methodology as mentioned above, however, some practitioners may touch the subject lightly. During the course of a session, the practitioner speaks to the subject in very low and reassuring tones to keep the subject relaxed and receptive. It must be pointed out that this is not a hypnotically assisted methodology and is as not targeted by the therapist at specific body parts. It is the therapist's energy being directed to the subject's entire body and its energy functionality. When Linda Lee's "treatment" was completed she did have long term relief from a serious back dysfunction.

Another more esoteric energy healing therapy was introduced to the author and Linda Lee by Jane MacDougall. Jane is a London based healer with a wide range of psychic and other abilities in which she is well trained and credentialed. This energy healing is called quantum energy healing. Briefly, and probably with many omissions, it involves merging the therapist's

energy field with that of the subject and removing energy imprints or releasing other aspects of the subject's energy field which may be the root causes of emotional or physical distress.

READING TEA LEAVES. Use larger leaf tea. Put a small amount (teaspoon) in a large handled cup. Fill with boiling hot water and allow to brew for several minutes. Drink the tea until only a small amount of fluid remains in the bottom. Ask a question you want answered. Swirl the contents counterclockwise three times and the invert the cup over a saucer and allow the remaining fluid to drain out of the cup. Hold the cup upright and examine the patterns left by the tea leaves adhering to the cup interior. Depending on the pattern interpretations and their positions in the cup there may be a hundred or more indicators for answers to your question. The variables are: what the patterns resemble (examples, bird, dog, ship, or flower); position in the cup (near the rim, half way down or in the bottom); and the quadrant of the cup they are located in going around the cup from the handle. Some pattern symbols may be negative signs and some positive. The internet has many sources to give examples of the tea patterns and their locations in the cup which must be considered in getting an accurate reading.

RUNES. The early Norse and Germanic tribes developed an alphabet for communication consisting of symbols called runes. Over time and depending on their geographic use and derivation the number of rune symbols vary. At the present time, for psychic use the number appears to have settled at twenty-five. Each symbol has an identifiable pathway, present or future, for the subject or what to expect emotionally. Examples are:

Be patient-this is not the time for speed, know that whatever the outcome, all is well.

You gain through abandoning the past-- submission is required.

Darkness is behind you and everything is transformed forever.

Courage is needed-- inner change means emancipation.

New energy and clarity, a realigned self brings fulfilment and renewal.

DOWSING. Dowsing was first said to be used to locate underground water. A thin flexible tree branch was used with small branches at its end forming a “Y.” The branch was held horizontally to the ground while it was carried across the ground. When water was sensed the branch would wiggle and move vertically toward the ground. The current psychic version of the dowsing rod has a slightly different configuration where two rods are used in tandem. Each rod is composed of a handle formed from a short hollow tube into which an “L” shaped copper rod of thinner diameter with the short leg of the copper rod fitted loosely into the tube handle and the long end allowed to swing freely horizontally when the handle is held vertically. Dowsing rods can be used to answer yes or no questions similarly to a pendulum. It is also claimed they will locate lost items and determine if spirits are present. The rods swing in toward each other and away depending on the question asked. These rods are also used to locate underground water in the same manner as the original wood “Y” shaped branches.

There are many more concepts with specific terminology which will be defined in connection with mediums, spirits and the spirit world as discussed in following chapters.

CHAPTER 3

THE WORLD OF MEDIUMS CONCEPTS AND TERMINOLOGY

Like psychics, mediums are human beings on our earth with special abilities. They are psychics and most have many of the psychic abilities discussed in Chapter 2. However, mediums can communicate with people who have died and passed over into the spirit world. Linda Lee is one of them. Her remarkable ability will be fully elaborated on in later chapters within the context of the immediately following paragraphs.

Upon conception human beings are said have a soul which is part of them for their lifetimes. Religious faiths have varying definitions of the human soul. No attempt will be made here to discuss them all. Rather, a consensus of various definitions and concepts is presented here.

The soul defines your life as a human and your characteristics as a human on your path through life. It may be a moral or religious spiritual compass, but humans are all endowed with the freedom of choice and may be led or convinced to follow less moral, immoral, or socially unacceptable lives. The soul is said to be immortal and a separate aspect of the human and survives death. It is the essence of life. All animate living things are also said to have souls. It is not a bodily organ and is without form or dimension. The soul is a repository for all the experiences of the body it occupies for its entire lifetime. The soul has some predetermined paths leading the human to encounter and experience physical and emotional situations intermittently, if not for a lifetime, for the betterment of the soul. This last concept will be discussed in detail in following chapters.

Traditionally, in contemporary religions, but not all, the soul survives death and mourners pray for the soul of the deceased to be graciously or favorably received. The body, being only a vessel for the soul is embalmed for temporary preservation and buried below ground with an appropriate identifying marker.

This necessarily contemplates the existence of some form of afterlife. In some religious biblical concepts, the afterlife might include experiencing heaven, purgatory or hell. In even earlier times, in Egypt, the Pharaohs, Queens and other highly placed personages were buried in tombs with their size befitting their rank or status. They were mummified and often entombed with all the accouterments thought to be needed in their afterlife along with some of their bodily organs placed in separate jars or urns. The "Boy Pharaoh" Tutankhamun's tomb was found by archaeologists, un-plundered by grave robbers, crammed with jewels and gold items including a full-sized gold leafed chariot. "King Tut" became a pharaoh at age nine and died at age nineteen. According to most historians his reign was, to a great extent, unremarkable.

References to an afterlife can be found in the documentation or transcribed oral chronicles of most religions or faiths as we know them today including Buddhist, Hindu, Christian, and Muslim. In centuries old China, the country's first emperor, Gin Shi Huang, who ruled from 246 B.C.to 210 B.C. was entombed in an area of approximately twenty square miles. Included with him were 8,000 life-sized terracotta soldiers and clay horses to accompany him in the afterlife.

The afterlife entities are, therefore, considered souls of people who upon death have passed over into the spirit world. Left behind on earth are the corporeal bodies or vessels which the souls formerly occupied. It is with these passed over entities that mediums can communicate.

To avoid any later confusion in terminology used in this book, and many other publications, the reader may encounter, the words soul and spirit are conceptually the same after death when the soul enters the spirit world. For the most part, I will use the word spirit when the human soul enters the afterlife of the spirit world following the death of its corporeal body or vessel.

A brief reference should be made here about the many reports of persons having "near-death" experiences, that is to say, at some point in their lives from all outward appearances they appeared dead, or, in fact, may have been declared clinically dead. At a later moment in time, however, they resumed all aspects of a living being both actually and clinically. Many

books have been written compiling these reports and commenting on all aspects of this phenomenon. There appear to be some broad factual similarities in descriptions given by those having experienced near-death. These include the fact that it was without pain; there was a bright light toward which the person was moving, either at the end of something like a tunnel or in the distance; the experience was pleasurable; and there was no compelling urge or desire to turn back.

Regarding a person's soul, since the near-death episode was not actual death, the soul had not left the body or vessel in which it was an integral part and the soul had not reached the afterlife. These near-death reports are not to be taken lightly. The souls and their vessels may have been temporarily transported to another dimension for their appreciation or understanding of the approaches to the afterlife of the spirit world.

Mediums have been around for a long time, and the abilities ascribed to them over time have resulted in several names being given to them. Historically, there is sometimes a confusion between names depending upon the commentator and the abilities of any medium being referenced.

Sir Arthur Conan Doyle (1859-1930), author of the Sherlock Holmes stories, had a deep interest in spirits and spiritualism. He wrote a two-volume work in 1926 titled The History of Spiritualism. In the text of this history Doyle refers specifically to: (a) Public Mediums-those performing outside of a private setting in the presence of an audience, presumably for a fee; (b) Clairvoyant Mediums those with the ability to predict or see the future; (c) Materializing Mediums those producing images or apparent forms of persons or body parts, and (d) Slate Writing Mediums those producing writings on slates without physical contact with them (known as psychography). This book by Doyle contains many researched historic episodes of psychic phenomenon associated with persons identified as mediums over the course of the years from 1848 to just before his death in 1930. Details are related concerning the events and the persons present who observed them in the United States, England and parts of Europe.

Doyle also provides information regarding investigations to verify or discredit the mediums' veracity in producing the reported psychic phenomenon. Doyle's work is a good, enjoyable, and informative read. It

has been criticized to some extent on the apparent bias or willingness on the part of Doyle, who was not a medium, to accept as factual much of what his research has revealed. This may be attributed to the Doyle's involvement with the developing Spiritualist movement and the fact that his wife, Jean, became a medium.

Not to be overlooked is a book authored by Raymond Buckland (1934-2017) titled The Spirit Book – The Encyclopedia of Clairvoyance, Channeling and Spirit Communication. Buckland was an English/American and prolific author on many subjects. In addition to the above titled book, the content of which is almost explanatory by its title, Buckland wrote many other books on subjects including, but not limited to, Witches and Witchcraft, Occult Worlds, Wicca Religion, Gypsies and Psychometry. However, for the purpose of explaining the historic generic names and attributes given to mediums, the title first mentioned above by Buckland is informative and will be referred to now, and in later chapters of this book. It will be cited, hereafter, as Buckland's Encyclopedia. After his Introduction at the front of the book, there are 444 pages of well researched text in the format of an alphabetized encyclopedia. The text includes short biographies of personalities related to spirits, clairvoyance, spirit channeling and ancillary topics, together with some illustrations. Also referenced are word definitions associated with the subject matters of the book. Following the textual material are 28 pages listing Buckland's print and online supporting sources.

[AUTHOR"S NOTE, By way of editorial transparency, it should be noted here that the Mrs. Gwendolyn Kelley Hack, mentioned on page 407 of the Buckland's Encyclopedia, is no relative of this author or Linda Lee Hack. By way of additional information, The Fraudulent Mediums Act of 1951 in Great Britain referred to on page 154 of Buckland's Encyclopedia was effectively replaced by adoption of extensive legislation titled The Consumer Protection from Unfair Trading Regulations 2008.]

In addition to the names given to mediums in Doyle's book, Buckland's Encyclopedia adds Apport Mediums, those able to move objects from place to place, and Spiritual Mediums who contact and communicate with spirits. The latter identification applies specifically to the mediumship of Linda Lee as will be seen in later chapters of this book.

In separate paragraphs in his book Buckland refers to mental mediumship and physical mediumship. The former, mental mediumship, identifying psychics exhibiting abilities referred to in Chapter 2 of this book, and others associated with the abilities of precognition and retrocognition. Buckland identifies separately physical mediumships, encompassing phenomenon such as materializations, levitation of objects or people without gravitational effect, slate writing, or any phenomenon done without physical contact with the medium. However, Buckland goes on to say, distinguishing between the types of mediumship is sometimes not easy, with which comment this author is in agreement.

In the development of background information for this book, it has become clear to this author that the distinction between the identifying names or titles "psychics" and "mediums", both historically and in contemporary use today, have been blended or loosely lumped together when referring to paranormal or psychic phenomenon. A reading of Doyle's book, Buckland's Encyclopedia, and other historic and present-day commentaries seems to confirm this conclusion. The principal operatives in paranormal or psychic events sometimes are not categorized or not labeled based on both past and present definitions of the words psychic and medium. More likely than not, however, the individuals demonstrating the abilities of whatever nature in the documented events are loosely referred to as mediums.

While most opinions agree that all mediums are psychics, with many or varied psychic abilities, but all psychics may not have the awakened ability of mediumship. For clarity in readers' consideration of Linda Lee's abilities to be described in later chapters, as noted above, she is a medium in the purist sense with the ability to contact and communicate with spirits of deceased individuals. Going a little bit further, Linda Lee prefers the more descriptive term "spiritual medium" in referencing her channeling abilities. Upon occasion she does exhibit other psychic abilities, which I will

elaborate upon, but her principal concentration is contact with the spirit world.

It is appropriate here to elaborate briefly on the development of spirit communication in the last one hundred fifty years. Prior to this time period many different reports of strange sounds emanating within structures are known. These were called rappings or taps. At the time they were not precisely identified with attempted spirit communication except, perhaps, by followers of the Shaker faith who broke away from the Quaker religion in the early mid to 1800s. There were disagreements over demonstrative affirmations of their faiths and the places of women. The rappings and taps, then and later, were rudimentarily understood and utilized as communication instruments with spirits. The practice was that a medium would convene a number of people around a table and invoke a spirit or spirits for the purpose of contact with them. This was called a séance. That term is also used today by some psychics and mediums. Short questions usually requiring only a yes or no answer would be propounded to the spirits and their responses would be one rap or tap for yes and two for no. If the question required numerical answers, the number of raps would correspond to numerical digits.

This process of communication by rappings and taps overlapped with table turning or table tipping. This method was the same as described above, but spirit responses were in the form of movements of the table. Typically, two legs of the table would elevate from the floor several inches and settle back down on the floor. The number of repetitions of this type movement would correspond to the questions asked. On other occasions tables would move around or turn to give answers. Subsequently, it was found that baskets or similar objects equipped with a writing instrument could be used to transcribe brief responses from spirits.

Not necessarily in perfect timeline order, the use of spirit boards or talking boards were used widely by mediums, psychics, and others without such abilities to attempt spirit contact or gain knowledge of future events. The boards consisted of a hard, flat surface upon which a planchette would easily slide over. The planchette was most often a small wooden platform with a directional point supported by three short equal length legs allowing

the device to slide across the board. Depending on the desired detail of messages or information hoped to be obtained, the board's surface has embossed words or short phrases in various locations intended to be responses to questions. Examples are "yes, no, hello, goodbye, true, false, maybe, continue on, spirit is here, you are lucky, be faithful," and many more depending on the creator of the board. The board may also have numerical digits 0 through 9 and the letters of the alphabet.

Typically the board is utilized by two or more people posing a question and placing their fingers lightly on the planchette and without conscious effort allowing the planchette pointer to be moved to a designated response on the board or one or more of the digits or letters. The concept of the talking board is said to have originated and been commercially produced in the middle 1800s in the United States. Much later and through many changes of ownership, the rights to the board were marketed as a toy with the Ouija name. Toy or not, Linda Lee and I recall using the devices in our earlier years with the hope future events would be revealed. At those times there was no concept in either of our minds that contact might be made with spirits in the spirit world. In later chapters, however, the experiences of writers Stuart and Betty White and Jane Roberts and Robert Butts with Ouija boards, and spirit contacts are most revealing.

Subsequently, mediums with highly developed abilities, were able to receive spirit communications by means of "automatic writing." In this process, the medium would receive and transcribe messages in written form without conscious awareness of the content of the message being received, and without physical guidance of the medium's hand by the medium other than by the spirit. Automatic writing is to be differentiated from what is referred to as "inspirational writing" whereby mediums consciously receive spirit communications and contemporaneously write them down or verbally recite them for recording by others present at the time they are received.

While automatic and inspirational writing are widely used methods of spirit contact today, mediumship has evolved even to more direct communication between mediums and spirits. The following hypothetical example of the direct communication is illustrative. A medium may be asked by a person to contact the spirit of a deceased relative for emotional relief or advice. The

medium is able to accept into the medium's mind the presence of the spirit in the spirit world and convey messages to and from the spirit and the surviving relative. These messages from the spirit may be in clearly understood language. But, sometimes they are by images or by even less comprehensible means requiring the medium to explore their meaning with the inquirer.

CHAPTER 4

THE SPIRIT WORLD CONCEPTS

AND TERMINOLOGY

This chapter could also have been titled THE WORLD OF SPIRITS, but it would be a bit misleading. The spirit world conceptually includes other spirit like entities including angels and archangels to be discussed further on in this book. The world or afterlife into which spirits, formerly souls, enter upon death is not finite. The spirit is dimensionless, has no bodily organs and needs no water or food for nourishment. It is amorphous. It takes up no physical space as its prior body or vessel did. Therefore, there is no limit of dimensional space or limit into which any number of spirits may be restricted. Because we on earth have a preconceived notion that upon death the soul rises upward to its final resting point. We tend to imagine that is the case for everyone. But of course, that ignores the fact that souls are also ascending on the opposite side of the earth. They would be descending from our perspective. The point is that from every place on earth spirits are entering the spirit world and have been doing so for millennia.

Just how big the spirit world is, may require the reader's mindset to be adjusted or flexed as suggested in Chapter 1, more than a little bit.

The International Space Station orbits the earth at a distance of about 254 miles. On a good day, it can be seen as a point of light in the sky. The moon orbits the earth at an average distance of 238,900 miles. The average distance of the earth from the sun is 93,000,000 miles. The speed of light, made up of photons, has been accepted presently, as the fastest speed of any object which can be obtained on earth or anywhere. That speed of light is 670,616,629 miles per hour within a vacuum which includes space as we know it. It is slightly slower when passing through other substances. Rounding off some numbers, it takes light 8.1317 minutes to go from the sun to the earth. Astronomers use the light year to measure distances in

space. One light year is the distance light travels in one year, or 5.88 trillion miles. The most distant object in space, presently known as of this writing, has been determined to be as it was positioned 13.3 billion light years ago. To determine the distance in miles from that object to earth one must multiply 5.88 trillion times 13.3 billion. To do that here would require too many digits in the answer for this page. The universe is continually expanding and all calculated distances from earth at one moment in time are increasing as of the next moment. Suffice-it-to-say, space is close to the definition of infinity in all directions. It is all encompassing and it is the world of spirits.

The question arises how is it that mediums on earth can exchange communications with spirits wherever they may be in the spirit world without delay of minutes, hours, weeks, months, years, or light years? No effort has been made to answer this question currently other than to suggest that the speed of “thought” may be a new dynamic for introduction to the scientific community for further exploration at a later date.

CHAPTER 5

SPIRITS IN THE SPIRIT

WORLD SPIRIT DESCRIPTIONS OF THEIR WORLD

To obtain a concept of the how spirits occupy and exist in their spirit world is necessarily dependent upon their descriptions, details and information given by them directly to mediums or by means of another methodology using hypnosis and exploration of persons' past lives. There are no television images, videos, or radio broadcasts from spirits in the spirit world as we are used to seeing from some satellites or crews in the international space station.

One of the most detailed compilations of contacts with spirits in the spirit world was authored by Hippolyte Leon Denizard Rivail, better known now by his pen name, Allan Kardec.

ALLAN KARDEC

Kardec was born on October 3, 1804 in Lyon, France. As noted, Allan Kardec was not his birth name. He was born Leon Denizard Hippolyte Rivail. As explained further on in this text, Rivail took the name Allan Kardec in his later adult years, by which name he is much better known today. Accordingly, hereafter, Rivail will be referred to as Allan Kardec.

His parents and forefathers were distinguished citizens of high social standing. His father and grandfather were attorneys. Kardec's family was affluent and well-regarded. He was highly educated. At first, he thought to follow his father as an attorney, but his inquisitive mind lead to a broad

field of study of many subjects and eventually what became his primary avocation of education and teaching. He gave free public lectures on chemistry, physics, comparative anatomy, and astronomy. He owned and operated a school for boys.

Kardec was a member of numerous scholarly societies and received honors for his academic work from other organizations. He published articles and manuals for use in public schools to included student preparation for examinations in arithmetic and geometry as well as improvements in the entire French educational system. Kardec was also fluent in several European languages in addition to his native French. In short, Kardec was a consummate scholar with wide ranging interests in many academic fields and he had impeccable academic credentials. It should also be noted that he was a man of deep Christian religious faith.

At the height of Kardec's reputation and standing in the academic and social world in about 1850, a colleague, who had previous contact with Kardec about the theory of magnetism, asked him to observe a phenomenon involving moving tables without apparent external force, other than influence from mental though "table turning" as it was known. Although skeptical, Kardec believed it was necessary of further investigation by him.

Kardec had a friend whose two daughters were said to be mediums. The daughters, when by themselves or with their friends, frequently received "communications" from spirits which were generally of a light and frivolous nature. However, when Kardec was present, the communications were more serious. With the girls' permission he composed a lengthy list of profound questions about human life and the universe. Over the next two years these questions were put to the "invisible intelligences." Their replies received by the mediums' known methods of the time, "table tapping" and "planchette-writing," were recorded by Kardec.

In this time period, Kardec received a request from another individual who had been interested in similar phenomenon. He had in his possession fifty notebooks of information obtained from "spirits" by mediums and requested that Kardec, still known as Rivail, organize the information in the notebooks. Skeptical at first that his professional activity would not permit him time to undertake such an arduous task, Kardec finally agreed to do so.

A spirit messenger had directed a specific request to him stressing the importance of the work, and that he had known Rivail, in a prior life, as Allan Kardec. These replies, Kardec concluded, were from spirits, and along with other subsequent contacts believed to be spiritual in origin, formed the basis of his "Spiritist Doctrine" and the pen name of Allan Kardec was assumed by Rivail.

Kardec, subsequently, published his first book, The Spirits' Book, elucidating the Spiritist Doctrine. The book was revised and republished in 1857 to include all supporting research and documentation. The book received wide acclaim in Europe and other countries with many converts to his doctrine and its concepts. It is considered the "official" version of The Spirits' Book.

Kardec founded the Parisian Society of Psychological Studies of which he remained president until his death on March 31, 1869. The Society met weekly to discuss all aspects of the Spiritist Doctrine and to make further contributions to it by way of additional spirit contacts. Kardec also founded a monthly magazine called Revue Spirite to advance the Spiritist Doctrine. Emperor Napoleon III of France reportedly summoned Kardec several times to discuss spirit phenomenon and The Spirits' Book.

Kardec followed The Spirits' Book by publishing What Is Spiritism? in 1859. This book is a reaffirmation of Kardec's concept of the Spiritist Doctrine with an incredibly detailed dialogue between Kardec and a composite of real or fictitious critics who he simply calls "Visitor" or in one section of the book "Priest." Each point or challenge raised by the Visitor or Priest is refuted by Kardec in defense of his doctrine.

Kardec later published The Mediums' Book in 1861. This is an in-depth study of all aspects of the abilities of mediums, their traits, methodologies, and limitations when communicating with spirits. It is considered to be a sequel to The Spirits' Book.

In 1864 Kardec published The Gospel According to Spiritism, and with later revisions, was republished in 1866. This book is a synthesis by Kardec of the teachings of Jesus in the Biblical New Testament with the Spiritist Doctrine.

In 1865, Kardec published Heaven and Hell, contrasting and comparing religious concepts of afterlife with those of the Spiritist Doctrine.

In 1868 Kardec then published, Genesis, Miracles and Predictions According to Spiritism. Kardec, in this book, carefully and respectfully attributes the creation of all beings on earth as well as the spiritual world to God as the creator of all things.

Kardec's five books, The Spirits' Book, The Mediums' Book, Gospel According to Heaven and Hell, and Genesis, are regarded as the comprising of the Codification of the Spiritist Doctrine. None of these books are rainy day afternoon readings. They are very detailed, in-depth and scholarly works. I consulted heavily, The Spirits' Book, The Mediums' Book and What Is Spiritism? (Not part of the Codification Collection) for background information in preparing to write this book. Those three books alone, in the soft cover format I utilized, consisted of 1,315 pages. The other three books, also consulted to a lesser degree, are another 1,454 pages.

Just as many other original mind sets require adjusting from time to time because new ideas or scientific concepts are advanced (See Chapter 1 Adjusting the Mindset), so it was with Kardec's Spiritist Doctrine in his time. It was met worldwide with considerable acceptance, but, also, with considerable skepticism fortified by inflexible mindsets. A good example of the latter is illustrated by Kardec's attempt to send copies of his publications to a book seller friend of his in Barcelona, Spain. The books were not received by the book seller. It turned out that while appropriate customs fees were paid to Spain, the shipment was confiscated by the Holy Office of the Catholic Church. The explanation received by Kardec from the Bishop in Spain was as follows:

"The Catholic Church is universal, and since these books are contrary to the Catholic faith, the government cannot consent to allowing them to pervert the morality and religion of other countries."

This standoff was ended abruptly when the books and brochures were burned by Spanish authorities in a public ceremony in a Barcelona public square on October 9, 1861. While this example is extreme, as mentioned above, it is fair to say there was considerable skepticism. As time went on, however, it was more widely accepted with large numbers of "converts" acknowledging the Doctrine, including in the United States, South America and other non-European countries. It must be remembered that at the time he developed what he called the "Science of Spiritism" Kardec himself at several points in his writings stressed that he anticipated future development and refinement of his newly articulated science.

Just as I used Kardec's work as background information, it is presented here for the reader's background information as well, but in a very much more concise and abbreviated format. For readers desiring to enhance their knowledge of Kardec and his detailed study and research, you can find multiple resources in his books referenced in prior paragraphs. The principles are, to a great extent, relevant today in understanding the spirit world.

One aspect of Kardec's Spiritist Doctrine is that upon a person's death its soul separates from its corporeal body or vessel. The soul departs and becomes part of the spirit world and is a spirit in space, and no longer on the face of the earth.

According to Kardec's writings, when the soul ascends into the spirit world, it is enclosed or enveloped by a vaporous substance called a "perispirit." Its function, while not fully articulated by Kardec, is to allow other spirits to see each other. It also allows the spirit to act on matter not of the spirit's body.

[AUTHOR'S NOTE. I feel readers should be aware that I have not found any reference to a perispirit in any other research or commentaries about spirits, including discussions with Linda Lee and her many colleagues. While Kardec attributes the concept to spirit contacts with mediums he researched, it may be that some explanation was needed for the ability of spirits to discern each other, or to explain how spirits may cause inanimate

objects to move or produce sounds. Or, the perispirit concept simply needs more investigation as the "science" of Spiritism develops. The Copernicus and Galileo sagas are reminders.]

Continuing here is the summary of Kardec's writings based on his research and spirit responses to questions put to them by Kardec through his medium intermediaries, or information from spirits recorded by other mediums and integrated by Kardec in his Spiritist Doctrine and other writings.

Upon death, the soul as a spirit, leaves its former human vessel and "ascends" into the spirit world. However, depending on the manner of death, the departure and all ascensions are not necessarily immediate. Sudden unexpected or traumatic death may cause the soul to be confused or apprehensive about the circumstances of its new environment. Where relationships with humans left on earth were strong and loving, there may be a reluctance for the soul in spirit form to leave loved ones behind. None the less, the spirit enters the spirit world. The transition is without pain and there is no sense of elapsed time. While the spirit is without form and is amorphous, it can "see" or "sense" the presence of other spirits. It is not unusual for the spirit to encounter spirits of family or friends who passed over previously.

Kardec, at great length, elaborated on differences or categories of spirits in the spirit world. He referred to it as the spirit "Hierarchy." To understand this spirit hierarchy requires an appreciation of the concept of incarnation or reincarnation. Simply put, a spirit may return to earth and become the soul of a newly born human. The process begins at conception and is complete on birth. The purpose for this incarnation, or reincarnation in the case of multiple earthly visits, is profound and predetermined. The goal is for the soul in its new life to encounter trials and tribulations which in a previous life the soul may not have processed in terms of thought, behavior or action as measured by Godly standards and not fully benefitted there from. In short, the newly incarnated soul is advancing up the ladder of life's experiences toward perfection.

Spirits upon entering the spirit world may return to earth promptly to be reincarnated as a human and continue a process of spiritual improvement. Or, they may delay their return and stay in spirit world indefinitely, in which case they are referred to as "errant" spirits. Such spirits are able to journey to all regions of the spirit world including worlds other than that of the earth. Some of the reasons why spirits might delay or permanently remain in the spirit world are discussed in later chapters in detail, as described by Linda Lees' experiences as a medium.

Kardec refers to the process of reincarnation as "purification" of the soul. Kardec's use of this word in the 1860s probably was quite appropriate, but in today's era of political correctness, it may bring to mind Hitler's attempt to create an Arian race in the mid-1930s and early 1940s before and during World War II. Kardec's and the spirits' references to purification are the antithesis of Hitler's policy.

Kardec, in accordance with information received from spirits through mediums, identified three categories of spirits which are further broken down into ten more specific individual spirit types with corresponding characteristics which, in the aggregate, constitute the spirit hierarchy. Briefly, in reverse numerical order, they are as follows.

TENTH CLASS - IMPURE SPIRITS

Preoccupation with evil. Succumb to trials they must undergo. Recognizable by coarse language. During incarnation inclined toward every kind of vice. Get pleasure from retarding other peoples' progress. Disguise themselves to deceive the victims of their evil deeds. Scourges of humanity. Sometimes referred to as demons or evil spirits.

NINETH CLASS – FRIVOLOUS SPIRTIS

They are ignorant and mischievous. No regard for truth when answering questions. Create annoyances and intrigues. Misleading people by deceit. Assume misleading names and sometimes those of distinguished persons. They love causing intrigue through deceit. Their communications may be spirited and facetious. Sometimes referred to as hobgoblins, gnomes, or pixies.

EIGHTH CLASS - PSEUDO-LEARNED SPIRITS

Some broad knowledge but think they know more than they actually do. Their language may have a serious tone which may be deceptive. Their communications may reflect only on experiences of their prior lives on earth, and truths may be mixed in with absurd errors.

SEVENTH CLASS - -NEUTRAL SPIRITS

Neither morally good, nor wickedly bad. Not risen above ordinary humans on earth. Attached to material things left on earth.

SIXTH CLASS - BOISTEROUS AND DISTURBING SPIRITS

Frequently make their presence known through perceptible physical effects such as table movement or raps. They may cause instability in the earth's elements or atmosphere at the instruction of higher order spirits. They may be considered any of the earliest classes of spirits as their personal qualities may be any of them.

FIFTH CLASS – BENEVOLENT SPIRITS

Dominant quality is kindness. They take pleasure in serving and protecting humans. Their progress has occurred more in the moral sense than in an intellectual level.

FOUTH CLASS – LEARNED SPIRITS

Distinguished by their knowledge. Less concerned with moral issues. Greater aptitude for scientific matters but only for their own use. They are free of passions characteristic of imperfect spirits.

THIRD CLASS – WISE SPIRITS

Possess moral qualities of the highest degree. They do not have unlimited knowledge but are endowed with special capacity to judge people and things precisely.

SECOND CLASS – HIGH ORDER SPIRITS

Combine science, wisdom, and goodness. Their communication is lofty and noble. They are better able to communicate the correct notions of the incorporeal world. They willingly help others who in good faith seek truth, but they turn from others motivated by curiosity or who may be influenced from practicing the good. When incarnated on earth, under exceptional

circumstances they may display the type of perfection to which humankind may aspire.

FIRST CLASS – HIGHEST ORDER SPIRITS

Have ascended through degrees of hierarchy and have freed themselves of all impurities of matter. No further trials to endure. They are eternally in the bosom of God. They are the messengers and ministers of God. They help and protect the spirits below them and assign them their missions. They take pleasure in assisting humans in their distress and inspiring them to do goodness or expiate them from wrongs. Humans may communicate with them. They are sometimes called angels, archangels, or seraphim.

Kardec does expand on the concept of angelic beings referred to in this last paragraph. He relates that the angelic beings are perfect and pure and predate earthly development. Angels are referenced in many religious texts. They are most frequently associated with God and being caretakers of his immediate realm in the heavens, or as being his messengers, or in some cases, watching over humans on earth. Most probably Kardec's intent was to equate the level of purification of spirits (human souls) to the highest degree, comparable to that of angels, after following their spiritual paths of incarnations.

[AUTHOR'S NOTE. Linda Lee and the author are not theologians or religious scholars. We are nominally Christian Protestants by early exposure to church as children. At this time, our concepts are similar in terms of our religious faiths. They may be summarized in a few brief words, to wit: there is a Creator of all things, humans, animals, plants, nature, and everything that exists, animate or inanimate, within and outside of our universe. The Creator may be called God, or as in modern spiritual reference, Source.]

In the old religious texts, of various faiths, archangels, referenced by Kardec, are named, with different spellings, and the total number of them varies from seven to fifteen. Writers sometimes refer to the main archangels as being seven in number. In today's concept of the spirit world archangels have a significant place and important role. After research and consultation with Linda Lee, set forth below are the archangels most frequently referenced today along with their spiritual attributes and any historical facts generally associated with them.

Michael. One of the more influential archangels. Considered a heroic protector. Stands for truth and justice. Defender of those who need to be imbued with courage. Considered to be the spiritual patron of law enforcement officers. Said to have defeated Satan in battle.

Gabriel. Sometimes referred to as the messenger of God. Also assists writers and teachers when called upon. Identified with female issues including fertility and female societal influence. The gender of Gabriel has been variously identified as female or male. Gabriel is said to have announced the future births of John the Baptist and Jesus. Also, Gabriel is said to have provided the initial revelations to Mohammed as recorded in the Koran.

Ariel. A healer and provider for the necessities of life to include food, shelter, and finances. Concerned with environment and animals.

Metatron. Watches over children and is a healer. A scribe and record keeper of all things. Metatron was a name given to Enoch after his life on earth and becoming an archangel. Enoch was the author of extensive "Gospels" considered but omitted from the Bible, presumptively for lack of established divinity. Metatron, in certain beliefs, assisted Moses in leading the Jews in their exodus from Egypt to the Promised Land.

Raphael. A healer and restorer of energy. Assists other healers. Patron of travelers and looks out for their safety.

Uriel. Generally associated with intelligence, wisdom and new concepts or ideas. Upholder of moral values. Reportedly warned Biblical Noah of the flood to come and its impact on life on earth.

Sandalphon. Delivers prayers to God. Formerly the prophet Elijah before ascending from earth to become an archangel. Most often called the archangel of music, poetry, and prayer. Prayers when answered may be answered in musical form or poetry.

People on earth who have concerns or needs in the individual fields attributed to the archangels do so by praying to them, or directly to God in whose presence the archangels serve in God's realm and the inclusive spirit world.

Kardec, in his research, discussed a phenomenon of concern to scientists and medical practitioners in the middle of the nineteenth century. "Somnambulism" as it was called then, was an apparent ability of some people to "see" and audibly describe events clairvoyantly while in a sleep state. According to Kardec's findings, this was due to the person's soul partially departing from the person's body during sleep and facilitating the person's clairvoyant abilities. Today, the term somnambulism has morphed into a term describing sleep walking.

One last point or observation should be made about Kardec's research and his voluminous publications centered on the Spiritist Doctrine which he fully identified as being based upon a "new science". Kardec was a devout Catholic. His articulation of the concept of reincarnation as being part of the Doctrine was contrary to the tenants of the Catholic Church and other prevailing religions. This may, perhaps, be why, from the very beginning, Kardec used the terms "Spiritism" and "Spiritist" in labeling his Doctrine and its adherents, rather than Spiritualism and Spiritualist. These latter terms were being associated with an emerging faith at the time acknowledging contact with spirits, but primarily for the purpose of healing. It is reported that the concept of reincarnation may not have been fully embraced by Spiritualism.

At the time of Kardec's publications, a French advocate of Spiritualism by the name of Pierart published a magazine titled La Revue Spiritualist, in competition to Kardec's monthly, La Revue Spirite which may have heated up the less than friendly competition between differences in the philosophical and fact based foundations of Spiritism and Spiritualism. In a later chapter of this book the author will comment on the origins and concepts of the Spiritualism movement.

In the opening paragraph to this chapter, it was indicated there was an exception to understanding the nature of the spirit world and activity therein, other than by medium contact with spirits. Hypnotism has played an important part in the accumulation of knowledge of the spirit world as recounted hereafter.

MICHAEL NEWTON, PH.D.

Michael Newton, Ph.D. (1931-2016) and unrelated to England's Newton, engaged in groundbreaking research on the subject of what he referred to as the "life between lives." Dr. Newton was a practicing hypnotherapist for forty plus years in California specializing in treatment and counseling of patients with behavior disorders. He was a master hypnotist and founder of the Society for Spiritual Regression. He authored three best-selling books on the subject of life between lives. The first and second books, Journey of Souls (1994) and Destiny of Souls (2000), are based on case studies of patients encountered by Dr. Newton in the course of his practice. His third book is titled Life Between Lives (2004) and is in the nature of an instructional text for hypnotherapists desiring to pursue the practice of regressing their patients into their lives in the spirit world between incarnations, the subjects of Dr. Newton's first two books.

It may be helpful for readers not familiar with hypnosis and hypnotherapy to put a little perspective on Dr. Newton's research. The susceptibility of a human to being induced into a trance-like state has been known for centuries. The exact physiologic or neurologic systems within the body

productive of the trance has been studied and debated for almost that same length of time.

The trance itself has been equated to levels or depths of sleep. Other sources contend that it is an entirely different state of consciousness not related to sleep. In either case, the level or depth of the state may vary but is manageable by the hypnotist. However, the person in the trance remains verbally and otherwise responsive to outside suggestions, questions or influences. Trance levels have correlated to electromagnetic measurable waves emitted from the brain. Levels of human brain wave activity are measured in terms of the scientifically accepted definition of a number called a hertz, abbreviated Hz. One hertz is defined as one complete wave cycle.

There are five recognized levels or ranges of activity emitting from the brain. They have been given names with associated ranges of hertz values. They are set forth below with some associated effects on human behavior or performance. There is considerable overlap, depending on the wave level within each range and the human whose brainwaves are being measured.

Delta. 0 t0 4 Hz. Deep level of relaxation or restorative sleep. Facilitates “unconscious” bodily functions such as heartbeat and digestive activity.

Theta. 4 to 8 Hz. Very prevalent when a person is in a hypnotic state.

Alpha. 8 to 12 Hz. A bridge between, conscious thinking, Beta, and unconscious but responsive state, Theta.

Beta. 12 t0 40 Hz. Frequencies usually found in fully awake persons. Depending on the frequency range, can affect or stimulate reasoning or levels of stress and cognitive ability.

Gamma. 40 Hz and higher. This range may assist in complex tasks and cognitive function of completeness during or following meditation sessions.

Linda Lee and this author are not hypnotists. However, currently Linda Lee is embarking on plans to expand her psychic awareness by studying and adding hypnosis to her skills and abilities. No explanation of their professional methods of inducing hypnotic states is appropriate and will not be made here. There are many published sources of this information for consultation by readers, if so interested. Research, however, indicates that most persons in an induced hypnotic state are at levels of Theta and Alpha. Hypnotherapists can recognize these states, or others, and through their techniques are able to influence patients between states or depth of trance to achieve desired responsiveness.

Dr. Newton's investigation and research into what his books Journey and Destiny refer to as "life between lives" reports the experiences of souls or spirits of humans after earthly death and up to the time of subsequent reincarnation on earth. This interim time period and place is referred to as being the spirit world. Using his skills as a hypnotist and hypnotherapist, Newton with the aid of hundreds of his patients under hypnosis developed, through his patient interviews, an incredibly detailed view and account of the spirit world and reincarnation of souls on earth.

Dr. Newton's investigation and research into the spirit world emanated from his therapy with patients wherein patients under hypnosis were "regressed" from their present lives to give accounts of the prior lives. This therapy is intended to give the patient and therapist, insight into prior life circumstances which might be influencing the patient's present-day behavior or health condition. This therapy, which has some detractors in the field of traditional medicine or psychotherapy, is still found useful by hypnotherapists today.

The genesis of Dr. Newton's life between lives research occurred while in the course of a hypnotherapy session with a patient using the technique of past life regression, Dr. Newton found peculiar, a reference by the patient in describing the end of her immediate past life. She had a feeling of isolation and loss of friends. With prompting by Newton to continue the patient's account of her past life, she explained that she was then with her friends at

her new home. With this apparent disclosure by a patient that she was describing a brief look into the spirit world after her death, and not a continuing account of her past life on earth or a succeeding one. At his point, Dr. Newton's focus of his practice shifted to exploring the spirit world and obtaining accounts by patients of their transition after death into the spirit world, and their experiences there, before incarnation into a new life on earth.

Dr. Newton's Journey of Souls and Destiny of Souls total 677 pages in the paperback versions I read for background on the spirit world. They may be a little more than one rainy afternoon's reading, but, perhaps, only two or three at the most. They are based on fascinating hypnotized patient accounts of spirits or souls in the spirit world. A series of selected transcribed patient descriptions of the spirit world are set forth in the texts of his books. Newton synthesizes the common or similar relevant patient descriptions for clarity and illustrative conciseness. At the same time, based on the totality of all of his patient descriptions, Newton includes a comprehensive narrative about spirits (or souls) in the spirit world; their ascension into the spirit world after death on earth; their reincarnation and return to earth; and a detailed account of how spirits prepare for reincarnation while in the spirit world.

Some of the most illuminating and factual information uncovered by Newton, as relayed to him by his patients, concerns the reception of spirits or souls into the spirit world, their education while there, and their preparation to reincarnate back to earth. In brief, after the spirit departs its earthly body upon death, it is met in the spirit world by familiar souls and others called guides. If necessary, they are escorted to a place of healing if severely traumatized physically or emotionally by death or other circumstances on earth. They then go to another area for orientation. In this area they are interviewed by guides and prepared for transition into soul groups or clusters. The groups are composed of spirits of the same level of spiritual advancement. Newton concluded that there are six spirit levels, and in his research found that certain colors were identified with each level of advancement. Also, it appears that level of advancement correlates to qualification or ability to be a guide. From lowest to highest, the spirit

levels and their relative rank, color association and qualification to be a guide are as follows:

Beginner. White. Guide no.

Lower Intermediate. Off white with shades of red and traces of yellow. Guide no.

Intermediate. Yellow. Guide no.

Upper Intermediate. Dark yellow or gold with traces of blue. Guide Junior.

Advanced. Light blue with no yellow, but with traces of purple. Guide Senior.

Highly Advanced. Dark Bluish-Purple with surrounding radiant light. Guide Master.

Further on in Chapter 6, comparisons between Allan Kardec's research and that of Dr. Newton will be discussed. However, the fact that both researchers identified and quantified stages of spirit development in the spirit world is remarkable. In Kardec's case there are ten levels with some overlap. As above, in Newton's case, there are six.

The nature and function of spirit guides as explained by Newton's research is appropriate here. Spirit guides are spirits who have attained higher levels of spiritual attainment. They are experienced in the incarnation and reincarnation processes and purposes. They are "assigned" to souls and accompany them in their corporeal human lives on earth. They may render advice and guidance when necessary or called upon. In later chapters regarding Linda Lee's incredible journey in the world of psychics, mediums and spirits, the roles of spirit guides will be revealed in present day contexts.

Some of Dr. Newton's patients, reporting experiences in the spirit world, were able to give Newton captivating detailed descriptions of their preparation for reincarnation and return to human life on earth to continue their spiritual development. Highlights include appearing before a Council of Elders (wise spirits) for assessment and evaluation of progress; further education; interactions within and between soul group clusters; future life selection; preference of geographic locations on earth for their future lives and selection of body types in which their reincarnated souls are to be incorporated.

The interactions and accounts of the spirit world given by Dr. Newton's patients under hypnosis are sometimes so vivid in detail that the reader must keep in mind that what is being described are first-hand accounts of spirits in the spirit world, and not contemporary artist's images or individual frames from a movie or video. Some examples are: the robes worn by Elders of the Elders' Council; the number of Elders; medallions worn by some Council members; seating arrangements of all in attendance; a concept of the chamber where proceedings take place; and places of instruction to include Life Book libraries. Newton notes, but does not directly identify, these libraries with the concept of the Akashic Records of ancient eastern philosophy, purportedly containing records of everyone's life on earth to include their thoughts and actions.

Dr. Newton's patients, in discussing their spirit life, referred to "Presence" of a Higher Order, higher than the Council of Elders, unlike the many references in Kardec's research wherein spirits continually referred to and paid deference to "God." Newton, in his textual remarks, does not directly relate the two words Presence and God and their meanings, but he does provide a short discussion of the historical and biblical concepts of God.

The wealth of information in Kardec's and Dr. Newton's books about their research of spirits in the spirit world is extraordinary in detail, and very comprehensive in scope as befitting those renowned scholars. It is impossible to summarize it all and no attempt will be made to do so here. However, it may be informative for readers to have the benefit of some conclusions or "take-aways" from their reported research. It bears repeating that Kardec's and Dr. Newton's methodologies were entirely different.

Kardec, not a medium, worked from thousands of reports of spirit contacts by mediums in which he was a participant as questioner and interrogator. He also utilized other contemporary reports by other mediums of their spirit contacts. Dr. Newton, also not a medium, on the other hand, reported on the interviews of his patients under hypnosis in his forty years of practice as a hypnotherapist. To explore the spirit world, or lives between lives of his patients, Newton developed his own groundbreaking techniques for reaching that area of their subconscious minds to explore the spirit world, that is to say, their lives between lifetimes, not previously obtainable or identified by other hypnotherapists regressing patients into their past lives.

CHAPTER 6

KARDEC AND NEWTON COMMON CONCLUSIONS

Among thousands of interesting thought-provoking findings and conclusions of the two researchers, Kardec and Dr. Newton, published approximately one hundred fifty years apart, a few selected examples are set forth below. They are in brief and succinct form. Because of their similarity they seem to belie any possibility of coincidence.

After death on earth the souls of humans leave their corporeal bodies and enter the spirit world.

Souls in spirit form in the spirit world have no bodily form and are without dimension. They are like images that can be "sensed" by other spirits and they can communicate with each other. They do not age and need no sustenance or nourishment. At will, they can experience recreational activities which they found enjoyable on earth, such as hobbies or sports, or even dining on favorite foods.

Souls can reincarnate and return to earth to commence another lifetime on earth. The purpose for this process is difficult to delineate in a few sentences. However, as noted earlier in this chapter both Kardec and Newton identified levels of spirit development roughly equating to their advancement towards total goodness in thought and deed; universal love of mankind; rejection of all temptations and distractions of all material matters on earth; overcoming and learning from trials and tribulations preplanned for them on earth; and education in the spirit world between incarnations.

Souls, in their spirit forms, are not necessarily required to reincarnate but may do so when ready. However, it is an inherent belief that ascending the

levels of the spirit hierarchy is their ultimate goal.

Souls are able to reincarnate unlimited numbers of times in their quests for advancement.

Whatever the name may be used in any faith or belief system such as Creator, God, Presence or Source to identify the originator of all that exists on earth, including man, animal, everything constituting nature, our universe and all other universes, emanate from one divine entity.

Spirits in the spirit world can communicate with each other, and through mediums, may communicate with humans on earth. Differences in languages are no barrier.

There is no time relativity in the spirit world as known on earth, and, therefore, there are no limiting time constraints.

Spirits can travel all throughout the spirit world, including other universes.

Both Kardec and Dr. Newton reported spirits traveling in different parts of the spirit world before reincarnation. Kardec called them Errant Spirits.

Newton referred to souls dividing into two halves in the spirit world, for the purpose of a reincarnating soul being able to communicate with its mother remaining in the spirit world. More discussion on this phenomenon will be set forth in later chapters associated with Linda Lee and her psychic abilities.

It is appropriate to note the legacies of Allan Kardec and Dr. Michael Newton today. There are groups and societies around the world which are adherents of Kardec's Spiritist Doctrine. In the United States there are similar organizations in twenty-five states and Washington D. C. In the larger of the cities of these states, there are multiple groups and societies. Most of the organizations are affiliated with the United States Spiritist Federation which holds meetings and symposiums in the United States and other venues and makes available books and other educational materials.

A full-length motion picture about Kardec's adult life and development of his Spiritist Doctrine was produced in Brazil in 2019. It was released as a Netflix film with English language dubbed over original Portuguese dialogue. There are some excusable attempts to condense thirty years or so into an under two-hour film. It does, however, portray well the early development of spiritual contacts used by Kardec as a foundation for his writings and the opposition of the Catholic Church in France and Spain to publication of his writings.

In 2001 Dr. Michael Newton organized a program and course of training for hypnotherapists leading to a certification for conducting patients into their lives between lives (LBL) in the spirit world. In 2002 he founded the Society for Spiritual Regression devoted to advancing the study of regressing humans into the spirit world between their lives on earth. In 2005 the former society evolved into The Newton Institute for Life Between Lives Hypnotherapy. This latter organization has expanded its membership, training, and research programs around the world.

CHAPTER 7

DR. IAN STEVENSON

Incarnation and reincarnation of souls is an integral part of the spirit world as discussed above. In their own ways Allan Kardec and Dr. Newton thoroughly researched the subjects.

Professor Ian Stevenson (1918-2007) undertook a third method of researching reincarnation. Professor Stevenson was a psychiatrist and held several high level and distinguished positions over the course of fifty years employment at the medical school of the University of Virginia in Charlottesville, Virginia. He was widely known for his interest and research in reincarnation and authored major papers and publications, including a 2,268 page two-volume work entitled Reincarnation and Biology: A Contribution to the Etiology of Birthmarks and Birth Defects.

Stevenson's methodology required some painstaking effort. Very briefly, he and his assisting staff, located children of young ages who spoke of lives previously lived in other locations. With the parents of the children cooperating, Stevenson, and his investigative staff, determined the locations and found persons or evidence that a person fitting the description of their children had in fact lived there. The evidence included physical appearance of the persons in their prior lives, and distinguishing features such as birth marks or observable anatomical anomalies all common to their children.

Stevenson's conclusion, based on this study, was that there was scientifically acceptable evidence of reincarnation. Dr. Stevenson's legacy is his outstanding and lengthy career as a psychiatrist and highly respected faculty member at the University of Virginia as well as his numerous professional writings and publications.

The concept of the reincarnation of souls in successive lives is not without controversy in the theology of some religions. It bears repeating here that neither this author nor Linda Lee, are theology scholars. However, general

beliefs on the subject have not escaped our attention. Early Christian beliefs included a concept of reincarnation of the soul. However, later organized, Christian dogma centered on the resurrection of Christ, and the aspiration of humans and their souls, was their ascent into heaven. Reincarnation was not a recognized doctrinal element. Judaism appears to have varying views on the subject depending upon the conclusions which may be reached on interpreting its early founding tenets and documents. Basic Muslim belief as set forth in the Koran is that a person has one life, and when it ends the person is judged by God by the manner in which the person lived that life. Fundamentally, reincarnation would not be a basic Muslim belief, but may be part of later concepts adhered to by later developing Muslim sects.

Whatever basic strict religious doctrines dictate about the concept of reincarnation of souls, it does appear that individuals, regardless of their religious faiths, are embracing the concept of reincarnation or at least are not sure about it. The Gallop Polling Organization in the United States reported that between 1990 and 2005, the percent of people polled believing in reincarnation ("the rebirth of the soul in a new body") fluctuated between 28 % and 21%, those that were not sure of their belief fluctuated between 26% and 20%, and those not believing fluctuated between 62% and 46%. This Gallup poll and a later one by Chapman University in California will be commented on in later chapters and the Conclusion of this book.

CHAPTER 8

OTHER SPIRIT WORLD CONTACTS

The academic and professional credentials of Kardec, Newton and Stevenson underlying their research into the subjects of the spirit world and reincarnation are beyond reproach. However, significant contributions have been made by highly interested and other well-educated authors and commentators. It is fair to say that the sciences and related controlled scientific experimental investigations were probably not part of their academic training. However, their nonacademic interest was undeniably great.

Falling into this category are the experiences of Americans Stewart Edward White (1873-1945) and his wife Elizabeth Grant White (1880-1939), and that of Jane Roberts (1929-1984) and her husband Robert F. Butts (1919-2008). They are included here because of their similar origins of the commencement of their channeling with spirits in the spirit world, and the immense popularity of their books detailing in depth messages received from spirits.

STEWART EDWARD WHITE and ELIZABETH GRANT WHITE

Stewart Edward White was an award winning author of numerous novels and some nonfiction works based on his travels with his wife, Elizabeth, throughout the world and in the western United States, particularly California. One evening while White and his wife and some friends, were using a Ouija Board a message came through directed to Elizabeth who was called “Betty” by the spirit.

After more messaging in following days, and being directed by a spirit to do so, Betty was able to record the messages received by her through an

evolved ability to do automatic writing. After the passage of more time Stewart White, after having read a book authored by a medium, suggested that Betty try communicating while in a “light trance.” This process was extremely successful, and Betty channeled for many years with her spirit contacts by voice contact. They were spirits collectively referred to as “The Invisibles.”

Betty’s channeling abilities advanced from rudimentary Ouija board, then by automatic writing and later by direct voice, all commencing in 1919 and continuing until her death in 1939. The details of all the communications were written down by her husband Stewart. During most of this time, approximately 1919 to 1936, the identity of Betty and substances of messages received by her were not fully disclosed.

In 1937, Stewart published a book titled The Betty Book with the explanatory subheading “Excursions into the World of other Consciousness Made by Betty Between 1919 and 1936 Now Recorded by Stewart Edward White.” The book was widely acclaimed and was a best seller. Two previously published books by Stewart White, The Credo and Why Be a Mud Turtle, are described as commentaries anticipating concepts and philosophical notions perceived by Betty.

One early manuscript by Stewart White and Betty White titled The Gaelic Manuscripts, reportedly written with a limited number of copies in the early 1930s, was apparently not meant for general circulation at the time. It was not published or copyrighted until after the deaths of both Betty and Stewart.

Stewart White authored several other subject related books, but the most significant one is titled The Unobstructed Universe with a publication date of 1940. It too became a best seller and critically acclaimed. Because of their particular content and their relation to the concept and purpose of this author in composing this book, brief comment will be made here about The Betty Book, The Gaelic Manuscripts book, and The Unobstructed Universe book. However, nothing can substitute for a full reading of the texts of each book which this author heartily recommends.

Readers of the Betty and White psychic related texts are encouraged to be particularly observant of quotation marks around textual content, especially in the soft cover small font format used for my research. Otherwise, it sometimes may be confusing as to who is relating a specific idea or thought. This is especially important as occasionally Stewart White, with or without quotation marks, inserts his own comments made editorially for clarification or amplification of some points. I am sure, without doubt, in doing so he is respectfully careful not to alter the substance of a quoted first party statement.

THE BETTY BOOK

During the seventeen-year period from 1919 to 1936 Stewart White transcribed all of the sessions Betty had with the Invisibles. Stewart also actively participated in many of them. By his count 1,900 pages were produced. For the purpose of writing and publishing The Betty Book, White distilled, organized and condensed the subjects, concepts and appropriate first person statements contained in 1,900 pages to 302 pages, with appendices, in the soft cover published version of the book used for my research and background information. For the purpose of topical comparison with this book, a few salient points will be referenced here from The Betty Book.

With the advice and direction of the spirit Invisibles, Betty White dialogued with them, as mentioned above, by rudimentary Ouija board, then automatic writing and then direct voice as her psychic abilities evolved. Accompanying the early communications, were doubts on the part of both Stewart and Betty about the authenticity of the source of the messages being received by Betty. These doubts were subsequently resolved as being, in fact, communications from the spirit Invisibles.

Narrated in the Betty Book was Betty's sometimes difficult physical and emotional adaptation to the process. The Invisibles helped her to overcome these limitations almost like teachers in a classroom setting. Betty was then

infused, with firm encouragement from the Invisibles, to accept the concept of a spiritual body existing within or as companion with the human body. Almost as an affirmation, Betty reported she was permitted to briefly visit the spirit world. She observed human like forms moving about. She struggled to define their appearance indicating they had a gelatinous look or appearing shadowy or as on an x-ray film. It is noted in connection with the subject of this visit by Betty to the spirit world, there is no reference there, or for that matter, anywhere else in the Betty Book, of the reincarnation of souls or past lives.

The Invisibles stressed the importance of the spiritual body in endeavors of human life on earth, the overall purpose being to approach all matters and personal contacts constructively "to find your way to comprehension of the divine life." Through Betty, examples are given with regard to interpersonal relationships, service to others, business dealings, and charitable giving. The Invisibles cautioned that this would be difficult in some cases due to non-receptivity or outright defensive or affirmative opposition. Methods are offered by the Invisibles to overcome these obstacles.

After a reader digests the spiritual, philosophical, and practical messages received from the Invisibles by Betty in the main portion of The Betty Book, author White includes Appendix II titled Experiments with the Spiritual Body.

The text of the Appendix is an abrupt change from the earlier main text and describes how a gathering of eight individuals interested in psychic phenomenon conducted their own experiments in this field. Over the course of one month ten meetings were held. The group included author White, his gifted channeler wife Betty, three other similarly gifted women referred to as Joan, Mrs. Gaines, and Margaret Cameron an author and wife of an attendee. Assisting them from the spirit world were the Invisibles, in particular one named Stephen, another spirit Joe, the son of an attendee and a spirit Anne, described as a Scotchwoman.

While the meetings of the group were not called séances, they were apparently prearranged. At one point in his recording of the events which occurred at the meetings, Stewart White points out that the human mind and body combine to form one reality which is the human consciousness. A

separate entity exists in the human body White describes as the cosmic germ or spirit, “I am”, or “Beta” of the human completing its makeup.

White states, we were told, that the intention of the projected experiments was to establish the Beta as being tangible rather than symbolic. The group’s activities, conversations and interactions between the gifted and non-gifted humans present and the spirit participants are detailed by Stewart White. The experimental work of the group appears to have surpassed its original goal, and then it delved into creating or recreating a variety of psychic phenomena. The following brief summary of what transpired may be enlightening, but readers who have further interest should examine fully White’s narrative.

Proof of the Beta was established to the satisfaction of the group, including the spirits, when cold stratum or area was induced surrounding the body and extremities of the psychic participants, who were in a trance state, coupled with physical reactions sensed by them. Further proof was developed, through psychic Joan, in the form of demonstrations by the spirits of partial images or “masks” appearing in front of the faces of the psychics, primarily Joan. Some of the images were identified as persons being known by some attendees. The cool temperatures surrounding the psychics persisted and the images changed and had different time durations and clarity.

These later demonstrations were orchestrated or directed predominantly by the spirit Scotchwoman Anne. Her last and most impressive feat, at least according to Stewart White, was the turning of Betty’s face into the appearance of a “comic valentine” which was terminated by a wave of Joan’s hand.

White concluded his account of the described experiments with the Spiritual Body by vouching for the accuracy of his reporting and the good faith of the experimenters. As for his own evaluation, White acknowledged that there would be skeptics and suggestions that collective hallucination took place. However, on his part he states he took the matter at its “face value.”

This author cannot resist making the following observation on the described events. One of the spirits, Joe, stated that similar work had been done

previously, but the work of this group had been more "sensible." He went on to say, "We are not ready for the scientists yet." He, of course, was inferring that in the future science will catch up and factually verify what White's group had established for themselves. Then, when that occurs, the adjusting of mindsets to factual acceptance and belief, in the manner heretofore referred to by this author in Chapter 1, will result.

THE UNOBSTRUCTED UNIVERSE

As described previously, during their married life Stewart and Betty White had the opportunity to explore the material world traveling throughout the United States and many foreign countries, resulting in Stewart's many very popular published non-psychic related books. At the same time, they had the benefit of appreciating the spirit world by means of Betty's psychic abilities and the depth of her associated knowledge pertaining thereto both actual and philosophical reality. That partnership ended, but only partially, with Betty's death in April of 1939.

Stewart, of course, was fully aware of the abilities of mediums to communicate with the spirits of persons who have passed over into the spirit world. He did not attempt contact with Betty until reestablishing his friendship with medium "Joan" referred to many times in The Betty Book. Communication was successfully accomplished between Stewart and Betty through medium Joan. Their resulting dialogues are in Stewart White's book The Unobstructed Universe published in 1940.

In the above discussion of The Betty Book, the relevance of Joan and her husband Darby was omitted, so as to be included here. The names Joan and Darby are not their real names although they were a married couple. They used Darby and Joan as pennames in connection with their published book titled Our Unseen Guest which had a profound influence on Stewart and Betty White. Joan as medium, and Darby as a highly active participant, along with Stewart, were involved in forty sessions with Betty, which as noted, produced the textual substance of the Unobstructed book. Also,

personalities in spirit form mentioned in The Betty Book accompany Betty in their world and contributed to the narrative related to Joan for the benefit of White and others present. The prominent ones were Stephen, a spirit that surfaced and was influential and provided much material for Darby and Joan's book Our Unseen Guest, and Scotchwoman Anne.

Betty, communicating from the spirit world, sometimes almost in the form of lectures or "divulgences", as she called them, made the following points. The universe and all that it contains, is one whole entity conceptually and actually. That portion or level from which she was speaking is the unobstructed level and the earthly level is the obstructed level. There is no barrier between them, such as between the biblical heaven and hell. The obstructed level, according to Betty, is where humans including Stewart, Darby, and Joan were then resident on earth, along with millions of other people. Their universe is obstructed, according to Betty, because of personal ambitions, material driven motivation and the fact that spirituality has not caught up with scientific achievements. Betty's basic conceptual philosophy stated in the book numerous times is that "consciousness" is the only "reality" and that occasionally it has to be "ploughed" to set it on a proper course.

During the course of her divulgences from the spirit world, Betty expounds at length on the interactions of the concepts of time, space, and motion. Her instructions on the subjects have the composition expected of a theoretical physicist.

Stewart White also records that medium Joan visited Betty in the spirit world during their sessions. This phenomenon is similar to, Betty's reference in The Betty Book, to Betty visiting the spirit world when she was a medium on earth. Of interest, also, is Betty acknowledging that there are animal pets in the spirit world. As in The Betty Book, however, there is no mention of the concept of reincarnation.

Betty White in both The Betty Book and the Unobstructed book refers in passing to calamitous events on earth which were frustrating the development and acceptance of the universal spiritual messaging by and between peoples of the earthly world. She, no doubt was referring, at least in part, to World War I which took place From July 28, 1914 to November

11, 1918. The war resulted in military and civilian deaths estimated to have been between thirty-seven million and forty million and incalculable damage to property.

After the war, frequently called “The War to End All Wars,” the League of Nations, composed of combatant countries and others, was formed in 1920 to promote peaceful resolution of international disputes. The League had some success in resolving some local disagreements, but on a global scale it was ineffective primarily because it had no enforcement power. Prior to World War II, Germany, Japan, and Italy withdrew from the League and its effectiveness ceased with the commencement of World War II hostilities in Europe in 1939. After the war concluded in 1945 the United Nations, as we know it today, was formed with goals similar to those of the League of Nations.

Stewart White served in the military in World War I, and both he and Betty were aware of all its tragic consequences in terms of casualty numbers and massive damage to cities and towns. Stewart and Betty were also aware of the events only twenty years later leading up to the commencement of World War II in Europe. Betty died in April 1939 several months before the war began which eventually spread around the world.

Stewart witnessed all of it before his own death in 1946. The military and civilian deaths in World War II are estimated as being between seventy-five million and eighty million, far exceeding those of World War I, as did the battle damage. It is little wonder that the spirits characterization of the earth’s level of peace in the universe as being “obstructed.” The root causes of both World Wars are traceable back to personal ambition of leaders of aggressor nations and motivations to accumulate material resources and territory thought to be required by their respective countries.

THE GAELIC MANUSCRIPTS

In the 1930s, Betty White channeled a spirit identified only as “Gaelic.” This resulted in one hundred twenty pages of profound and diverse messages from Gaelic on an assortment of subjects. The transcriptions by Stewart White sometimes approach being esoteric reading. For unclear reasons, only two hundred copies of the document were produced by White and not copyrighted at that time. Later, another small number were produced, but not for public sale. Much later in1998 the book was published by The Glastonbury Archive of Glastonbury, England and made available to the public. In 2002 and 2003 the document was copyrighted but is still available on the Internet copyright restrictions free.

This book has been included for reference here by this author, but not necessarily for the substance of its entire content. It does cover a variety of topics some of which, to a greater or lesser extent, are discussed by Betty and Stewart White in the Betty and Unobstructed books. Rather, The Gaelic Manuscripts book is significant for its discussion of the topic of reincarnation not mentioned in either of the two aforementioned White books, although occasions were presented in those books when reference to it might logically have been expected. The concept of reincarnation of souls back to earthly life has been an obvious and important thread running through this author’s research pertaining to spirits and the spirit world.

The discussion of reincarnation in the Gaelic Manuscripts book arose when Betty, as a medium, inquired of Gaelic about the topic. Gaelic’s response was more theoretical and hypothetical than those detailed descriptions included in the research of Kardec and Dr. Newton. Gaelic preferred to elaborate on reincarnation in terms of “principles rather than methods.”

According to Gaelic it is fundamental that “consciousness must always be incarnated in something… for one purpose…expression, progress, awareness.” Gaelic went on to relate that these qualities may well be fulfilled in one lifetime on earth, in such case not requiring return to earth after death to learn new lessons. However, those who have not achieved these goals are attracted with a “magnetic like force” to return to earth to achieve them. Gaelic pointed out one of the practical aspects of reincarnating is that the circumstances on earth existing when the soul

departed might be in a wholly different stage of evolution than that which he left upon death.

Gaelic stressed several times, as in many other instances when spirits try to communicate with earth bound humans through mediums, their advanced languages and concepts make it difficult, if not impossible, to respond to some questions propounded to them and make their answers in a form comprehensible to a human listener. Nevertheless, in and around discussions of fourth dimension and spheres and zones, Gaelic did in his own way acknowledge, qualifiedly, that spirits could reincarnate, or not, as a matter apparently of their own choice. By way of further explanation Gaelic stated that there exists "a duly-ordered intellectual-mechanical sequence of process for the soul."

The lasting legacy of Stewart Edward White and his wife Elizabeth Grant White (Betty) should best be divided into two parts. Stewart was a very accomplished and published author of many well received books based on his extensive travel experience and other interests. His legacy might well stand alone on this basis. However, his transcribing of Betty's channeling of spirits in the spirit world over the course of many years and development of that material into book form may have been of even greater importance. And, then, his contact with her in the spirit world after her death, also transcribed and published in book form may also equal or surpass in significance Stewart's earlier writings. These later books were widely acclaimed as materially contributing to the advancement the understanding of the psychic and spirit worlds. Perhaps, put in a more down to earth way, the Stewart White and Betty authored publications have left a very lasting influence on readers about spirits in their world and their availability to be contacted by mediums to facilitate dialogues with them.

JANE ROBERTS and ROBERT BUTTS

In 1963 Jane Roberts and her husband Robert Butts were residing in, Elmira, New York. Jane Roberts was a prolific writer and had published

numerous fictional short stories and poetry. Her writing, did include the subjects of reincarnation, clairvoyance, and science fiction. However, both Roberts and her husband disclaimed any firsthand knowledge, experience, or belief in psychic phenomenon. Although, Roberts did recall having two dreams involving events of a precognitive nature.

At this time Roberts was contacted by a publisher and obtained a contract to write a "do it yourself style" book on extra sensory perception. With a borrowed Ouija board Roberts and Butts started their preliminary study of the subject. Using the Ouija board, the couple started getting messages from a personality identified as Seth. A short time later Roberts reported getting messages in her head from Seth. At this point she only used the Ouija for initial contact with Seth, and then on February 19, 1964 she no longer used the board for contact with Seth.

The substance of all contacts then and in the future, between Seth and Roberts were duly transcribed in detail by her husband, including dates and times of day to the exact minute and the durations of the sessions. It should be noted that Seth in all communications refers to Jane Roberts as "Ruburt". This process continued for subsequent sessions up to shortly before Jane Robert's death in 1984. Roberts described her state of consciousness for all sessions with Seth as being in a trance, presumably spontaneously self-induced.

Roberts did publish a book titled How to Develop Your ESP Power in 1966. In fact, she started teaching classes about ESP during which Seth addressed the students through her. The how to book was later reprinted with a new title The Coming of Seth.

Jane Roberts then published The Seth Material in 1970. This book is a composite or summary of the substance of Robert's contacts with Seth up to that time. The book was republished in 2001 by Robert's husband Robert Butts. During Jane Roberts' lifetime, she published other Seth books reported to have been dictated to her by Seth, and audibly voiced by her and contemporaneously written down by her husband Robert Butts. These books have the following titles: Seth Speaks, The Eternal Validity of the Soul; The Nature of Personal Reality; The Unknown Reality (two volumes); The Nature of the Psyche Its Human Expression; The Individual

and The Nature of Mass Events; and Dreams Evolution and Value Fulfillment (two volumes).

These book titles give only the slightest hint of the detail of their subject matters passed on to Roberts by Seth. To summarize them all is not practical or intended here. In short, Seth explains that every person has a "personality" and "inner self" which creates its own reality which, in turn, is the sum of all that person's past, present and future realities. His premises in all the books are sometimes presented philosophically, and at other times they are based upon logic, an understanding of human behavior, psychology and, anthropology.

Early on, Roberts and her husband had concluded that Seth might not be a spirit. That name, they felt, carried with it some perceived negative connotations, which they articulated as "the conventional idea of a spirit, which is an extension of quite limited ideas of human personality, only projected more or less intact into an afterlife." In contrast, Roberts, presumably with the agreement of her husband, described Seth as "a dramatization of the unconscious or an independent personality." Personally, she said "I don't see why the statements have to be contradictory. Seth may be playing a very real role… explaining his greater reality in the only terms we can understand."

The Seth Books were well received, and millions of copies were sold in the United States and abroad. Critical acclaim was voiced by those who welcomed a new insight into the concept of reality, a fresh idea and broadened view of personal psyche, and an enlightened contribution to the metaphysical realm. Negative critical comment centered on Seth's view of religion, and one view in particular, about Christ's crucifixion as recorded in the Bible. Other critics expressed the opinion that Seth and his messages were a figment of Robert's subconscious and fertile writer's mind.

A few final observations about the Roberts-Seth saga may be of interest to readers. Jane Roberts authored a trilogy of three fiction books during the time that she was publishing the Seth books. The trilogy was first published as three books with the following titles and publication dates. The Education of Over soul Seven (1973); The Further Education of Over soul Seven (1979); and Over soul Seven and the Museum of Time (1984). The

fictitious characters, dialogue, and events in the books mostly all revolved around the messages received by Roberts from Seth.

Also, at one time, Roberts being unsure of the apparent source of her psychic ability consulted Dr. Ian Stevenson of the University of Virginia about her ongoing message channeling with Seth. This is the same Dr. Stevenson mentioned in Chapter 7 concerning his research on the issue of reincarnation.

Roberts received a letter back from Dr. Stevenson saying, according to Roberts, "… the fluency of the material suggested a subconscious origin, but emphasized that at this stage it was impossible to tell." He went on to say that "… amateur mediumship could produce mental symptoms under certain circumstances." Roberts was conflicted at first by this letter, but was reassured by Seth saying, he, Seth, was more stable than the psychiatrist.

Seth commented extensively and in considerable detail on the subject of reincarnation in his messaging to Roberts. Coincident with this topic he revealed to Roberts that he had lived many prior lifetimes, including one as a "minor Pope."

While Roberts may not have initially considered Seth to be a spirit because of a real or perceived negative connotation, Seth's books dictated to her and the wealth of information imparted in them, may have come from Seth's experience in the spirit world. This is not an unsupported assumption as Seth referred on several occasions to his prior lives. For this reason, in gathering background information by this author about spirits in the spirit world and the public's interest in the Seth writings, it is referenced and included here

Robert's has an extensive present continuing public legacy. Her husband donated all the relevant Seth papers to the Yale University Library in New Haven, Connecticut. These may be accessed on the internet. Following Robert's death her husband published additional Seth sessions previously unpublished. All of Robert's SETH books and her published fiction novels, as well as the later publications by her husband are commercially available.

Also, Rick Stack, a friend and “student” of Jane Roberts attended over one hundred of Robert’s sessions with Seth. He established The New Awareness Network and The Seth Educational Institute in New York City. He currently, at this writing, teaches classes in the application of Seth’s teachings and personal creation of reality and higher states of consciousness. He also has a bookstore with books, CDs, and audio tapes, all pertaining to Roberts and Seth. Stack is also the author of his own book Out of Body Adventures published in 1988.

CHAPTER 9

EDGAR CAYCE

While researching to provide background information for myself and for possible inclusion in this book, it became evident that historically thousands of personalities either authored literature or reported phenomenon related to the intended subjects of this book.

Prior to commencing my research, I had been aware of another personality who impacted the psychic world to a significant extent. While it may have been more appropriate to include Edgar Cayce (1887-1945) in Chapter 3 devoted to psychics and their abilities, he is referenced here because of his unusual personality, strong faith based lifetime, his extensive public following in the United States and other countries and, perhaps, more importantly, the vast overlapping information, both psychic and spiritual in substance, revealed to him in his client sessions while in a trance.

Edgar Cayce spent his early years in Kentucky where he was born. His formal education ended in the ninth grade. Cayce was regarded as a little strange in and out of school, as are a lot of kids today with psychic abilities. It is reported that he could see images of his deceased grandfather and others. In school he could put his head on his books in a sleeping mode and saw pictures of the pages, and he learned that way.

After leaving school Cayce had a checkered employment history. He went into business with his father for a while selling insurance and later engaged as an apprentice in a photographer's studio after losing his voice for several months. During this time period Cayce's psychic ability sporadically surfaced.

When Cayce's voice had been impaired due to apparent laryngitis, several hypnotists tried to cure the affliction without long term success. Another hypnotist, by the name of Layne, heard of Cayce's ailment and offered his help. Layne's method was to have Cayce describe his ailment while in a

trance and prescribe his own cure. According to reports, Cayce described his condition as a deficient blood flow to his larynx resulting from psychological paralysis. With Cayce still in a trance state, Layne suggested Cayce's blood flow be increased in his voice box area. Cayce's face is said to have flushed and his chest and throat areas became red. Cayce eventually ended his trance and his voice returned to normal. The recovery was temporary, but after more sessions with Layne in a similar fashion, Cayce's voice was reported to be permanently restored. Correspondingly, Layne asked Cayce to help with Layne's own ailments which, it is reported, Cayce successfully accomplished.

Cayce continued in the photography profession, but suffered several financial reversals including the destruction by fire of his photography studios and bankruptcy.

In the meantime, Cayce resisted offers to go into business taking advantage of his psychic ability as he did not feel it was right to receive compensation for this gift. Cayce was receiving many unsolicited requests for his help. Finally, Cayce agreed to accept an offer from a party by the name of Ketchum to enter into a formal business arrangement. Their agreement was that Cayce would not receive fees directly for his service, but that his half of the business income would go to Cayce and his father. It later developed that Ketchum was unscrupulous with Cayce's client readings and finances. As a result, Cayce left the company and returned to the photography profession.

It should be noted that all of Cayce's therapeutic advice to people seeking it was while he was in a trance. This included not only diagnostic advice, but also included nonconventional therapies and remedies to be taken orally. And, of equal importance, Cayce had no knowledge of any of this advice while in a trance and only learned of it after the fact from transcribers who were present. This accounted for his original reticence, along with that of his wife, Gertrude Evans Cayce, on going public with his abilities and not accepting fees. However, Cayce was receiving so many requests for help with health issues, he eventually relented.

Also, over the course of time, Cayce's readings were not limited to issues of health, they included metaphysical and religious subjects and clairvoyant

predictions. Cayce was especially conflicted over the topic of reincarnation which was not consistent with his strong religious belief. As alluded to in an earlier paragraph, Cayce was not a typical boy of the time. Cayce read the Bible many times over and taught Sunday school. He reportedly saw auras, spoke to angels, and heard voices of deceased relatives. And, it would be a gross understatement to say he had atypical characteristics later in his adult years.

The information Cayce received in his readings was described as being from his "trance voice." When getting information about a subject's health issues, he would announce "We have the body." It is also reported that Cayce was able to remotely diagnose and recommend therapeutic measures simply by knowing the person's name, location, and health issue.

After Kentucky, Cayce lived and worked in Selma, Alabama, and then in Dayton, Ohio. He had been influenced to go to Dayton in 1923 by an individual by the name of Arthur Lammers, who had an interest in metaphysics. In Dayton, Cayce undertook many readings producing information of a metaphysical nature, but some conflicted with Cayce's strong views on reincarnation as noted above. Lammers had also offered to sponsor an organization to support Cayce's ability to help needy persons. However, Lammers apparently had financial problems and could not follow through on his offer.

In approximately 1925, after years of difficult personal and financial difficulties, Cayce had become a fulltime psychic earning fees for his readings with the help of several employees and volunteer assistants, including his wife Gertrude. For some time, Cayce had envisioned a hospital where he could provide centralized therapeutic services for patients. In a reading, Cayce's trance voice told him that the location should be in Virginia Beach, Virginia near the ocean. He was told that the sand's crystals, having curative, powers would promote patients' healing.

A financial backer by the name of Morton Blumenthal, who had heard of Cayce's abilities and plans for a hospital, came forward, along with his brother, and provided a residence for Cayce and his wife in Virginia Beach across the street from the ocean. Plans were then made for a hospital near the residence and a university.

To operate the hospital and proposed university an association was formed named the Association of National Investigations, with Blumenthal, Cayce, and others as officers. To satisfy Virginia's legal requirements, all persons desiring Cayce readings were required to become Association members. The hospital was constructed and opened in October 1928. In terms of hospitals as we know them today, it was very modest but very suitable for residential patients, staff and Cayce's work. Quite a waiting list for admission accrued. The university was envisioned to study and further Cayce's concepts of healing and other subjects. Even prior to this time, enhanced by media coverage, Cayce's reputation as a psychic and healer had become well known in the United States and internationally.

All plans seem to have come to fruition until the impact of the Great Depression of 1929 and subsequent years took hold. In September 1930, Blumenthal assumed ownership of the hospital to limit expenditures. Support for the fledgling university ceased and it was closed. In February 1931, the Association of National Investigations was also closed and, along with it, the hospital.

Subsequently, Cayce and several supporters formed a new organization along the lines conceived by his son Hugh Lynn. The organization known as Association for Research and Enlightenment (ARE) was formed in July of 1931. The concept was that it should be simple in format and operation. A library was to be constructed to house the voluminous records of Cayce's past and future client sessions and for research into psychic phenomena. Study groups were encouraged, and bulletins published concerning psychic subjects, book reviews, and readings on subjects of general interest to Association members. Edgar Cayce was to do two readings a day. The first annual "Congress" of the Association (ARE) was held in June 1932 and was well received. In 1941 an office, library and vault were constructed as an addition to Cayce's house acquired by him after he had returned his former home to Morton Blumenthal.

Casey continued his readings into 1944. At that time, he was doing eight readings a day trying to keep up with a large volume of requests by families of relatives serving in the military in World War II. Cayce suffered a stroke in September 1944, and he died on January 3, 1945. The number of

readings given by Cayce during his lifetime may not be precisely known as records may not have been made of his very early readings. However, the Association for Research and Enlightenment (ARE) which has formatted them for preservation and future reference to includes all documents from Cayce's readings from March 31, 1901 to September 17, 1944. ARE reports that they consist of over 14,000 files.

At various times, Cayce's psychic and spiritual awareness and abilities covered broad spectrums. These were products either as a result of his own personal life experiences or the readings he gave or received in trance with others. As mentioned at the outset, Cayce exhibited psychic proclivities at an early age. It does not appear they ever left him. He helped heal physical or emotional ailments of hundreds, if not thousands, of people by readings in person or remotely. Most of the cases were verified. Cayce also became accepting of the concept of reincarnation, not-with-standing his strong Christian belief to the contrary.

Cayce's interest in healing was founded on the fundamental principle, as he saw it, that most ailments were the product of incomplete or obstructed assimilation of food through the digestive system. His recommended treatment modalities were many, varied and sometimes controversial. They included, among others, hot compresses, salt packs, vibrator treatment, massage, osteopathic manipulation, mud baths, colonics, and enemas. Along with these therapies other substances were employed such as oils, salts, iodine, charcoal, turpentine, bismuth, cream of tartar, laudanum, camphor and gold solution.

Cayce, of course, had many skeptics, if not disbelievers. There are some reports of him diagnosing and prescribing remedies remotely for people who had died after their request for help and before Cayce rendered his advice. Also, Cayce is faulted for not being able to save a son who died as an infant. Overlooked in this regard is that Cayce did cure his wife Gertrude of tuberculosis. Other criticisms centered on his therapeutic methods and some inaccurate clairvoyant predictions related to expected earthly catastrophes.

With all of this, Cayce's legacy is remarkable. He still has a worldwide reputation as a psychic and healer. The Association for Research and

Enlightenment centered in Virginia Beach has flourished and expanded with worldwide membership. Seminars, meetings, and bulletins are offered to educate members and the public primarily about nontraditional health improvement measures and current topics related to psychic phenomena.

Early on in his career and lifetime Cayce was identified by writers and journalists by the informal name of "The Sleeping Prophet." He is frequently referred to by that name today.

In addition to Edgar Cayce, two other developments in the spirit and psychic realms, and the extraordinary personalities involved with them, also deserve brief recounting here as set forth below in Chapter 10. This is so because of this author's interest as well as their places in the historical development of topical matters touching the subject matters of this book.

CHAPTER 10

SPIRITUALISM and THE FOX SISTERS

LEAH, CATHERINE and MARGARETTA

Spiritualism, as distinguished from Kardec's Spiritism, is said to have to have had its inception in the United States in 1848 in the upstate community of Hydesville, New York, home of the Fox family. Resident there were parents Margaret and John Fox and their two young daughters Catherine (Kate) and Margaretta. A third older daughter, Leah was no longer resident there. The Fox family moved into the house on December 11, 1847 and immediately unexplainable rapping and knocking sounds were heard throughout the house.

There are sometimes conflicting reports as to what happened thereafter. However, questions verbally put when the sounds persisted established that the noises emanated from the spirit of a peddler, a previous occupant of the house who had been murdered there. Neighbors and others were invited to witness the communications and the phenomenon was directly associated with presence of the Fox sisters, Catherine, and Margaretta. Thereafter, Catherine was sent to live with her brother David in Auburn, New York and Margaretta went to live with her other sister, Leah, in Rochester, New York. The noises followed the sisters to their new homes and the communications with spirits continued resulting in the founding of the religion called Spiritualism. The sisters, including Leah to some extent, exhibited broadened psychic abilities as mediums and became very well known in the eastern United States, with the Spiritualism faith. Spirit contact of deceased persons was a basic precept of the religion.

As time went on the financial fortunes and relationships between the sisters deteriorated. Many persons fraudulently held themselves out as mediums

and were exposed publicly. The sisters themselves were subject to scrutiny. Among other things, they were accused of creating the knocking and rapping sounds by "cracking" the joints of their knees, toes, and fingers. This persisted even though in public their limbs were securely immobilized. This circumstance severely compromised their income. Alcoholism was attributed to both Margaretta and Catherine to the point that Leah took some action against Catherine to have her separated from her children. Margaretta was offended by Leah's action and wrote a letter to the New York Herald newspaper denouncing the Spiritualism movement based on the fraudulent actions of the sisters. A full exposure was to take place later at a public forum. The forum took place in New York City on October 21, 1888, with an admission fee charged to the public, and Margaretta detailed her claims.

Quite inexplicably, on November 20, 1889 Margaretta held a news conference recanting all of her prior accusations, explaining, at the time they were made the words she used were "not hers," and that her sister Catherine did not approve of her earlier course of action against the Spiritualism movement.

The three sisters passed away within two years of each other in the early 1890s. The impact of the actions of Margaretta on the Spiritualism movement is hard to gauge. It began to wane, but there are many churches in the United States and around the world following its basic tenets which, among others, are: it is a religion, science and philosophy; life on earth does not end in death but continues in the spirit world; through mediums contact may be maintained with spirits in their world; and healing of pathologic conditions can be achieved by one's own powers or those of a spiritualist healer.

CHAPTER 11

HELENA PETROVNA BLAVATSKY

(with HENRY STEEL OLCOTT)

PSYCHIC, PHILOSOPHER, WRITER

and HISTORIAN

Many books have been written about the life and scope of interests of Helena Blavatsky (1831-1891). She died just before reaching her sixtieth birthday. I had no knowledge of her before starting to do some research for this book. To attempt any extensive capsulation or summary of the many highlights of Helena's life is not the intent or purpose of this author. Rather, to be touched on here are her influences in the worlds of metaphysics and philosophy; her view of the interactive relationship between evolution, science, and religion; her psychic abilities; and her extraordinary persona.

My first impression of Helena was "how could one person pack so much physical effort, especially traveling, enormous intellectual investigation and writing into a relatively short lifetime?" Further research, taking into account critical comments of her detractors and giving them some credence, caused me to modify my first impressions, to some degree. Enormous intellects and energies of many historical figures have impelled them to great, almost unbelievable lifetime achievements: Alexander the Great, Napoleon Bonaparte, Winston Churchill and Thomas Edison come to mind.

Helena was born in Russia to an aristocratic family. She was intellectual with an interest in eastern religions. From her earliest years she was instilled with a wanderlust traveling all over the world in pursuit of her interests. Various reports have her visiting or residing at one time or another

in Turkey, Greece, England, Canada, several South American countries, the West Indies, Tibet, France, Germany, the Balkans, Cyprus, Egypt, Syria, Japan, the United States, and possibly others during which time she survived at least one ship wreck. She had two very brief marriages, one of which is said to have included an adopted child. Apparently, this speaks to Helena having an adverse view of the domesticity of long term married life. True or not, at one time Helena declared she led a celibate life.

Helena was apparently headstrong and imbued with a magnetic personality that lead people to want to be her friend. At the same time Helena might be seeking to be friends with other people, sometimes only when she was so inclined or, perhaps, needed them. Helena reported that she went to Tibet to study religion, science, and philosophy and, no doubt, to get an even more in depth understanding of eastern religions.

At various times during her adult years Helena's abilities as a psychic and medium developed further including clairvoyance, clairaudience, telepathy, materialization and astral projection. She is said to have accepted Spiritualism which faith was gaining popularity in the United States and Europe in the middle 1800s. (See Chapter 10 and the Fox sisters.)

While in the United States Helena reportedly became a naturalized citizen. Of greater importance in her life, Helena met Henry Steele Olcott in October of 1874 at the home of two brothers, William and Horatio Eddy, in Chittenden, Vermont. Blavatsky and Olcott were both drawn there by reason of claims by the Eddy Brothers of their psychic phenomenon demonstrations, including levitation.

Olcott was an affluent lawyer and former officer in the Union Army during the American Civil War (1861-1865). He was investigating the Eddy's claims for a newspaper. Olcott, apparently attracted to Helena, at least in part by Helena's psychic abilities, struck up an immediate enduring relationship with her. By all reports their relationship was exclusively platonic.

Helena and Olcott became involved in many spiritual and esoteric based matters in New York City. There Helena and Olcott, as the driving inspirational persons, along with other interested personalities, formed The

Theosophical Society in1875. The objects and purposes of the founders were: (1) To form a nucleus of the Universal Brotherhood of Humanity, without distinction as to race, creed, sex, caste, or color; (2) To encourage the study of Comparative Religion, Philosophy and Science; and (3) To investigate unexplained laws of Nature, and the power latent in man. The Society was centered in New York City and grew in membership. Eventually the headquarters was moved to India with Helena and Olcott relocating there.

While in New York City, Helena wrote the first of the two books for which she is best known. Published in 1877, in two volumes, it is titled Isis Unveiled. It is said to have over 540,000 words. The modern large sized paperback edition I used for background information is printed in small font with very narrow margins on the sides and tops and bottoms of each page with a total of 534 pages. I will confess that I did not read this book as a critical scholar for all its subject matter. I did let my attention focus more thoroughly on sections of personal interest to me. I suspect that most readers do the same. Overall, the book is not exactly an easy read. Helena is said to have taken two years to write the Isis book. While not referred to in the book, the title name Isis, undoubtedly refers to the ancient Egyptian Goddess Isis, who was worshipped for centuries for a variety of powers attributed to her. Temples were erected to memorialize her. In one temple in Sais there is reported to be an inscription stating “I, Isis, all that has been, that is or shall be; no mortal man hath ever me unveiled.”

This book obviously was Helena’s way of unveiling Isis. The first sentence of the book gives the reader a suggestion of what is to follow. “There exists somewhere in this wide world an old book--so very old that modern antiquarians might ponder over its pages an indefinite time, and still not quite agree as to the nature of the fabric upon which it is written.” From there Helena launches into a wide-ranging survey of all matters included in most all subjects related historically to the realm of science. Similarly, there is a comprehensive study of all religions, both ancient and contemporary. Helena incorporates references to documents or assertions attributed to scientists, theologians and philosophers throughout all ages of recorded and known world history.

The enormous scope and breadth of the textual subject matter in Isis Unveiled raises again the question "How did she do it?" Presumably, she had access to libraries, but unlike some scholars and writers today, she did not have assistant researchers or computers or the internet to do that work. It is known, however, that part of the book was written while Helena was resident at the home of a professor of English literature, Hiram Corson, at Cornell University in Ithaca, New York. It would be a fair presumption that Helena might have had the University library facilities for her use.

Some critics, using today's hindsight, say she must have had a "photographic memory" or the ability of "total recall." Most psychologists and neurologists who have studied these subjects, known as "eidetic memory," downplay the existence of such a human trait when immense volumes of information are considered over long periods of time. However, there are some examples associated with autism today that may not fit in with this mainstream thinking.

Some of the harsher critics of Helena's writing suggest outright plagiarism. To be taken into consideration, however, must be Helena's psychic abilities in the evolvement of the Isis Unveiled text. She referred to a second consciousness and having had a vision of Isis herself. Further, it has been claimed, the text was produced through automatic writing and inspirational writing. In some cases, it was claimed the text appeared on paper while Helena was asleep. Setting aside the aforesaid possible limitations, Isis Unveiled is a wealth of information put in historical perspective with contradictions or inconsistencies left for the reader to ponder.

Helena's other most well-known book was published in 1888 in two volumes titled The Secret Doctrine, with the explanatory subtitle, The Synthesis of Science, Religion, and Philosophy. Volume one is further introduced on its Title Page as Cosmogenesis. One can find several closely related definitions for the word cosmogenesis, but Helena clearly meant a commentary or study of the origin of the universe and earth. Volume Two has a similar one-word introduction on its Title Page, Anthropogenesis, meaning commentary or study of the origin and development of the human species. My reference books are in paperback form, in small font, and total 1,474 pages of text. Unlike the Isis book, there are footnotes where further

elaboration or citation was deemed required. Also, there is an index at the end of Volume Two said to have been revised in the year 1925 presumably by The Theosophical Society or its publisher or later publishers of The Secret Doctrine.

The two volumes of The Secret Doctrine, according to Helena, were inspired by the Masters of Wisdom later referred to as Mahatmas. The texts are based mostly on ancient documents and books, but reference is also sometimes made to then contemporary literature, authors, and scholars. To say the text of The Secret Doctrine is esoteric is an understatement. Extracted and extrapolated by Helena from ancient texts, legends, and perhaps myths, are facts and philosophies woven together to form the subject matters of her synthesis of Science, Religion and Philosophy. Not to be overlooked are some general prophesies by Helena, more particularly in the field of science, which post-mortem, are said to have to have been realized.

It may be fair to ask the same question asked about Helena's Isis book, "How did she do it?" Similar answers are given primarily by negative critics, "plagiarism and fabrication." Relied upon by Helena is an ancient text referred to as The Book of Dyzan. While such a book may have existed, scholars have been unable to verify that fact. At best it is an open question, or she relied on fragments of other Eastern religious documentation, especially of the Buddhist faith, in which she was well versed. She and Olcott had visited Ceylon, present day Sri Lanka, and ceremonially embraced that faith as their own.

Added to the mystery is reference in letters by Helena to A. P. Sinnett, a spiritualist in India, that in a dream state she saw long rolls of paper containing writings that she remembered and used in the book. It is said later research of quotes from known documents, substantially matched those included by Helena in the book.

Before publication of Isis Unveiled and The Secret Doctrine books, Helena experienced accusations of fraud associated with her psychic abilities. These assertions were made by two former disgruntled staff members. Subsequent investigation disclosed the allegations were falsely based on forged letters. At the same time, the London based Society for Psychical

Research formed a committee to investigate Helena's psychic ability claims. Richard Hodgson, a committee member was delegated with that responsibility. The committee's report, now known as the Hodgson Report, stated Helena "was the most accomplished ingenious and interesting imposter in history." Another accusation was that she was a Russian spy. Several books were subsequently written by prominent personages refuting the findings in the Hodgson report, but its conclusions left an impact on Helena's future health and gave considerable support to the negative critics of her Isis and Secret Doctrine books. Helena was also the author of several other subject related books, but the aforementioned two are her crowning literary achievements.

Helena died several months before her sixtieth birthday concluding a long period of declining and debilitating health. Her books are still studied today for their historical and original philosophical content on the subjects of science, religion, and development of the human species, all against the background of an author endowed with great psychic ability.

As explained in the Introduction, the purpose of this book is to acquaint readers new to the realm of psychics, mediums and spirits with background information just as I did, and then later going on to describe more advanced concepts revealed by medium Linda Lee. The information provided in previous chapters references only a very small fraction of the literature available on these subjects. Experienced psychics, mediums or other readers familiar with the topics no doubt may find them elementary and too not comprehensive. They were not meant to be.

PART 1 ILLUSTRATIONS

Polish mathematician and astronomer.

Italian astronomer.

Sir Isaac Newton

(1643-1727)

English scientist.

Sir Arthur Conan Doyle

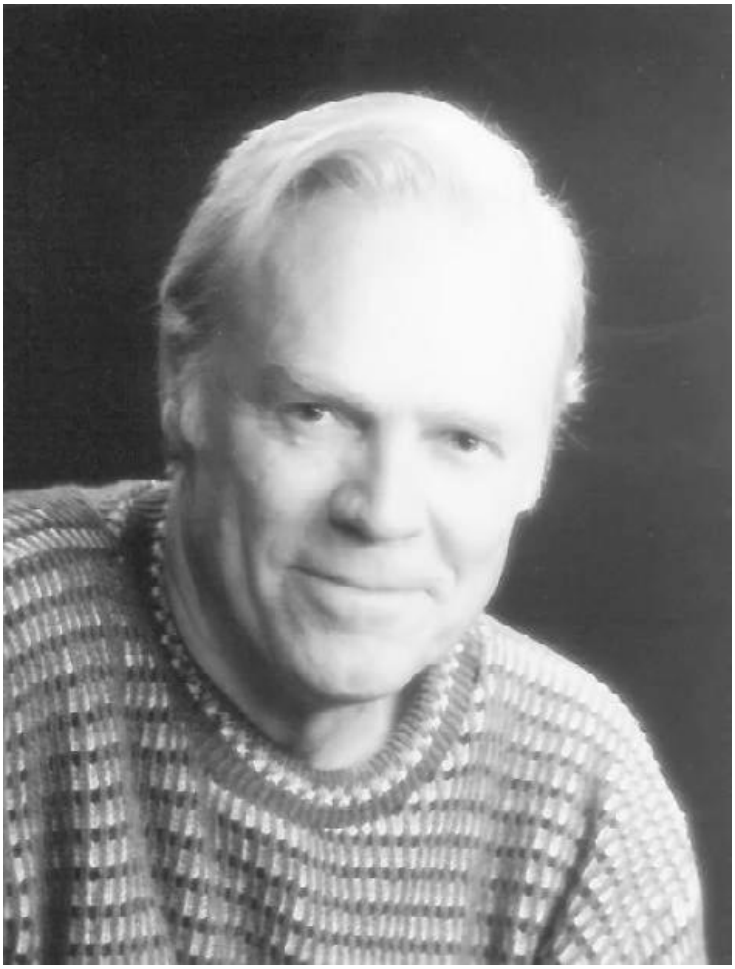
(1859-1930)

Author and historian of psychic phenomenon.

Allan Kardec

(1804-1869)

Credentialed French scholar and researcher of medium contacts with spirits.



Michael Newton, PhD.

(1931-2016)

Hypnotist and researcher into spirit lives between lives.

Dr. Ian Stevenson

(1918-2007)

Professor of psychiatry at the University of Virginia and researcher of reincarnation.

Elizabeth Grant White and Stuart Edward White

(1880-1939) (1873-1946)

Husband and wife authors of significant books about Betty's mediumship and Stewart's contact with her after her death.

Jane Roberts and Robert Butts

(1929-1984) (1919-2008)

Husband and wife authors of books about Jane's extensive esoteric contacts with Seth, described as a dramatization of the unconscious or an independent personality, not of this earth.

Edgar Cayce

(1887-1945)

Psychic and widely known healer based in Virginia Beach, Virginia.

The Fox Sisters

Leah, Catherine, and Margaretta

Their interactions with psychic phenomenon at their home in Hydesville, New York and later lead to the establishment of the Spiritualism religion.

Helena Petrovna Blavatsky and Henry Steel Olcott

(1831-1891) (1832-1907)

Helena a Russian psychic and medium, and Henry a journalist and former U.S. army officer shared their later lives together and founded The Theosophical Society. Helena authored many books on various philosophical subjects and theories on the development of the human species and the universe relying on ancient texts. Henry authored several of his own books and shared Helena's interest in occult matters and the eastern religions evidenced by their both becoming Buddhists.

PART TWO

LINDA LEE AND HER AWAKENING

CHAPTER 12

THE NEW AGE

Readers who may have casually or intentionally done some arithmetic about both the author and Linda Lee in the opening pages of this book, are aware that both Linda Lee and I are mature in terms of chronological age. Before continuing with an account of Linda Lee's extraordinary psychic and mediumship abilities it is appropriate to comment on and put in context the term "New Age." Many contemporary writers have used this phrase and attempted to define it and assign a calendar time to it. The definitions and time periods are as many and varied as there are writers. Most recognize that historically there was a developing interest and some popular acceptance of spirituality, psychics, and mediums in the 18th, 19th, and 20th centuries both in the United States and Europe, as illustrated in Part One of this book.

What happened after that, as viewed by the contemporary writers, goes in all different directions. Some infer that popular interest in the subjects waned and the New Age supplanted them with diminished acceptance. Others argue among many other things, that they were replaced by a counterculture which included different lifestyles or religious concepts in the 1960s, 1970s and later. Some writers described New Age as a movement traced back to the Theosophy of Helena Petrovna Blavatsky, while others have suggested it is a religion personal to each individual. One word descriptions or phrases for example include: one age of many ages of humanity; awaiting the Age of Aquarius; monistic; holistic; a form of narcissism; spiritual seekers; similar to folk religions; cultic milieu; successor to the hippie culture; and many more some praising and some very unflattering.

Linda Lee and I agree that, however described, the term New Age refers to a time period including the here and now. And, collectively the many substantive characteristics ascribed to those persons said by commentators to be constituting the New Age, are missing the point. The interest and

acceptance of spirituality, psychics and mediums and their various abilities has grown as a natural step in their development. This has been spawned by more and more proven affirmations of their abilities over the course of time, and the vast numbers of persons who have had their latent psychic abilities awakened. Allan Kardec predicted this development when he characterized his pioneering work as a preliminary step in a broadening science. While there may be elements of the psychic community fitting some of the descriptions by commentators noted above, the aforesaid continuing development of the psychic realm is the best definition of New Age, if one be necessary. In that case, psychic Linda Lee and this non-psychic author are part of it.

Not to be overlooked in any discussion of the New Age is the fact that coincident with the new and expanding developments and concepts in the psychic and spiritual world, there have been similar technological advancements in the field of electronic communications, especially those available for in home use by the average untrained person. For example: email and fax have largely replaced letter writing; computers and printers have replaced document preparation where a hard copy is necessary; there is unlimited storage of information in computers and the cloud; there are apps to facilitate navigation in your car; your pocket sized telephone can produce videos with audio enhancement; photographs taken on your telephone can be instantly sent almost anywhere and, if the need is felt or required, they can be edited by removal or addition of images without trace evidence; and, perhaps, as a catch-all example, the World Wide Web permits almost instant communication around the world and in space with both real time voice and in person images. Certainly, for a lot of us, especially for more mature persons, like this author, an adjustment of mindsets has been required. These technological advancements have facilitated the distribution of the continuing evolution of psychic and spiritual ideas and concepts of the New Age.

What follows is a rough timeline of the significant events in Linda Lee's path to full psychic awakening and contacts with spirits in the spirit world during the New Age. There are gaps in time because there were. Her full maturity, in this regard, was late developing. There were several reasons for this circumstance. At no time, until very recently, did Linda feel she was on

any kind of psychic or spiritual path leading to a full complete revelation of her present abilities. It was simply not part of her personal make up. She had never been exposed academically, socially, or otherwise had any contact with persons who may have been informative in these subjects for her. In short, Linda Lee describes herself as being totally “naïve” and sometimes not having a “clue” as to why certain events were taking place in her life. Now, however, with an abundance of knowledge and visionary hindsight, Linda Lee has an understanding of her formerly unrecognized path as a psychic and medium.

CHAPTER 13

FIRST PSYCHIC AWAKENING

All psychics experience a moment in time in their lifetimes when they realize that something unusual has happened to them or within their sensory perceptions. Most of the time, the tendency is to ignore and assume it will go away, and their lives will go on without this unexplainable interruption or aberration. But, when similar occurrences take place more thought is given to what may be going on. The result usually takes one of two paths. One course might be that the conflicted person may decide to keep it as a privately held wonderment, and not openly share it with others, at least for the short term. The thought process behind this course is concern that disclosure might give rise to personal embarrassment or conjecture by friends, or family that the person is a “little strange”, “weird”, or in the extreme, “crazy.” These quoted words are not conjecture. They have been related to Linda Lee many times when awakening psychics have described their first psychic experience to others, including the aforementioned family and friends.

To be expected there is an obvious exception to these quoted reactions. If the disclosure is made to someone already with acknowledged psychic abilities or someone having prior experience with psychics and their world, understanding and encouragement will be the reaction. It is appropriate to note here that psychic abilities or awareness are frequently found in family blood lines. Linda Lee’s family is illustrative to include a daughter and granddaughters are so enabled.

What follows here is a narrative in Linda Lee’s own words of her first experience leading to a much later full awakening of her broad spectrum of psychic abilities, especially the Power and Purpose of Light Language.

“As a young girl my older sister Janet and I would spend a few weeks with our great-grandmother and her husband in Los Angeles where they lived. They both were Pentecostal Pastors at Amy McPherson Four Square

Church. This was my first real exposure to formal church religious services. We went on Wednesday night to the 500 Room as it was called. That is where great-grandpa would preach. On Sunday we went into the main church. It was very large with two or three stories. I had never seen a room that big being from rural San Diego. Many healings had taken place there. The rooms above the main floor of the church included museum like displays of pictures and medical equipment of those who had been healed. As a child I found this to be an amazing place. It had back staircases that led to rooms we could not go in and metal staircases outside like a fire escape. My sister and I would play hide and go seek there. As a child these were impressive times for me.

"When I was about twelve years old, I was sent by myself to care for my great-grandmother who had fallen and broken both of her wrists. Her husband also needed help with his meals and bathing. Looking back, it was a lot of responsibility for a twelve-year-old child. I lived outside of San Diego. My parents drove me to Echo Park outside of Los Angeles where my great-grandparents lived and left me there. I was okay with that as I did not like being with my mother at that moment, and I enjoyed my Great-grand parents. It was during that stay while attending a Wednesday service that I was spiritually overtaken with the calling to come forward and give my heart to God. The officiating minister placed his hand on my head and without any conscious understanding on my part I fell backward I was caught by an assistant and permitted to gently continue to the floor. That is when I was filled with the Holy Spirit and given the gift of what, at that time, was called 'speaking in tongues.' It sounded like a mixture of part American words and foreign words and letters all strung together. I had no awareness of what I was saying, and it was all spontaneous and without conscious thought or effort on my part. When the urge to speak this language, my great-grandmother schooled me to only use it in church where someone in the congregation would express an interpretation of what I was saying. When I returned home this gift that I had received was put on hold, except on occasions when I would speak it to myself in private, as I did not have anyone there to nurture it with me."

CHAPTER 14

SPEAKING IN TONGUES ON HOLD

The “hold” on “speaking in tongues” referred to by Linda Lee did, indeed, last for a long time. From the time of age twelve throughout her adolescence and maturing adult years Linda Lee had more compelling issues with which to contend. The Webb family household with mother, father, and five children, in its formative or early years, may have been typical in certain ways, but not so in others. Parents Jimmy and Mary Anna Webb had limited formal education. After being discharged from the army in 1945, Jimmy got a job as a driver at a military base in San Diego, California near the family home. He supplemented his income by going around the neighborhood sharpening tools and doing other odd jobs. Mary Anna never had gainful employment and had some mental health issues. To say the least, the family of seven was not affluent, but they did have small but adequate homes as permitted by the income generated by husband and father, Jimmy.

Typical of the circumstances of the Webb family at that time period, long term goal orientation, if any, was not a primary consideration. Rather, keeping food on the table, providing basic necessities for the family, and an adequate home was the prevailing, if unspoken, objective. There were good family times and some bad according to Linda Lee. Discipline was uneven and there were differences of opinion among the children as to who was the favorite child of each parent.

With this brief insight into the Webb family life, having an educational goal for the children and completing it to any level was not a practical consideration. It can be safely said that this was typical of families of the same socioeconomic status of the Webb family at that time. Without being instilled with a firm family directed educational goal, the Webb siblings charted their own paths while in their secondary grades of schooling. These paths became more a function of individual personal domestic ambition, intra-family conflicts and, perhaps, school age attendance requirements of

the State of California. The phrase “individual domestic ambitions” is meant to include, but not be limited to, temporary or permanent romantic involvements and marriages. Thus it was with Linda Lee. Leaving school at an early age and entering into a shortlived marriages and the birth of a daughter.

From this point, a fast forward timeline for Linda Lee includes, three children, many residences, and travel back and forth across the United States before meeting and marriage to this author in Naples, Florida. On this odyssey there were many good times with other spouses and much heartbreak and many bad times as well. Child financial support was non-existent when needed, but Linda Lee worked at many jobs and succeeded in keeping her family of three children with her until they went out on their own adult paths in nearby communities in Florida. At this point in time Linda Lee had studied and earned her high school diploma from the Department of Education of the State of Florida, and she had accumulated a lot of practical knowledge from the “school of hard knocks.” As well, she was very successfully employed as a sales associate for a large Florida retail furniture company. This author was unmarried and in the process of retiring from my New Jersey law practice when we met and, subsequently, we married.

Linda Lee experienced another psychic awakening on September 11, 2001, not related to speaking in tongues, which was still on “hold” as earlier described and noted.

CHAPTER 15

SEPTEMBER 11, 2001 ANOTHER AWAKENING

Most of us living in the United States, and for that matter, around the world on September 11, 2001, have unforgettable knowledge of the events which occurred in New York City and the Washington, D. C. area on that day. Television, radio, and newspapers universally covered every aspect of the catastrophic events and the war precipitated by them. It is not the purpose of this author to recount in detail those events, but their effect on Linda Lee was quite uniquely significant.

On the morning of September 11, 2001 Linda Lee and I were at home in Florida and witnessed all the television coverage of that day and subsequent days. Briefly, four American passenger airliners loaded with fuel and passengers were simultaneously hijacked by Muslim extremists while in the air. Two were flown to New York City toward the iconic twin one hundred ten story Trade Center buildings. One plane was flown directly into the upper floors of the north tower and the other into the upper floors of the south tower. The crashes and ensuing fires resulted in the collapse of both buildings with great loss of life.

A few minutes later, the third plane was flown and crashed into one of the side walls of the Pentagon shaped building of the Headquarters of the United States Defense Department in Washington, D. C. causing substantial fires, extensive damage and loss of life.

The fourth airliner reportedly targeting the United States Capitol Building or White House was caused to crash in an open field in Pennsylvania by heroic action of some passengers. In the two Trade Center Towers 2,606 occupants were killed, along with 411 first responders. At the Pentagon 55 military and 175 civilian employees died. All 246 people on the four airliners perished as did the 19 hijackers.

Almost immediately after trying to comprehend the totality of these catastrophic events, Linda Lee was overtaken by a sudden and compelling urge to pick up a pencil and paper and commence drawing a series of artistic sketches. These sketches were produced without conscious conception of subject content or personal direction of Linda Lee's hand. This phenomenon took place over a period of about three months. Then, as suddenly as it started, it stopped. Linda Lee had never evidenced any artistic ability and had no artistic training at any time prior to this time. The ability has never resurfaced.

A short time later, Linda Lee and I were in New Jersey visiting family just outside the New York City metropolitan area. We took this opportunity to go to the site of the catastrophic events which took place there. The immediate location of the destroyed towers and surrounding buildings was cordoned off and no public access was permitted. Investigations and searches were ongoing and major debris removal, which took years, had not commenced.

There were two impactful things for us on our visit. First, was the gaping absence from the skyline of the two buildings which had been very familiar to us. Second, were the many poignant make-shift billboards and signs on still closed store front windows posted by people asking for help in attempt to locate missing family members, loved ones or friends.

On our way out of the city we both had vivid recollections of seeing all of the catastrophic scenes and loss of innocent lives unfold on television from the safety of our home 1,500 miles away. Then, as well continuing to this day, we had a real sense of loss and desperation of the families whose loved ones would never return to their homes that fateful day.

Much later, Linda Lee and I had developed some familiarity with the ability of channeling spirits. With the tenth anniversary of the September 11, 2001 approaching, on May 18, 2011 Linda Lee published many of her sketches in a book titled The Channeling of September 11, 2001. Captions were given for each sketch at that time. Now with considerable hindsight and even more knowledge of channeling and the spirit world, the images probably were much more significant than the captions then denoted.

The process by which the sketched images came about can now seemingly only be explained as one of the several aspects of automatic writing and messaging from spirits. Linda Lee, and most mediums today agree that information from spirits is not always expressed by them in distinct language fully articulated and understandable by the medium. More frequently than not, mediums are shown images or even partial images which require interpretation by the medium, sometimes with more information prompted from the persons to whom the messages are intended. The images may be of persons, places, or objects, or even sounds associated with them.

With this current understanding, the sketches spontaneously and inexplicably drawn by Linda Lee were a further step in her psychic and mediumship abilities. With this in mind, the captions for the sketches in Linda's book are in the planning stages of revision as well as some of the text. Reproduced in the Illustration Section of Part 2 of this book are four representative sketches from Linda Lee's book.

CHAPTER 16

LIFE SAVING EVENT

This development in Linda Lee's psychic awareness is best described in her own words as recounted by her and set forth hereafter.

"I was living on the west coast of Florida in North Fort Myers with my husband David. I was alone driving north from Naples on Interstate Highway 75 to go home. All the cars were driving 90 miles an hour. I did not feel comfortable traveling at that speed, but it was like keep up or get hit. I was in the far left lane when suddenly I heard in a strong male voice yell at me as if he were sitting in the back seat of my car. The voice shouted at me three times rapidly, 'BACK OFF, BACK OFF, BACK OFF.' I did as the voice commanded of me and as I did so, a multi-vehicle pile-up was beginning in the lane ahead of me. I had swerved the front of my car onto the left hand median. When I came to a stop the car in front of me was stopped to my right, even with the right side passenger's door of my car. Had I not received that spiritual message from beyond, presumably a guardian angel, guide, gatekeeper or other entity, I would have been in the trunk of that car to my right and not here to record this account."

CHAPTER 17

LINDA LEE'S FIRST AWAKENING TO THE SPIRIT WORLD CHANNELING ERIK BLOG ENCOUNTER

The elements of Linda Lee's timeline of development of her psychic, spiritual channeling abilities and as a chronicler of light language are difficult to separate into convenient sections, paragraph headings, or chapters. It all occurred in a relatively short time span with a series of related events involving many persons all bearing very significantly on her present standing as a preeminent psychic and channeler of spirits in the spirit world. By "relatively short" the meaning the time it denotes has different conceptions depending on one's perspective. For Linda Lee it commenced in the years 2011- 2015, and to her it seems like more of a split-second explosion of the expansion of all her abilities and understanding of them, or perhaps like a video of them running on fast forward for these elapsed years, and continuing to this date. For this author, a non-psychic, keeping up with her, just from an academic or deep interest point of view, was very challenging.

Using 2011 as a starting point here in Linda Lee's words is what happened initially. A timeline of subsequent developments follows in later chapters.

"I know this story has been covered in the many interviews I have done on Facebook and in Facebook groups, on radio shows, by invitation to speak before groups with mutual common interests both in person and remotely in the United States and abroad. You see I have never taken too seriously any timeline of the awakening of my psychic and spiritual abilities. And, more significantly, my primary interest throughout this time period has been my family's well-being. Any psychic development was secondary and seemed to come along at its own pace without conscious or directional effort on my part. My beloved, husband, David, has been my patient and ardent

unwavering supporter throughout my journey, and a sounding board and advisor when he felt some grounding was in order.

“This is how it came to be. David and I were living in Prescott Valley, Arizona to where we had moved from Jupiter, Florida to help my sister Janet and her husband Darryl with aging parents, Jimmy and Mary Anna. One morning in 2011, I received a phone call from my daughter, that she was very worried about one of her teenage daughters. She felt that her daughter was depressed and not responding well to her present life’s circumstances. This was very alarming to my daughter and she expressed to me she feared her daughter might harm herself. As a mother, I tried to calm my daughter’s fear while her expressed concern was attacking my own heart with the thought.

“After we finished our call, I went to my computer and typed in the search engine ‘childhood suicide.’ Why I chose those exact words was a mystery to me. It was very impulsive and without conscious reflection or consideration. But, the first site that came up was the Channeling Erik site and blog. It was unknown to me and I went to investigate and joined the blog that very moment.

“To those who may not be familiar with the Channeling Erik site and blog, and its importance to me and thousands of others, requires explanation as follows below. With considerable hindsight and presently more enlightened awareness, there is no doubt that the call from my daughter and my immediate contact with the Channeling Erik blog were not isolated coincidental events in my life. They were surely part of my spiritually predetermined life plan.

“Please also note that the child in question that took part in this path for me is a well-adjusted young woman today, living her chosen life path in a nearby Florida city, on her terms, and she is loved by all.”

CHAPTER 18

CHANNELING ERIK BLOG

Erik, of the Channeling Erik Blog was the twenty-year-old son of Elisa and Rune Medhus. He was one of five siblings, three girls and two boys. He died intentionally by his own choice with a firearm on October 6, 2009. In his boyhood years Erik probably can be best described as a typical happy playful boy, respectful of women and sometimes prankster in his own way. Subsequently, and during most of his life, conversations included profanity if necessary, for emphasis or to make a point. Later, however, he had difficulty with accommodating to academic subjects and required classroom disciplines. He also was afflicted with Tourette syndrome which made it difficult to acquire and keep friends which he craved. Ultimately, a bi-polar diagnosis, depression, and attempts to find solace in alcohol and drugs led to his suicide, despite heroic efforts of psychiatric and other health care providers, including his mother Elisa, who was and is a medical doctor certified in the specialty of internal medicine. And, there was the support and unceasing love and affection of his family all during his precipitous declining mental and emotional state.

Erik's death left his family grief stricken, especially in the heart and mind of his mother, Elisa. Following or almost coincident with the traditional funeral and interment of Erik's remains, some otherwise unusual events took place within his family. In dreams experienced by his father Rune, his grandfather Jose and close family friend Kelley, Erik appeared and verbal conversations with Erik took place. Another unusual event was later related by Elisa's daughter, Katrina, a medical school student. Late one evening while studying Katrina noticed unusual fluctuations in the flame of a candle on her desk which she placed there in memory of Erik. There were no other drafts or other causes for the erratic flame movements. Sensing Erik's presence she asked if he was doing it and asked him to do other manipulations with the flame which were promptly done. This is just one example of Erik's many post death earthly manifestations which, more often than not, took the form of harmless pranks. Others involved messing

with spontaneous interruptions of power to electrical devices, hiding things, sometimes turning on and off water faucets and throwing food around.

Elisa Medhus, in the months after Erik's death felt great concern that she, as Erik's mother, had not received communication from Erik in a dream state as did her husband Rune, her father Jose and family friend Kelley.

Finally, Erik did appear to Elisa in a dream alleviating her concerns. In her dream, Elisa and Erik were in the family kitchen, one of Erik's favorite places. Erik appeared as she remembered him, and Mrs. Medhus experienced the smell of his skin, and the stubble hair of his cheek as well as the sensation of him pressing against her chest as they embraced.

After this reassuring episode, with some skepticism ingrained by her scientific training and background, Elisa researched the subject of the afterlife and contact with those who have passed over. Eventually, initial contact was made through Kim O'Neill, a person Elisa refers to as a "spirit translator." While some subtle distinction might be argued between the term spirit translator and medium, for the purpose of this book and consistency throughout, the author may refer to Erik's spirit translators as mediums.

To give herself further assurance of the contact with Erik, or in her words a "second opinion," Elisa ultimately engaged Ms. Jamie Butler with whom a very comfortable long term relationship evolved by and between Elisa, Erik in the afterlife and Jamie as Erik's spirit translator (medium).

At the time Linda Lee became aware of the Channeling Erik blog, Elisa had been posting details of conversations she was experiencing with Erik in his spirit afterlife, with the assistance of medium Jamie Butler and others. Up to this point in time Linda Lee's concept of an afterlife was, in her following words:

"The typical belief from early traditional Sunday School training, or from talk among family members or from information discussed among young friends her age outside of her home which was, namely, that if you were a good girl you went to Heaven and you would be rewarded, and if you were not, you went to Hell and would be punished.

“Erik’s blog postings helped me to overcome my considerable skepticism and doubt and to understand that the human afterlife was not a road to final judgment of Heaven or Hell. Rather, Erik helped me to accept the concept that the afterlife was more of a time of learning and understanding and that death was not to be feared. And, most importantly, Erik helped me to fully comprehend the concept that peace and universal compatibility among people on earth is love of and for each other as human beings, and that the foundation for that ultimate goal is learning to love one’s self.”

Erik, in spirit and Elisa Medhus, in person and through her Channeling Erik blog have been one of the most singular inspirations in the development of Linda Lee’s psychic and mediumship abilities.

Two best-selling books have been published by Elisa Medhus, or “Elisa” as she is more familiarly known in the Hack household as well as in thousands of others around the world. The books detail her family members’ grief following Erik’s death and their subsequent enlightenment by contact with him in the spirit world. The first book titled My Son and The Afterlife, Conversations from the Other Side was published in 2013. It narrates Elisa’s successful quest to contact Erik in the spirit world. The second book published in 2015 is titled My Life After Death, A Memoir from Heaven. It is written as if in the present first person by Erik and describes in detail his death, his arrival into the spirit world and what the afterlife there is like. These books are must reads for both skeptics and believers. The second mentioned book is a further detailed amplification of the nature of the spirit world revealed in Chapter 5 of this book. It is narrated by Erik in the first person in his own familiar style of speech recognizable by everyone who knew him in his earthly lifetime.

Many similarities to the Chapter 5 spirit life descriptions, although in slightly different verbiage, are recounted by Erik. This is not surprising as they are reports from spirits themselves. A few significant examples are:

Confirmation of an afterlife.

Absence of a final judgment.

Death is not to be feared.

There is a life review.

Spirits go to school or at least receive some further training or education.

Spirits are free to travel around the spirit world.

Spirits socialize with each other.

Spirits have no dimensional shape or substance as we conceive of things on earth.

Communication by spirits with humans gets automatically put into the language of the recipient.

There are ideas, concepts and circumstances in the spirit world which are beyond the understanding of humans or at least are not able to be put in words understandable by them.

With the full maturing of Linda Lee's mediumship ability, Erik has not receded into the spiritual background for her. Quite to the contrary. Erik identifies himself as a spirit guide. He makes himself available to humans for advice, and it gives him inner satisfaction to be of help where need exists, especially for those who require motivation in their lives. Like most spirit guides, Erik cautions the humans being advised, that the advice which he is giving is very well founded, but it is not an absolute directive as to a human's life path or a singular solution for a crisis confronting the human. The final decisions are to be made by humans as they continue to live their lives on earth.

Linda Lee frequently calls upon Erik for his advice for people in need of it, especially those who, assisted by Linda Lee, have contacted departed loved ones or others. She feels that the advice provided by Erik is always good,

soundly reasoned and appropriate for the circumstances presented. Occasionally, Linda Lee, without hesitation, has consulted Erik herself for advice or questions we may have about the spirit world. As weird or spooky as it may sound, Linda Lee has experienced times when Erik would "pop" into her thoughts or discussions with me or others and add his guide-like advice to Linda. This close spiritual relationship between Erik and Linda Lee is not exclusive and is shared by Erik with many other members of the Channeling Erik blog as reported by them. The overall impact on Linda Lee of her encounter with the Channeling Erik blog, Erik and Elisa Medhus she expresses in her own words as follows:

"After I joined the Channeling Erik blog is when I began to learn. I learned that we are here to love and be loved, that each life has its own truth and path and that no path is a wrong path just a different way to have a human experience. I began to meet so many lovely people in the Channeling Erik blog who too were new to this concept of a human life being an experience. We realized that each soul upon choosing a vessel to join with, wanted to experience a different way of being that human, that each is unique in its own way, not right, not wrong, but just 'is,' I feel that this is truly where my final awakening journey began."

CHAPTER 19

MORE ABOUT LINDA LEE, AURAS,

ENERGY AND CHAKRAS

In Chapter 2 of this book, there are brief explanations of the terms aura and chakras which the reader may wish to review, if necessary, in connection with this chapter. It is also noted in that earlier chapter, that some psychics are able to see and read auras. So it is, with psychic and artist, Kathy Dench, a colleague of Linda Lee. Kathy provided the following reading of Linda Lee's aura on May 5, 2016.

"I woke this morning having set the intention to receive information from your energy field about you with love and for your highest good.

"The first thing I got was the smell of deep, rich, dark fertile soil. For me, this carried multiple meanings: your love of the earth, nature, flowers, and also planting seeds on this planet. You are nurturing and growing many things. Having that thought, I then saw you, with your arms outstretched, embracing and nurturing hundreds of beings both here and on the ethereal planes. I saw lots of green, the color of your heart chakra, and felt the love you have for all of us. I also felt the love that your team and so many here and on the other side have for you.

"Then I saw masters in purple robes surrounding you. They observe, support, and assist you in your important work.

"I then saw Jesus very clearly and felt the love and respect you have for each other. Audie and Erik made their appearances as well to show that they are always around in your energy. Erik made the sign language sign for 'I love you'.

"I always feel water around you and I know you live by the ocean, but there is a transfer and power of energy you get from the sea that keeps you at

peace and grounded.

“An ancestral man (father, uncle, or grandfather) appeared in a dark business suit, bow tie and wearing a fedora hat, a very 1940s look. He exuded a feeling of pride and love for you and assists you in your business dealings. I also saw you as a little girl in a sunny yellow dress and black patent leather shoes dancing, running and full of joy. This could represent you as a child and/or the joy of your inner child as you do the work you are called here to do.

“In your aura there was so much golden white light, and I felt that you are at a high vibration and so close to the ethereal realms and so you carry energy from there. A night sky full of stars and other planets appeared and your connection to all of that through your crown chakra is very prominent. There is aqua blue in your throat chakra and in your aura because you speak your truth so well and so lovingly. Your third eye/clairvoyance is such a gift, especially the way you use it to assist growth in, and to impart knowledge to others, for their souls’ growth. Your huge heart and green hands signify your healing energy. You are grounded deeply into Mother Earth and have a deep love and respect for her and her inhabitants.

“The Archangels I felt and who have an influence in your field are:

“Raphael-green- His role in working with you is revealing the true healed bodies that God created for all of us. You and Raphael share the belief and knowledge that everyone is already healthy in spiritual truth. Your work together heals and serves as a catalyst for those you work with to be who they are called to be. His influence combined with yours gives off a powerful, healing love energy.

“Michael-royal blue-His role is providing strength, protection and truth to you and those you work with. He removes fear and ego and leaves peace.

“Uriel- yellow gold- Uriel illuminates your mind with information. Ideas epiphanies and insights. He is like a wise old uncle. He assists you whenever you need a solution of a way to explain a concept to others. He whispers correct and appropriate translations into your ear that come as words or thoughts that are suddenly ‘downloaded’ into your mind.

“Thank you for giving me the opportunity to do another painting for you. I love and appreciate your caring and counsel so much, Linda. You are truly a mentor and counselor for me.”

CHAPTER 20

LIGHT LANGUAGE AND AUDIE HERRON

One major element of Linda Lee's present broad psychic and mediumship ability had its foundation way back in her life, having experienced speaking in tongues at the age of twelve. This episode is recounted in an earlier chapter of this book. However, in an effort to keep a timeline narrative of Linda Lee's development of psychic and mediumship abilities in some consecutive order, another significant episode occurred after Linda joined the Channeling Erik blog.

While surfing the internet with no specific objective in mind, Linda came across a brief reference to the term "Light Language" being synonymous with "speaking in tongues." The source for this reference cannot be recalled by Linda Lee at this time.

During all the years Linda had kept to herself the ability to speak in tongues, she had been aware that speaking in tongues, was an integral part of Pentecostal Church religious services the purpose for which she fully understood and accepted. But, to followers of some other faiths or non-believers, speaking in tongues was not a comprehensible concept and was fraught with mysterious connotations. Moreover, the New Age being a time for new thinking and advances in the psychic and spiritual worlds, Linda Lee adopted the synonymous terminology of "Light Language" for speaking in tongues.

However, it must be pointed out that in the timeline of Linda Lee's awakening of her psychic and spiritual mediumship, she was still personally hesitant in pursuing her abilities. In her words, at that time she was "naïve" or "lacking in full understanding of these realms." More specifically, while speaking in tongues or light language was personally comforting to her when used by her in prayer or a form of stress relief meditation, it was private and personal to her. It was not openly disclosed to others.

Continuing now in Linda Lee's own words is her description of a further encounter contributing to a continuing awakening of her abilities, especially light language.

"One of the people who were very instrumental to me in my awakening was Audie Herron, a powerful remote healer I met through the Channeling Erik blog. To this day he is one of my guides in spirit. However, when I met Audie he was still here on this earthly plane. Audie would do impromptu healing sessions on anyone who wanted to join in. He would make his announcement in the Channeling Erik blog. All you had to do was enter your name in the comment section to be included in his healings. I was somewhat new to this remote healing but did participate whenever I could. One thing that happened to me during those sessions was I would not feel the need to breathe. It was a very strange reaction for sure, and it was not until later that I came to understand.

"Audie was the first person with whom I shared that I spoke in tongue or light language. I told him my story about how it all began and that I was only twelve years old when I received the ability. He told me that my ability was not just for me and that it was meant to be shared with others and I needed to 'just share it.' I froze at the thought. People would think me crazy was my reaction. But he assured me they would not. However, I ignored his words because I believed, indeed, anyone hearing it would have my original perception of their reaction.

"Sometime after that a group was created and we called it Audie's Angels. We created it so Audie would receive some kind of income for his generous giving of healings. We charged a small monthly fee to benefit Audie for unlimited remote healings from Audie. The group was small and consisted of about twenty people.

"In late December of 2014 I received a text message that Audie had passed away; I was devastated with this news. I was in shock to say the least. Audie was still a young man mid-fifties at that time. About two nights later Audie came to me in my dreams and showed me how he died. He told me it was time for me to share my light language within the group, and this was a way I could honor him. So that is what I did. I created an audio-video and shared it in our small group in early 2015. The following are their individual personal reactions of group members

forwarded to me after viewing and hearing it. To say the least their content was surprising, unexpected, but most importantly extremely informative for me."

Ula U.	Wow-Just listened to this. How awesome is your gift. Before you explained about the vowel sounds be
Jackie H.	Thank you for sharing Linda….after the chant was done, I did feel vibrations in my hands up to my fo
Katarina M.	Linda, thank you for sharing and being brave outside of the comfort zone!! Also felt tingling in my arr
Corinna C.	Hi Linda, thank you for sharing. I just watched your video. Allowed my mind to go quiet, eyes open (t
Kari M.	Linda, my eyes filled with tears, this made me very emotional. I dunno if it's the message itself, or you
Denise R.	Omg, this was amazing!!! I felt the vibration of your message filling my body and I also felt like it bal
Carol J.	Linda Hack! You've got balls!!! Since I am also able to do this I lob (sic) what it must have taken to re
Jeanne H.	Thank you for sharing, Linda Hack. The feeling I got and still have was heavy hearted. I am sure it is l
Laurie W.	I got that each chakra has its own sound and that we need to upload to them to get the full potential. I g
Tracy M.	I listened twice. Didn't really resonate with me, but it was very interesting to listen to. Keep posting if
Madeline P.	I believe we don't have to understand in order to receive, thank you so much for this part of you, vibra
Beth M.	Linda it had my body tingling. It actually calmed me down. I was a mess today. Thank you.
Jane R.	I also thought it sounded Native American also that is what it felt like to me. It was very soothing and
Daniela C.	Just Watched and I am so proud! Proud that one by one we are stepping out of our comfort zone and d
Beth M.	Last night when Charlie came to visit (Yea, I named him) I heard a female voice very clear saying exa
Sharon Y.	Please post more Linda, I've never heard anything like this, but I loved it. Very interesting to me. Thar
Dawn A.	Woozier!!!! I was relaxed & closed my eyes and the energy lit me up…across the top of my shoulders
Kathy D.	Thank you so much Linda and your guides. I felt heat in the area and then releases and healing taking

CHAPTER 21

FIRST SPIRIT CHANNELING

After Linda Lee shared her light language video with the Audie's Angels group, several members asked her to share it with them privately. The following is Linda Lee's personal narrative of her session with member Jeanne Hall.

"I knew nothing about Jeanne's personal life or story. I was with her on skype when I began to share my light language with her. As I was doing so, I began to see a sort of cloud on the wall next to her head. I watched as it as it moved about showing me an image of what I would call a man's profile, first one side and then the other. I continued to speak in light language as I watched this occurring. I had never seen such a thing before and was not sure what I was seeing.

"I began to hear, or sense words come to me, not like someone speaking. It was more of a knowing like thinking in one's head. The words I heard were 'Momma is love.' Again, I had no idea what was going on. I continued to speak in my light language. I then began simultaneously to ask what and how and why I was hearing these words while continuing to speak light language to Jeanne. It was then I realized that I could speak in the light language and have a mental conversation simultaneously. I had no idea that someone or something was about to answer me. But that is what happened. 'Go with it Linda' I heard twice. I didn't feel it was from the same source as the first words I heard. I did not comprehend anything that was happening. I had no immediate clue.

"After I stopped speaking the light language. I asked Jeanne if these words meant anything to her and I told her the words I had received. 'Momma is love.' Jeanne began a deep guttural cry. I too began to cry and feared I had somehow caused her undue pain as I had no concept of what was happening. After a long pause Jeanne began to calm down and she started to tell me what those words meant to her. Jeanne had lost a grown son,

Dale, to a massive heart attack months before. Dale worked with his father and he would come to breakfast before he and his dad would go to work. Dale would come into the kitchen where Jeanne would be preparing their breakfast and wrap his arms around her and whisper those words ‘Momma is love’ in her ear.

“I realized then that I had just channeled my first spirit and also seen his apparition on the wall next to Jeanne’s head. At the beginning of my session with Jeanne I had no idea where it would lead. She and I could not have been more pleased that she had made contact with her son in the afterlife.”

While there is no way of measuring or comparing arithmetically or statistically emotional levels of humans in comparative circumstances, the relief felt by Jeanne in having the contact with her son must have rivaled that of Elisa Medhus when her son Erik finally appeared to her in her dream.

CHAPTER 22

VIBRATIONS AND CHANNELING

Another unexpected event arose out of the light language shared with Audie's Angels. Member Daniela later contacted Linda for a one-on-one session. Linda Lee describes what happened in these following words

"As I began speaking the light language it was different than anything that had come before. The sounds were strong and short. They came very fast. I began to hyperventilate after a few minutes but continued to speak in this very rapid flow. Faster and faster it came, but I stuck with it. I felt that whatever was coming through me was very important for Daniela.

"As the light language flowed again, I felt the presence of another entity. I could not understand what or why, but I felt as if I was being spoken to without audible words being spoken. 'Are you okay Linda? Ask him to step back.' These are the words I sensed without them being spoken. I had no clue as to what was happening, but one thing I did know was I never felt any fear. I, without consciously realizing it, knew I was being protected. I didn't know how or why. Again, I heard the same words 'Are you okay Linda?' I answered in my head 'Yes'. Next I heard without spoken words 'We will ask that they step back. If they do not, we will have to stop this channeling.' This time I asked that they step back. I didn't know what I was asking I just did what I was receiving. The light language did not change or slow and like a power switch it was turned off. Just like that it was over. Both Daniela and I were astounded by what had just happened. Daniela asked if I was okay and after a few minutes to bring my body back to earth so to speak I was fine.

"After I closed the skype window with Daniela, I just sat in amazement about what had just happened, and the answer came in to me immediately. There were no spoken words, but loud and clear I was told the following. 'We want you to know that the universal energy you just channeled for your young friend meant no harm to either of you. They did not realize that their

vibration was so much higher than yours and your human body was having a difficult time processing their vibrations to a point that could have caused you harm if they were to continue.' "

This anomaly never occurred again in all of Linda Lee's broad experience to date. Adjustment of vibration levels may have taken place on her part without her conscious knowledge, or on the part of spirits messaging through her or if the interruption came from some other source or entity, it was never again necessary.

CHAPTER 23

LIGHT LANGUAGE, CORINNA CARLSON AND CHANNELING

After her first channeling of the spirit of son Dale for his mother Jeanne, Linda Lee was not motivated to embark on any kind of a career as a spirit channeler. It was too new an experience for her and she felt that if anything was to come of it, she would have to learn more, and if nothing came of it, she was comfortable with that as well. She was contacted by several other persons and was successful in receiving information from spirits for them. In each case, Linda Lee had opened her session with a recitation of light language.

She did come to realize two things. First, her ability to speak light language was, for her, instrumental in successfully opening a person's receptivity to messages from spirits through her mediumship. And, second, her light language delivered to any one person was specific for that person and was never the same for any other person. It is directed to that particular person's soul for the purpose of activation and to be open to spirit contact.

It should be restated here that Linda Lee's ability to speak light language after hearing speaking in tongues at age twelve, is spontaneous and without conscious thought or awareness on her part. The sounds Linda Lee's voice makes are originated by her vocal cords, but their construction and composition are not. Specific detail about light language, its development in Linda Lee's spiritual mediumship, and its power and purpose follow in Chapter 25.

Coincident with Linda Lee's desire to learn more about her awakening and overcoming her reluctance to speak light language and potentially utilize it in channeling, another person contacted her from the Audie's Angels group and asked Linda for a personal light language session. That person was

Corinna Carlson then residing in South Dakota and now residing in Florida with her fiancé at his home.

The session took place on skype in early 2015. That session with Corinna initiated a strong, deep, and abiding personal friendship and similar in-depth interest in each other's psychic abilities as colleagues. While Linda and Corinna have exchanged rare brief social visits in their respective homes and attended several psychic related sponsored events in different cities across the country, their contact has been almost entirely by skype and telephone due to their disparate residential locations. Nonetheless, their friendship has flourished. They have been supportive personally for each other when necessary and of great assistance in expanding each other's psychic abilities and awareness.

Set forth hereafter are excerpts of comments I requested that Corinna and Linda Lee make about each other's profound influence on each other's psychic and spiritual development for incorporation in this book.

LINDA LEE ABOUT CORINNA

"There was something different with this first face to face skype meeting I was having with Corinna. I could not put my finger on what it was except that I felt no apprehension with her in sharing my light language as I had with some of the other girls. With Corinna it was so different, something familiar, something special, a special kind of instant kinship, I guess. Corinna and I began to share elements of our personal lives. She was a single mother, self-employed at home who had dedicated her life to three children and their wellbeing contending with the typical and not so typical issues related to those circumstances. I shared with her many of the contentious issues I experienced in my life, and the lessons I learned from dealing with them.

"Our difference in ages of more than two decades was no barrier for either of us. I learned that Corinna was very psychically gifted from an early age.

We shared our experiences in this regard and my own spiritual evolution began to further unfold with her nurturing words and knowledge, especially the power and purpose of light language in the psychic and spiritual world. With Corinna's encouragement I found that I could explore several of my past lives in which Corinna was prominent. And now this ability has evolved for me to the point that I am able to review the past lives of others who may request that I do so. Corinna has very powerful energy and is a very high vibrational being. She has been and continues to play an important primary role in my continuing psychic and spiritual awakening as well as being such a close friend on a personal level for which I am and will be forever grateful."

CORINNA ABOUT LINDA LEE

"My initial face to face meeting with Linda was my first encounter with light language which she explained was an ability evolving from a childhood exposure to speaking in tongues. I was frightened of it at the beginning, but soon adapted it as a healing tool I use today. Our contacts, while long distance with each other, became frequent and we shared more details of our personal lives. As our friendship and our abilities continued to mature over the course of time, we were able to have some of our past lives shown to us. This was an idea that at first, I could not accept, and I pushed Linda away from time to time until I could accept knowing details of past lives which included each other. At the personal level Linda and I each had our own ups and downs, but they never interfered with our friendship. Linda taught me to be true to myself, to love as unconditionally as possible and to be whom I need to be for myself, for others and the whole."

AUTHOR DAVID HACK ABOUT LINDA LEE AND CORINNA

After reading the requested full narratives provided to me by Linda Lee and Corinna, I felt compelled to add my own short narrative about them. It was not in my planning outline for this book. As we travel our individual paths through life, we probably at one time or another have had friends or a personal interaction with people that just felt special. It is a feeling that overlooks personality quirks and first impressions to form a bond of mutual respect, understanding and, most importantly, it is someone you could depend on as your friend in good times and bad. While such a person might be a spouse, that fact does not preclude that special person, at the same time, being some other person with whom you may share that special mutual affinity.

I had one such friend and person in my life. He was my fishing buddy, Ralph Martin. We spent countless hours together on the water, the two of us sharing whatever came to mind hour after hour. Yes, we complained when we didn't catch any fish and argued facetiously about many issues of the day, especially who could cast his lure better. We both understood that in the big picture of our relationship our differing opinions didn't matter. What was important in both of our minds and hearts was that we shared our friendship another day together.

Unfortunately, my special friend has passed over into the spirit world, and I hope, as a spirit, he is continuing to enjoy fishing with warm memories of our fishing days together. I have had the opportunity to visit the sites where his ashes are interred at his home in North Carolina and the waters where they are scattered where we fished in the Everglades National Park. I took these opportunities to thank him for our friendship. I trust he heard my words and I will repeat them when we meet again in the spirit world.

Many writers have tried to develop a list of personality attributes that together make up and constitute a person as a "soulmate." Those characteristics are too many and varied to be enumerated here. But, the inference is as if one of the elements is missing there is a disqualification from being a soul mate. I do not accept this analysis. I have observed the evolving friendship and multilevel spiritual attraction between Linda Lee and Corinna from its inception. Both Linda Lee and Corinna in their narratives described each other as soulmates. While my fishing buddy and I

never discussed what constitutes a soul mate, I am comfortable in having had that unlabeled depth of friendship we shared. And, so it is with Linda Lee and Corinna. I concur in their description of their written mutual references of each other as being soulmates, and I know the depth of their friendship upon which their comments are based.

The term soul mate is sometimes used in conjunction with the term “twin flame.” They are not the same, although they may share some of the same characteristics. Soul mates do have the elements of friendship attraction and kinship alluded to in the prior paragraph. Conceptually, twin flames are persons who have the additional mutual, permanent, emotional bond of love, physical attraction and feeling of complete unity or oneness.

CHAPTER 24

LINDA LEE'S CONTINUING SPIRITUAL EVOLVEMENT

After Linda Lee's almost unintended mediumship in contacting Jeanne Hall's son in the spirit world as recounted in Chapter 20, Linda endeavored to gain as much knowledge as she could about this newly evolved ability. She read a lot, discussed it with colleagues and pondered whether to continue with such spirit contact at all. After reflecting on the Jeanne Hall session and the comfort Jeanne had experienced, and the awareness that others may be similarly comforted with messages from the spirit world, Linda Lee decided to continue her fledgling mediumship activity. She developed an internet web page, and through referrals from colleagues and clients, over the course of time, requests by individuals for sessions with her grew in expanded numbers from around the United States as well as other countries and they are continuing to this day.

No attempt will be made to set forth in print the verbatim transcriptions of any of Linda Lee's completed client sessions which now are well over five hundred. This may be a relatively small number compared to mediums who commenced practicing mediumship at a much earlier age than Linda Lee. It was never her original intent to develop her spiritual mediumship activity into an economically viable activity.

After her first few sessions, and with further consultations with colleagues, it became clear to Linda Lee that most people seeking mediums' help were emotionally upset about some prior or ongoing circumstances or crises in their lives. And, by reaching out to a medium they might find some solace, pathways to relief or a solution to their personal problems which could be found by contact with family, loved ones and friends who have previously passed over into the spirit world, and receiving their advice or guidance. It is for these people that Linda Lee has understanding and empathy and from which she derives satisfaction if she can be of assistance to them.

While Linda Lee has attempted to set a scheduled time length for her sessions, she never closes off conversations with clients if they are being productive and in the best interests of the clients. One half hour sessions often consume up to an hour, one-hour sessions may last sometimes up to two hours.

With the brief background set forth in the above paragraphs Linda Lee's mediumship ability and client contacts have some unique aspects as observed firsthand by this author. She always begins a client session asking if the client is familiar with light language and would the client desire a brief preparatory recitation. Frequently, but not always, the spirits of passed over persons who are relevant to or associated in some way with the client's concerns are, without delay, immediately at hand to medium Linda Lee from anywhere they may be in the spirit world. (This brings to mind again the speed of thought challenging the speed of light as being the fastest thing on earth or the universe.)

Another significant element of Linda Lee's client sessions is her very frank, but reassuring manner and demeanor. This last personal quality frequently is coupled with another which is unrelated to her spiritual mediumship. Linda Lee's mature life over the years has brought her in touch with many domestic and intra-family and inter-family issues of friends, and sometimes those of her own family as well as those of this author.

She also has experience with issues which arise in a workplace environment at all levels. In short, she has accumulated a lot of very practical "street sense" about a lot of everyday issues which sometimes confound people or cause them to be conflicted. Linda Lee is not a professional counselor and does not hold herself out to be one. On many occasions, clients ask her advice or opinions on issues, which by virtue of her accumulated practical experience, lend themselves to well-founded replies, which in almost all cases are warmly and gratefully received. It should be mentioned that Linda Lee is always careful to point out to clients when she is expressing her own personal opinions and not those of spirits.

One other aspect of Linda Lee's mediumship ability should also be noted here. As previously referred to in another context in this book, more often than not, messages from spirits are not neat clean articulated sentences free

of ambiguity. Most mediums, including Linda Lee, agree that information from the spirit world may be conveyed in a variety of ways. It could be in the form of just a few words or phrases, or references to person's names, places, objects or even pets. It may be distinct or blurry images of persons, places or things somehow connected to or intended to be familiar to the client requiring the medium's description of them for relaying to the client. It might also be music or other sounds presenting a bit of a challenge for the medium to duplicate for accurately conveyance to the client.

Then, of course, there is the rare most awkward circumstance where no spirits have appeared to the medium associated with the client, and that fact must be delivered as well.

In those situations where the message delivered from spirit is not clear and precise or is in a form other than verbal, the client may not have an immediate comprehension or understanding, of the relationship of the message or thought being inferred, as conveyed by the medium. While the client may have drawn a "blank" so to speak, Linda Lee and most other mediums with confidence that the spirit message, however vague, is for the particular client, respectfully interview the client further about possible client related associations with the message. As a result, there may be immediate recollections or associations on the part of the client not otherwise considered by them. Then again, there have been instances in Linda Lee's mediumship where the client has re-contacted her weeks later about the client's sudden understanding or comprehension of the theretofore un-recognized or understood spirit message.

Before closing this chapter on Linda Lee's continuing spiritual evolvement, two episodes must be set forth here in Linda Lee's own words regarding the emotional distress within families when there is an early death of a child, or, conversely, the stress induced by the anticipated birth of a child. Linda Lee's awareness of the spiritual nature and background underlying those family occasions is well articulated.

First Episode. "On January 6, 2016 I had no idea why, I woke up and got out of bed at 5:00 A.M., but the revelation became clear moments later. And, now I know why. While catching up on my internet Facebook account I came across a post detailing a sadness that so many have gone through

over the apparent premature natural or catastrophic loss of a child. On its surface, such a loss and the grief it occasions in loved ones lacks rational understanding both in mind and heart. As a medium, I have channeled many young lives that have passed through the veil and their messages may be summarized as follows.

“We have a purpose and job to do. This responsibility was taken on since we were born of spirit. Whether we come as fetuses and leave before our live births or later due to illness, suicide, or tragedy, we come as humans sick or well to be loved and nourished until our deaths occur from whatever cause. Our human lives will end in accordance with our life contracts as planned by us and others. Our purpose is to be instruments for others to understand the value of life and unconditional love. This is our purpose. We have very loving spirits and we chose to do this spiritual work. After passing over, we get to see the results of our short existence on earth in those lives with which we partnered on earth, for however short a time, before returning to earth to continue our mission of spreading the understanding of universal love.”

Linda Lee’s understanding of these early departures into the spirit world are further explained by her as follows.

“Make no mistake, the souls that have come through in my channeling sessions about this mission have chosen to undertake it. They relate that they return to earth over and over again, touching lives to help create seekers of the light to awaken earth souls to know unconditional love. In some hearts it takes loss to awaken them to the meaning of true love. They represent the true meaning of God, Source, or any other named entity used to identify the being that created earth and human life as we know it. This revelation may not resonate with all readers, but I have been spiritually guided to put it in writing hoping that it will bring a new understanding and respect for those souls that love enough to give such a great gift of their love to all humanity.”

Second Episode. “I was in a rehabilitation facility for a broken kneecap in the first week of July 2016 in Port St. Lucie, Florida. While a physical therapist was working with me, a little girl came into my spiritual presence. She asked me to tell her mom to stop stressing over her impending birth. I

looked out over the room and did not see anyone who appeared pregnant. So, I asked the therapist ‘who in the room was expecting?’ At that very moment, a young woman walked up next to us and that was her. She had just entered her fourth month and was not showing yet. I told her that I was a medium and that a small little girl had a message for her. The woman explained she had just found out she was having a girl. The baby asked me to describe her physical appearance to her mom. She then told her mom that the moment she looked into her eyes after her birth she would feel and find the unconditional love she had been seeking all her life. The baby also told her mom that when she felt the stress take over to just think of love and how much she loved her for choosing her to be her mother, and that she is pure love coming to comfort her. The stress being experienced by the mom was quite severe and will not be recounted here.

“The next day this mom was asked to take me back to my room. When we got to the room, she told me that ‘as soon as she laid her hands on my wheelchair, she could feel such peace, love and joy.’ At that moment I could feel the baby’s energy enclosing both her mom and me with her loving energy. I know this child will be coming into this life fully awakened and make a very big impact on lives she touches.

“The icing on this cake here is when I asked the mom if she had chosen a name for the baby. She said her name would be Ally Nicole. Both of these names are used in my family in the names of two granddaughters.

“I am and will forever be grateful for the ability to help others.”

CHAPTER 25

LINDA LEE, LIGHT LANGUAGE

ITS POWER AND PURPOSE

Mentioned and referred to many times in prior chapters, light language and Linda Lee have a close spiritual and psychic connection. From Linda's first awareness at age twelve, speaking in tongues, or light language, right up to the present time, her ability to speak it has never left her conscious mind. Now, it has facilitated and become an integral part of her recent evolving psychic and spiritual mediumship abilities. That phenomenon requires further explanation, as does many other related powers and purposes of light language. The text of this chapter is an integration of information supplied primarily by Linda Lee from her personal experience, research by the author, research by Linda Lee, sitter or client interviews, and countless comments and information provided from persons on her web page.

Preliminarily, it should be pointed out here that the word "light" in the identifying name light language is not taken from, or directly related to the Universal Council of Light or the light movement referred to in the following chapter. However, it is fair to say that many of the light workers referred to therein speak light language, including, of course, Linda Lee.

In normal conversational verbal speech in one's native language, the vocal cords are caused to vibrate in different frequencies corresponding to or required by the words formulated in the speaker's brain intended to be transmitted to a listener. The vibrations are received, in most circumstances, in the listener's ears and transmitted to the listener's brain where they are converted into the speaker's native language. Bearing in mind that each sound or spoken word we produce through our vocal cords is composed of combinations of frequencies with different amplitudes, the wonderment of the complexities of this one small aspect of the human body continues to be amazing, along with its myriad of other physiologic and biologic systems.

This same transmission process occurs as described above when the speaker is audibly speaking light language, but with two exceptions. First, the light language is not preconceived in the speaker's brain as thoughts and words would be in a normal verbal linguistic conversation. Second, the sounds constituting light language are not usually associated with any specific language. More particularly, the sounds mimic a series of unconnected vowels; consonants; portions of words with dialects or accents sounding as if from foreign languages, and clicks or sounds not related to any of the aforesaid sounds. The listener hears the light language exactly as it is spoken. Sometimes there is a connected repetition of the sounds and modulation of volume. At other times, the speaker may appear to emphasize sounds with hand or arm gestures.

As related in Chapter 20, Linda Lee's first disclosure of speaking light language was after urging her to do so by psychic healer Audie Herron. A video transmission of Linda speaking light language was sent to members of Audie's Angels group, and their reactions are related in that chapter. A careful reading of the individual reactions indicates that while the listeners' received the spoken sounds in their ears, the sounds may also have had a direct effect on the listeners' other systems of perception through energy and vibrations associated with the light language. The light language spoken by Linda Lee to the Audie's Angels group had the wide range of reactions understandably, because Linda Lee's light language was not directed to each individual exclusively.

As explained above, the sounds are produced by vibrational action upon her vocal cords, but what is taking place is that Linda Lee is actually channeling information from listeners' higher selves and transmitting it in light language to listeners for their beneficial use as may be needed or useful on their lives' journeys in healing mind, body, and soul. In one on one sessions with consenting individuals, Linda Lee experiences an absorption of energy from the sitter which descends from Linda's crown chakra to her third eye center and other sensory areas. The energy is messaging from the sitter's higher self which in turn Linda Lee spontaneously speaks to the listener in light language in a format exclusive to and for the listener.

Depending upon the readiness or receptivity of the listener, Linda Lee tells the listener to listen to the recorded light language regularly for a specific time period to accept the benefit of healing of mind, body, or soul as the listener may feel necessary at that time, or in the future, depending, as referred to above, upon the stage or particular point in life's path or journey the listener has reached.

Linda Lee's spoken light language accomplishes even more profound effects on some listeners. It is generally understood that all people have some latent psychic abilities. If they have progressed in their own paths on earth to a point where they are ready to accept awakening of their own psychic abilities, light language communicated to them will cause that to occur.

The New Age development and acceptance of spirituality concepts has had light language at its forefront. Referred to earlier, Linda Lee has been one of its greatest exponents. Light language, in addition to verbal communication, is now found expressed in musical form, song lyrics, art, and sketches. It must also be mentioned here that some light language speakers have found expression of their light language in the form of "codes." The codes are not to be thought of as we know the Morse code or sophisticated military or diplomatic codes. The light language codes are individual line drawings looking somewhat like alphabet letters from many languages, short curly lines in various configurations, or other repeating artistic forms or shapes representative of the separate light language sounds as voiced by speakers and heard by their intended listeners These codes have the same power and purpose as spoken light language.

The healing attributes of light language have now been associated with human DNA (chemical name deoxyribonucleic acid). DNA was first discovered in 1869, but its role in genetic inheritance was not established until 1943. Later, in 1953, a group of scientists determined that, in form, the structure of DNA is a double helix polymer, consisting of two DNA strands wound around each other. Skipping ahead over astounding mind-bending data compiled by geneticists, these molecule sized DNA configurations were found to be specific models with functions connecting human traits received from parents and ancestors.

Establishing hereditary patterns and forensic identification from extremely small samples, is in popular use today, especially by law enforcement and genealogists. This brings this paragraph back to the topic of DNA and light language. In quite simple terms, at one time it was thought that only one percent of human DNA had a verified biological and genetic function and ninety nine percent did not. As a result, the nonfunctioning DNA was considered to be “junk.”

Recent developing attributes of light language include targeting the “junk” or unused DNA segments in individuals to activate them for purposes of healing, not only the body, but the mind and spiritual awareness. Anecdotal information reported to date tends to affirm this light language capability.

CHAPTER 26

LINDA LEE AND MESSAGES FROM THE UNIVERSAL COUNCIL OF LIGHT, GOD OR SOURCE, MOTHER EARTH AND OTHERS

Many religions of the world include among their tenets a concept that if all the peoples of the world have or adopt a mutual love for each other as members of the human race, there would be perpetual peace on earth. When those tenets were formulated there was racial strife, wars between tribes or nations, prejudices based on religious thought or ethnic background, and a variety of other reasons giving rise to the absence of peaceful human existence. These same conditions are prevalent today and they have not been lost on the spirit world, God and Source.

Set forth below are texts of unsolicited messages received by Linda Lee over the course of almost three years from entities identified as the Universal Council of Light, God or Source, Mother Earth, and others. They are set forth in order by date received.

These messages were channeled directly to Linda Lee in the form of inspirational writing as opposed to automatic writing where a person's hand is unguided except by spirits or other entities. In these instances, Linda Lee received the text of the messages and wrote them down in the moment and verbatim as received. They were neither composed by her or of her conscious creation. Invariably the messages were received during normal sleeping hours and frequently during early morning hours. She was awakened to receive them and they were not received during a dream state. The texts as they appear here are unaltered as to substance. Correction of minor spelling errors were made which arose due to the speed Linda Lee had to write to keep up with the messaging as being received.

The Universal Council of Light is composed of high order spirits in the spirit world. God and Source, as identified earlier in this book, are

considered to be synonymous names for the Creator of all things on earth and elsewhere. These entities and the others have the common ideal and uncontroverted ultimate purpose of the establishment of mutual love between all people as being the foundation of peace on earth as alluded to in the opening paragraph of this chapter.

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

March 22, 2015 at 1:11 AM

“Much is happening at this time. You are all being called forward. Many who have been asleep will now awaken. Energy is very high and will bring forth new light workers. Those in accord will lead the way. Many will be the completion of the new way and time. Many of you will make contact with your higher self. Questions you have asked will be answered. Your higher self knows all. Aspects of your higher self will join you at that time. They will bring that which has been held from you back into your consciousness to equip you with the knowledge that will be needed for this time. This coming forth will enlighten and expand within you all that will be needed.

“Many things and possibilities will come into your path Do not close any door that opens for it has been opened for you. Many acts will be in this play to be performed. Your part will be clear to each of you when it is placed in your energy path.

“For each new light worker and for those who are and have been open, it will be a clear message. There must be no doubt when received as to from where it has come. Your higher self has been waiting for 05/05/2017 to bring clarity to your light mission. Those who are now fully awake will be given a greater role in this movement. They will be the ones moving the energy forward. All dimensions are in the same space. The time has come to simply merge the light into a higher vibration. When this is complete

those who are ready to awaken will bring their light energy and the cause and effect will take place. Understand this is not a local movement, but a universal movement. All of you who have been aware of your work but lack understanding of the purpose will then understand. There will be left no reason for doubt or ego to hold back the truth of the mission you have been working in secret. It shall be revealed. Eyes and hearts will be opened Many souls have been lying in wait for this time. Many universal energies merge with the light workers. Contact has already begun and will increase at a much faster pace. Do not doubt or fear as you have prepared for this time for many of your incarnations here on earth and in other life forms. All souls have been preparing for this mass awakening, and your higher self will merge into your conscious mind to complete this movement of energy.

"Please understand you have a body, but all things are simply energy, and it is this energy that will awaken on this massive scale. As this energy moves into place reaction will also take place. Mother earth will also have movement from this energy. Great healing will take place. A scab must be formed just like your vessel when its energy has been displaced in order for healing to take place. Be not fearful. You are protected. You are the light force that is needed to be received. Loving arms of protection will be placed around you. Some will choose to return home to work on this massive influx of energy. Do not mourn them. This is how they planned to be of service in their life contracts. Some of you reading this or listening to this channeling will know who you are and many of you will see others leave to fulfill their life contracts.

"Again, we caution you to believe in your own intuition for it is your higher self-speaking to you. Your higher self has been a part of your soul's journey. It knows every life you have lived intimately. Through all things it has been guiding you in this lifetime. It is so looking forward to the moment it shall merge openly showing so much more than you have come to know until now. Have faith in yourself, why you are, in who you are, and why you are here at this time to see into the merging of energy light.

"The wind blows but you cannot see, but you can feel it upon your face. So is faith, faith in life and your understanding of your soul's purpose is about to emerge unto you as long as you have faith to let it in, opening your heart,

soul and mind to accept the part you chose to play before this current incarnation.

“We as a Universal Council of Light have brought forth this message using this vessel, Linda Lee, who sits at our table and is a valuable asset to humanity and all the universe. We honor you and thank you.”

MESSAGE (SENDER NOT NOTED)

May 7, 2015 between 2:00 AM and 3:00 AM

“What is it you want to know my child? Your life contract is being fulfilled. You are safe. You are blessed. The angels are with you, always guiding you. Fear not for what is to come. We will cradle you to our bosom in safety and love.

“Your light will lead you to wonders your mind cannot imagine, unparalleled beauty, oceans and mountains beyond knowing. You are protected by the Great Ones. Your story will rock the nation and world setting a boom-a-rang of biblical proportions and bring peace that has never been seen. Your body will be healed by the great and loving Source. Your loved ones await your arrival but knowing it to be only temporary. Their arms stretched for a loving embrace.

“Much work for us to do in only a blink of the eye. Rest and do not fear. There is no room in the heart for that emotion.”

MESSAGE FROM SOURCE

May 11, 2015 at 2:43 AM

“For this shall be the year of our Lord. He will bring great wonders to the world that have not been seen on earth in eons. Wonders of unparalleled greatness. Skies shall hold gifts for those who have awakened. Those who have not will be seeking your light. Gifts of healing and wonder will appear there. Many souls will awaken by these sights in the sky. Trumpets will sound that cannot be denied. The message of our Lord will not be denied or ignored. The earth has risen in consciousness. The right to all beings to rise with it is now.

“Those who are of the call have risen with Gaia. Together they have come to help through their awakening of the sleeping giant of darkness on earth. The world will change as we know it and those who choose to sleep, shall. It will amaze the people of the earth. Some will rise others stay in the darkness. In the darkness is much pain and sorrow. Why would they stay when the beauty and wonders are of LOVE beyond knowing from this world today? Who would stay in the darkness for only what they hold dear? For the riches of ascension hold more gold than can be counted for the awakened.

“144,000 are near, the souls of the soldiers of the Lord and his disciples. When the 144,000 are complete look to the skies for the signs will be there for all to see. You must open your eyes, open your ears to hear, open your heart and receive. Reach out with an open heart, in all you must do and all who love the Lord God Almighty and those who still see from the dark will receive all that is given for peace on earth. The galaxies will join in the sounding of the trumpets their practice has ended. For when you hear them the time is here. The skies will dance in wonderment. The ascension of time is here. Gaia will be of two worlds. One of the light one of the dark. Where would you be? Open your hearts to Love and Light. The gold is the light for those who have eyes to see.

“Receive these words for they are from the Lord. Your guides and angels are speaking. Listen and you will know of your home on the new earth. For on the new earth will be peace on earth as promised by God. For those who

wish to go they will find ten thousand years of love unknown on earth. You will dwell among the lions and tigers without fear. Food will be plentiful. Your clothes will be spun from gold and pearls and your streets made of emeralds and rubies. For on new earth there will be no need for man's idea of these precious stones as an exchange for goods. For all is for all on the new earth."

MESSAGE TO LINDA LEE CHANNELED FROM HER HIGHER SELF DISCLOSED BY GOD

May 14, 2015 5:30 AM-6:30 AM

"Now is the time of our Lord. All that comes will be of grace; miracles will cover the world; the sky will come alive; and Gaia will cleanse herself of man's destructive ways. This will bring upon many, hardships of an epic proportion as has never before been seen. Mountains shall fall and rivers shall rise. Mother Nature will bring forth vibrations and the earth will shake the very souls of those who still live in the dark. Those who have heard the calling of the Lord will move to the new earth. Those who live in the dark will go to the new earth when they to see the light. But those who allow their egos to put good sense behind them and stay will be the ones to see Hell on earth. Nowhere on earth will they be able to turn and not see her fury and sadness. For mankind who have not seen the light their riches will far outweigh their common sense, but they will find there is no place for them to have or enjoy those riches. For the light is the only way to escape the correction of earth and her plains, mountains, valleys, and oceans. Who would want to stay? Those who refuse to see the light and those who refuse the love of the light.

"144,000 angels will gather together to lead the light beings to the new earth. Love will be their food, drink, and clothes. The sun will warm your days and the moon will light your nights. The wild animals of this earth will

walk beside you and the children will play alongside them. When the earth begins to rumble and the trumpets begin to blow, then the time has come for those of the light, those of the knowing to move unto the new earth. Those who still live in the dark will have the chance to move into the light of knowing and go, but many will not. He who stays will see the wrath of our Lord God Almighty. Mother Earth shall rattle and shake until all darkness has been shaken away.

"Soon you will know dear ones that the love and light for the world is what is intended. Man has taken this true gift of your love and light from you with their greed and lies. They are being taken down. Eyes are opening and ears are hearing. The people have been blinded by some in their church. The riches they hold dear are the riches that will destroy them, the true test of God's words will be open for all to see. The dawning of Aquarius is here. 12/21/2012 started our ascension to new earth. The vibration of this earth has risen with the light. The veil between our dimensions is thinning allowing those who seek the light to find and those who know of the light to plant their seeds. New dawn new world, the world of love and understanding. The world of sharing, the world of love to and for all mankind, for all plants, creatures from the micro to the largest of living things will be on new earth."

MESSAGE FROM GOD

May 15, 2015 at 11:00 PM

"In ancient times people were of a mind to believe when a miracle happened, but in today's world they find reason that it was not. The miracles that will happen soon will not be denied or discounted as some others and explained away by your media outlets.

"To bring on these miracles the Angels of God will band together where they will be stronger than the dark forces which are now in control. The

people of the world will see and believe. They will also band together to fight those in control together with the Angels of God showing and leading the way.

“Control will be taken back by the people for the people to have what was given them in their birth right. Love will be the new ruler of all. Love brings peace to the world, but war must come first. Not all that comes, not without pain. Even the birth of life is not without pain. So shall be the birth of the new earth. As we seek you will find from all nations were born of pain, so shall the new earth.”

MESSAGE FROM GOD

May 18, 2015 at 11:22 PM

“We bring you protection in all things that we ask of you. As you move forward so shall the Light of all nations. You have been chosen for this position because of your strength. You have joined forces with the Light. We will bring you to the Light of the Lord God Almighty. In his light you are protected always.

“The job you have is one of major importance in this mission. Many miles will be traveled, and you must follow our direction to keep you safe. This mission will bring hardship to your family, but never will your loved ones be in danger. It is the key that will be in danger and you are the key.

“We bring this to you to go forth in the Light, for all humanity will be free as it should.”

MESSAGE FROM GOD

May 31, 2015 at 2:30 AM

“Here is time for your mission when you will be granted the gift of seeing, you will bring in others to the group of 144,000. Together the climb will begin. The ascension is in progress and the dark forces will lose their hold on the people. We bring together the tools of their destruction. You will be given those tools in your gifts, mighty tools that have never been used on earth. These tools will cleanse and heal earth from the darkness which is upon her. We will bring forward the gifts of healing and sight. You will open the wounds and pour healing into them. She, Mother Earth, will no longer allow darkness to rule greed and control shall end.

“You dear one are the key to the ending of the darkness. You are worthy and full of greatness. Your powers are many and we will release them from their slumber. Yes, you who have asked and given this opportunity. You have lived many lifetimes waiting and preparing for now. It has come and you are ready. We are calling. The time for action is near and you will be given back what you have forgotten.

“Love is the key, you are the key and you are love. Love conquers, you conquer, and mighty power is love. And so to you it is given.”

MESSAGE (SENDER NOT NOTED)

July 23, 2015 (Time Not Noted)

“Humanoid, are you, yes you. Linda. You are here now for a mission. Yes, this is true. Believe in who you are Linda. It will serve you well.

“Much work is to be done soon. You Linda will be called on. All you need dear Linda is inside waiting to come forward, waiting to awaken when the call comes. You Linda will hear that call much as that call tonight.

“You dear one have been prepared for this time along with many more who will hear. You will hear with your soul. It will call you to ready yourself for that which has been your mission. Miracles will be plentiful and you dear one will behold them.”

MESSAGE FROM SOURCE

June 8, 2016 (Time not noted.)

“We say unto you come forth and we shall give you the blessings that are yours. Behold for the time has come and all Angels are with you. They come unto you and support your deeds. They are standing by your side and awaiting the final word to move forward in our mission to peace. The vibrations are almost high enough to finish the ascension into fourth dimension and begin into fifth dimension. You have shown great control for what you have been asked.

“Corinna will soon be joining you with understanding of her part in this mission. She feels the part but does not have disclosure but will soon. Corinna is gifted and powerful and will be your companion in your travels. We shall lead her.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

February 16, 2017 at 3:55 AM

“For so long we have waited for what is now approaching. With the morning sky awash with light, with the sight of our ships, we will come into this world. No longer will there be mystery of only one life.

“We come in peace and bring with us the way of a free life and loving world. No more will the will of those who keep you in bondage prevail. “No more false flags will be perpetrated against you as a people, but love will be your way. Those who do not wish to see, hear, or acknowledge will be lost to their own world of lust and hate. So, we say look to the morning sky, feel the morning sun upon your brow. Rest your feet upon the soil that feeds and nourishes you. This is where you will see us.

“The world will no longer be in doubt their forefathers. No longer will borders divide us. As one we shall be. All races will break bread as one. We are one universe collectively becoming one.

“Many will leave your soil first. Do not mourn them. They have chosen not to be here before their incarnation. Fear not your loss for they have work to do so have you chosen your work here. Light workers as you call yourselves remain diligent in you work. Open your hearts to all who pass, for with your energy of light is to bring to them the opportunity to see. Those who returned home shall be the instrument of your work. Attunement is in the wind that surrounds you. Breathe it into your lungs. Feel your chakras align from the sun above and travel into mother earth’s energy. You are no longer a puppet on a string but floating on the energy of one. One nation no more but the universe as one.

“Come travel with us to the place where the history of who you are is about to unfold for all to see. With you will come your seed. Let it be known your harvest will be vast. The light you shine works in the energy shared by you. Before your awakening little did you know, but you shall see your work has been with you all the days of your existence from the birth of your soul.

“Hear and know will come this time of awakening of souls no longer one at a time but by the millions. Our word is being fulfilled, and you my loves are the instruments of change.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

March 22, 2017 at 1:11 AM

“This message is of the most importance for humanity to hear. All of you who walk the earth and sit on the Universal Council will deliver this message around the globe in many different ways and languages to reach every corner of the world to unite in the light

“This is the time many will not choose to see the light. They are still asleep. Do not worry for them, for there will be another emerging for them to catch the wave of light and energy. Trust in us as we trust in you. Love and light surrounds you.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

April 26, 2017 at 5:33 AM

“This day is now, we are here, and the light has opened the door for opportunity. It has begun and your fears are unfounded. We are in control once again. There will be no successful launches from North Korea. We, as we have always, intercede and causing failure. It will be known; it will be seen that our power is mighty and good. Our intentions will be made clear that the world as well as the universe will be protected from a child’s form of entertainment. Angels of the universe will stand in unison, arms outstretched, and hands joined in unity and will be seen leaving no doubt that we will not allow damage to come upon Mother Earth and her children.

Those who use the world as a war game will befall a sickness and in this sickness their eyes shall be opened to our knowledge. They will be given eyes to see visions of their own demise and their country should they continue on their path.

“This vision will be seen by all in power. They will see the senseless drive that motivates them. The world is not a video game. As the child aligned his army like a board game, we too are aligned in a protective shield for all to observe. Missiles, ships and planes will fail to move on his board game. His threats are real, but he will fail. As before we are in control, but he does not see. Many will be put to death for this failure for just as a child does not see danger or take responsibility, nor does he.

“This and has been staged for them. The child has played right into our hands so we may be revealed to humanity. This move shows the world that we are protectors, that peace, love, and light is what we bring. Those in power will see that protection of our universe is a priority.

“What befalls the earth has long reaching consequences. Everything is energy and energy travels at lightning speed with no boundaries. This is why we are to prevent such a game. If this game were to come to the wrong ending, all things on Mother Earth’s path would be altered and this cannot be. So do not fear and do not give out fearful energy. All will be well and protected. Do not allow the media to instill their fear upon you. Send out love to the universe that surrounds you, for in this universe we are watching and protecting all that is.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

June 5, 2017 (Time not noted.)

“It is here, the time of reckoning for those who have kept the dark from receiving the light. Light is greater than they who hold the light back to

dissipate the darkness. They have been given reign for centuries. They have neglected its people for far too long with their greed and lusting for the vile things that your Christ set at out to protect. As all darkness scrambles against the light so shall the light penetrate the darkness bringing the light in to brighten the darkness. When this is complete the ascension will also be complete, and the new earth will open to those who are of the light and seekers of the light.

“The new earth that those of and who seek the light is already being used. Many of you visit us there and bring back visions of its love and beauty. This beauty you see and feel is what true love is, that is what awaits you there. The landscape is pure unspoiled by the likes of those who hold back the light here and now. Once there you shall see that the things of this world are no longer needed, and peace and love is what maintains the vibration of the new earth.

“Be not fooled by those who wish to keep you here. There will be many, many you love and fill your hearts as parents, sisters, brothers, and wives, but do not let those not who are not in or seeking the light hold you back. The time will pass again giving them a chance to open their hearts to love, and for them to see the injustice they live in every day as those of the light already see and the seekers shall see. 2017, 2018, 2019 and 2020 and then the window will close to all that have not let the scales fall from their eyes or opened their hearts to the love that awaits them. 2021 will be a new year of the old earth that will make them see that that they were wrong in not seeking the light. They will live out their lives till death comes and not until then will they see and feel what true love is.

“We are the Universal Council of Light. You sit with us and oversee the new earth. You have many light workers sitting with you from all over the universe. In your slumber you are busy here with us. Soon you will have total recall of your visits and all past lives you have had with us. As you sit on earth sharing your light to raise vibrations, so do you here with us.

“It must be realized that Mother Earth is a mighty soul. Nothing can or will destroy her, not war or what you call global warming. She is and always has been very capable of caring for herself as she does for each of you. The global warming is just another way for those who live without light to steal

and take away those things you need to survive here and now. Do not be fooled by their works."

MESSAGE FROM MOTHER EARTH

June 27, 2017 Early AM (Time not otherwise noted)

"What is this that you do not understand? You are all workers in the Light. What you bring, brings the Light back to where it is absent. I do not cower but grow in my strength and protection. It is your work you have come to do that lifts me. The Light surrounds me. The cycle is near completion, but there is still much work to be done.

"The value of your work cannot be measured as there is no limit to energy. Energy is vibration. Vibration is limitless. It is the vibration of Light that lifts me. It carries me and protects me. You are all laborers of Light. You agreed to be my assistants in Light. Do not waiver. In ego you are all teachers of the heart. Each soul that is reached brings you and us closer to our mission. Plant your seeds for harvest. Continue on your own and our path. Together we will bring peace on earth. Many have and will continue to come when the path is chosen.

"Those who came first are returning to assist in this time in their souls' journey. You shall all go home to rest, but as before, you will return to see your harvest. When your soul began you chose your purpose. This is your purpose. You are all farmers here to plant the seed of Light to all those who have returned in the state of amnesia. You agreed together as your paths cross in divine time you shall awaken them. There is no coincidence in this meeting. The sense of familiarity is known by you and in your soul.

"Many generations have passed and are behind you and your timeline. You each have provided Light in that timeline. You chose to do this in each life span. Your cover will return to knowing as you enter a new generation to

continue your work. Rest is not in your job description. Many say they will not return once this life is completed, but your agreement is always understood once you return. Your work is the finest work on earth. It travels far beyond your human sight. You are blessed to see the fruits of your labor when you go home, and you are always eager to return for a new season of awakening others.

“Go. You are blessed in your work. I am honored to have you as my co-worker in and of the Light. My energy helps you move forward on your path. Let it be known you may call on me to help and assist in any desire of your work. I am alive just as you. Together we are I AM. Peace be with you. Mother Earth.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

February 9, 2018 1:11 AM

“It is upon us. We are alive and well. Thank you for the love and support you are giving us with your trust. You allow us to channel through your being, and we are able to spread light where there is lack. Your work reaches far beyond human ability to see. The universe is not even the limit to distance traveled.

“Here it has begun within each vessel of light. You have been called. Many have answered that call. Many are awakening to the call. Time is now. The next few years as you live in time more and more will continue to awaken to their life plan. By your collective work and deeds, each of you bring something to this party. As in life you first make the plan, then, gather all needed materials to implement and bring into play timing. This is what you are doing. The light workers you call yourselves. The universe is at play watching the unfolding, awakening and activation of the workers. It is time to expand your reach. Step out into your divine purpose. Allow the energy to flow. You are divine beings living a human life for this purpose. Each of

you have been given steps in your path, take them, not by fear to hold you back. Realize you came and awoke here in this time, millennium period, to do this. Your life plan was not a mistake. Use your ability to expand the light. We are working with you, we contracted to work with you, just as you contracted to work with us.

“You ask who we are? We are all things, we are your higher self. We are the universal light. We are even the dark because we are all there is, without us there is no you. With that being said, why should you fear or deny what you chose this time in history to be here on mother earth? Many allow the brain - ego to hold you back. Why?

“You are reading our message in clear words from your wisdom collectively held in and by you, and we repeat for your clarity, your higher self. Trust that you are ready, or we would not be speaking these words. Each will know as you read or hear these words, we speak to you. You already have your next desire in your heart. You are being joined with your higher self to implement your plans. Your party can be the cat’s meow! If you trust, let your higher self guide you each step of the way. It is truly that simple. No fear is needed when you realize and accept the truth. The truth has no fear. You, yes you, your vessel accepted your chosen work. Make out your invitations. Put them in the mail for the time has arrived. All that is needed are instruments and party favors.

“We are you. We surround you. A new steppingstone on your life path has appeared. We are the Universal Council of Light, channeling through Mother Earth to move you forward on the path you designed for this your incarnation. We also see guidance. Your team is with you. Trust and move forward. Much love, light and guidance to all.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

February 23, 2018 at 3:33 AM

“WISDOM. Wisdom is the light that carries all things. You must only trust to give this light passage. Once the passage of trust is established there are no more boundaries to where it will go. When the doors have opened within your soul, travel becomes the way.

“Light is vibrational. Wisdom of the soul consciousness is released into the now of life. Wisdom comes from all forms of vibrations. Vibrations move the light up, out and upon all things. There are no mistakes, not from above, beside, below, or around us. Use your wisdom for all that is in you has come in divine time. Wisdom flows like the light of the sun upon the mountains, valleys, rivers, and oceans. It flows upon the plains and wheat fields. No boundaries limit its power to give life, and so is your wisdom of all that is. As the wheat grows so does your wisdom. You have reached your awakening. Your path is clear. Your wisdom of all that you are and all that you will be has moved into your now consciousness in your wisdom. The vibrations of that wisdom are free to flow and take flight taking you into the next phase of your agreement you came to do.

“Your task is simply to let your wisdom guide you. Do not let worldly wants, needs or desires hold you from that. All things will be provided for your comfort and needs. Again, trust is your key to delivering into your contract with us. If you look into a clear sky do you see the wind blow? But you feel the wind upon your face. So is trust in your heart and your heart be your wisdom. Live and from your heart. Let your mind give way to your wisdom so that light vibrations flow upon the wind you do not see. Let them carry on into the universe to fill it with light for all who are ready to hear, feel, see, and absorb that light into that place to release their wisdom and so it flows.

“The web is connecting around the earth. Each light becomes a beacon for another illuminating another beacon. Once all beacons are filled with wisdom, they shall grasp hands joining in their solidarity of all wisdom to move Mother Earth into her higher consciousness creating the vibration of pure love upon her. We are the Universal Council of Light channeling through our, your sister, of love.”

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

March 11, 2018 at 3:23 AM

“What is this thing that is approaching unto us? It is the energy of the universe that will bring all light workers into their full potential to move through all that no longer serves them or humanity. Many of you feel time has been accelerated by universal energy, allowing new energy to replace the old. The new energy will move into place for the work to be done. Many may be a geographical move. You each are a beacon of light. We will send or place you where your beacon will best serve to benefit the whole universe and Mother Earth.

“The work that is being done at this time and forward is critical to all from around the globe and beyond your ability to see. More and more will leave to work on a universal level. Those things many will understand was their souls’ purpose. They will move into a different dimension to complete their souls’ mission to awaken those who cannot see.

“The matrix is not what all think it to be. The matrix is a web that is placing the workers about, not only the earth, but again the universe. When all light workers have awakened and moved into place is when the shift will be complete. Each and every one of you are integral parts in order to move. No one is less or greater but equal in your path.

“We from the Universal Council urge all of you to move from your comfort zones. Step into your light, and allow that light to shine upon all who are near you. Follow your intuition. Allow it to guide you and move into this time to awaken others. The speed of time continues to increase with each new light worker who awakens under his path. We stand on the horizon of change. Do not slumber through, take mighty leaps forward. Your work just became greater but lighter to carry. It is that light that your light will carry all into the next global awakening movement. Remain committed. Do not

allow the color of night to step into or on your path, for its goal is to stop you from the path you incarnated to walk. Do not allow it to cast doubt or pitch workers against one another to dim the light. Embrace, love and support each other. Clap your hands in love as we join unto each other is how the web is made complete. The universe longs for this completion in order to move into the love, light and balance Mother Earth needs as she rotates on her axis moving into place for only love, understanding and compassion, thereby allowing once again universal help upon the earth in a way that all can see with their own eyes."

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

August 5, 2019 at 5:30 AM

"They come at you from all directions and, yes, this too is a message. Universal messages from Earthlings and other forms: Pleiadians; Arcturians; Sirians; Andromedans, from many unknown planets and galaxies are sent. We, the Universal Council of Light, use many vessels to move forward that which you need to embrace, but we ask you to use your own discernment in these messages. Each of you are on a different path at any given time. Each of you are in your own awakening evolution and not all messages are for all souls held within your vessel. Each soul is to receive that which each soul is ready for. The Council of Light, is a collective of each living planet including earth. Many earth souls join in our Council to bring into light the messages to be uploaded to humanity we ask that if all messages do not resonate with you, know they will when your door will open to accept that which has been waiting for your understanding.

"Much about humanity is and will be disclosed. Many will be shocked to the very cores of their beings. We ask that you guard and protect yourselves with the light of love, for not all humans are capable of such atrocities that shall spill forward for all to see. The U.S., U.K., Arabic Nations, Congo,

Australia, Russia, China, and many countries around the globe and beyond to include other life forms are playing their parts in these atrocities. The Vatican and many other religious sects all contribute with the innocence of children. The depth is beyond comprehension of those who are living in their hearts.

“Protection of the heart space is what your language of light has been activated for within you and it comes in many different forms. Use them to soothe the pain that the disclosure will bring. The time is nearing for much to be revealed. Do not turn a blind eye or closed mind to the unveiling of facts and evidence allowing you to see and feel just how deep these atrocities run. The atrocities can only be stopped by disclosing the horrific details of what and how people of power are controlled.

“Forget not that even the shining star will tarnish if sunk into the depth of mud. But, also, it is the tarnished star that can bring the depth of mud to the surface to see the light revealed of the underground atrocities happening around your world and universe. We ask you to begin to prepare yourself for what becomes knowledge as the first evidence begins to flow and be revealed. Bravery will bring this to light. Many will die as they play their part. As so many have. Not just at this juncture but in times past.

“The Council of Light has worked very hard to put into power those who are strong enough for the fight against the dark side of power and humanity. They need to be put in a place of protection and power to bring this to light.

“Many nations are involved in this dark side of the soul. We ask that you use your light to protect this message that will be revealed without doubt. Many things are moving towards this total reveal that you cannot see. We ask you to trust in us to make it known to all so all the darkness may seep into the light. This journey will be painful for the heart to fathom and for those who only wish to close a blind eye to truth they cannot bear to see. Do you not be. It is time to use all the tools and abilities you have activated within you to fight and protect yourself and others. Shine your light on all you do and all who pass your way. Do not let the waves of the ocean of emotions drown you out, stand tall, ground yourself, and use love to light your way. Call out in your light language when there are no human words to light your way or soothe your soul when you seek understanding.

“We bid you well. Always remember your soul made the choice to be here at this time to use your light to protect others, to help them see their choices also. Use your light and love for others as this path begins to roll out. You are strong and know your light can shine in the darkness. Allow yourself to understand this is all part of the evolution of earth as well as the universe.”

[LINDA LEE’S NOTE. I received this message on the date indicated, but pondered as to whether or not to post it on my website. Then things started to be revealed to the world about Jeffery Epstein’s alleged activity in the United States and other countries involving pedophilia and sex trafficking. I decided that this message needed to be shared even though I felt it would cause a heavy heart in many. It was posted on my website on 08/24/2019, and is included in this book as an example of the darkness light workers are challenged to overcome.]

MESSAGE FROM THE UNIVERSAL COUNCIL OF LIGHT

August 24, 2019 (Time not noted.)

“We come to you with words that will cause you much deliberation in your heart and mind. Much will be coming to light soon that will cause much distress through the world. Those who have been fooled into believing you are alone here in this planet will soon have the knowledge shared with you that we are not. Stay in your heart knowing this has been planned, and life as you believed to be is not.

“You will be made to see who you are, and freedom is soon to be the norm for the people of the earth as it was intended to be. Those who stand in the dark will begin to see. Many of our earth children have already begun to see the truth in their hearts. They know of the control that has been here for more than decades. It is millenniums of time. The creature you could have

been was taken away from you for greed, lust, and satanic reasons to feed the soul of control.

“The light workers who volunteered to come to earth in this generation and those who are coming in now, are those who hold and carry the light that will overcome the control of humanity. They have been and will be guided to seek the truth, and as is said, the truth will set you free. The truth that you are a sovereign being born to be free to love and bring the heart and soul of every one of you into the light.

“It is with great honor that we along with many other Councils will be guiding you through the months and years ahead. Many will be called upon to help carry humanity’s burden. This truth will be set into action. Be strong as you help guide others to see and accept the truth to be unveiled before your heart and soul. You agreed to be the way-showers. You have been guided to seek and see this truth. Time is now to step back from the darkness of this knowledge for many of you, to retreat back in to the light you carried into the vessel you now reside in for your work and reason has come to fruition at this time.

“All of the Councils are joining together to usher in the truth. This will not be disclosed in small increments any longer. It will come in as that of a storm with the fury and energy that can no longer be denied. Many will fall and you can be sure that this is their purpose for they are preparing for their return to help put life on earth into place with the freedom to live without persecution. Humans have been the sacrificial lambs to the power that controls. Your value is only to give them their own ugly love for power and control. You are expendable for their power and greed. That is why you have been corralled into the land of the sheep herder.

“Even our channeler has fallen prey to the mind control they have over you. She was asked about the 911 incident while channeling and because her mind could not conceive that the government could be responsible for these atrocities against humanity. She blinded herself to the true image she was given to answer the question asked of her. She could clearly see in those images the wires that helped transmit the energy to cause such destruction against humankind from those who call themselves our protectors. Even those who carry the golden light within still have a hard time allowing the

truth to be told when that truth is weighed down with the knowledge that humans from every country through the earth have and just are play things on a chess board to those in control. You can be extinguished within one heartbeat for their pleasure and greed. You are the lambs. It is your blood they seek to fulfill their needs to continue the power over human life. This will come to the end for them. It is the light of the Angels, you the workers that have come to merge with the darkness to bring into our light so humanity can be free to be the race of the earth.

"Meek is the lamb, known for the resurrection, tenderness and innocence. You are their herd to be used for their desires, regarded as a symbol of purity and sacrifice."

When this last message was received, Linda Lee was compelled to recall and transcribe the following verses from the Bible. So it is written: Matthew 5:5 "Blessed are the meek: for they shall inherit the earth." Psalm 37:10 "For yet a little while, and the wicked shall not be…" Psalm 37:11 "But the meek shall inherit the earth and delight themselves in the abundance of peace."

Linda Lee and I have had long discussions about the senders of the messages set forth above as well as the messages' subject contents. Our conclusions required some synthesizing of our understandings of word definitions, sentence structure and meanings to be attributed to obvious parables or metaphors. However, if we had differences between us regarding any of the aforesaid matters, the following synthesis rightly reflects the understandings of Linda Lee.

The message senders in some cases are without controversy. God and Source are deemed synonymous for Creator. The Universal Council of Light is composed of the highest order of spirits throughout the universe. The unidentified senders may be one or the other of the aforementioned senders; but may also be from other interested entities. Mother Earth has always been considered to be the keeper of all things natural on earth with an ability to communicate spiritually.

The message subject matters are concerned almost exclusively with "light" and "darkness" on earth at the present time period. The references to light

embody the universal concept that mutual love between all humans on earth is the foundation or key to universal peace. Darkness includes almost everything that is the antithesis of light, including but not limited to: criminal or antisocial behavior; wars of every scale; subjugation of races or tribes; control of populations preventing expression and actions of people based on their free will; actual or unintended negative consequences by governmental or private sector corporate action; and coming to the surface in today's news, burgeoning trafficking of children and women for personal gratification.

"Light workers" referred to in the messages are these people on earth, past present and future who have been awakened to and accepted the need to spread the light message around the world. These messages seem to affirm that this need is part of the soul's contract for light workers at the time of their incarnation. There are references to light workers going home or departing. While this could be interpreted as light workers stopping or abandoning their mission, that is clearly not the case. What is meant is that light workers, as humans, die at the end of their contracts and cross over into the spirit world. There is a strong inference that upon reincarnation those souls return to earth to continue a path and mission as light workers.

The messages continually repeat the urgency of spreading the light to all parts of the world. This is not surprising given the present state of darkness around the globe. There are numerous references to a crucial date or time period which is targeted for the work of the light workers to be completed for the benefit of those in dark as well as those already awakened to the light. The deadline, if it can be called such, is in the near term, no matter how the time frame is determined from references in several of the messages. The messages warn that if those persons constituting the darkness are not awakened to the light movement, dire consequences will befall them.

With the present over all circumstances attributed to conditions comprising the darkness at this moment in time on earth, it is doubtful from a practical standpoint, that the full mission of the light workers will be fully accomplished in the time prescribed by the messengers. However, it is also made clear that at another time in the future, with the continued work of the

light workers, those in the darkness will have another opportunity to complete their ascension from the darkness into the light.

The messages set forth above can be interpreted as having been sent to more than one person, Linda Lee, and, presumably, other light workers. But, referring back to the Universal Council of Light message of March 22, 2015, it appears more to be more personal. The Council refers to Linda Lee "sitting at our table" and being "a valuable asset to humanity and all of the universe." The message goes on to say, "We honor you and thank you."

CHAPTER 27

SOME OF LINDA LEE'S PAST LIVES REVEALED – ALBA WEINMAN SESSION

Since the earliest days of philosophers Plato and Socrates, the "why" and "purpose" of man on earth as individuals and collectively has been debated and theorized right up to the present day. Mixed in with this debated issue are death and the afterlife. These latter issues of death and afterlife have been the subject of many of the earlier chapters of this book. The above former issues of the why and purpose of man are profound and will not be a topic of debate in this book. However, the issues of death and afterlife leave open for more discussion the subject of the past lives of presently embodied souls following reincarnation. Dr. Newton discussed this issue in his books about his investigation of spirit life between lives, which were the subject of Chapter 5 of this book. Indeed, Dr. Newton and other hypnotherapists have used past life regression therapy for several years to alleviate patients' present anxieties and other issues.

Psychics and mediums have developed an increasing interest in past life investigations, not for therapeutic value, but for affirmation of psychic/mediumship constructs of the existence of past lives and the ability to presently contact past life individuals who were the predecessors of present day living persons. As one incarnates or reincarnates on earth its soul does not have any knowledge of its prior lives. It is frequently said that the soul, in its new human vessel, has amnesia, and is starting fresh on a new path of betterment by experiencing new challenges of predetermined origin without knowledge of the past.

One of the most gifted hypnotists engaged in this endeavor is Alba Weinman of Miami, Florida. She has interviewed clients around the world and video/audio recorded their descriptions of their prior lives while in hypnotic trances. Linda Lee was fortunate to have the opportunity to become a client of Ms. Weinman, and she had a session with Ms. Weinman

to explore her prior lives. Set forth hereafter is the complete unedited transcript of the dialogue between Linda Lee in hypnotic trance and Ms. Weinman. Readers should understand that the voice of Linda Lee is describing her prior lives, but sometimes the person in that prior life, in speaking, asks that "Linda" be told certain things. This juxtaposition must be kept in mind in those instances.

TRANSCRIPT OF LINDA LEE'S PAST LIVES REGRESSION

WITH ALBA WEINMAN

Alba Weinman: Trust your first impression, what do you see in your mind's eye?

Linda: I'm under the willow tree.

Alba Weinman: Mm-hm, I'm under the willow tree. Tell me about this willow tree. What do you do there?

Linda: It's my safe place.

Alba Weinman: Mm-hm.

Linda: I sleep under the willow tree.

Alba Weinman: Mm-hm. Tell me more.

Linda: It's where I go to be safe, to be alone.

Alba Weinman: Mm-hm. So what brings you to the willow tree today? What information is at this willow tree?

Linda: This willow tree knows my origins.

Alba Weinman: Mm-hm. What are these origins? Where are you from?

Linda: Someplace I have to jump.

Alba Weinman: Mm-hm.

Linda: Each time I jump, I jump higher.

Alba Weinman: Mm-hm. Do you have a body when you jump?

Linda: I'm not sure, I think so.

Alba Weinman: Mm-hm. Well, let's take a moment now to see what type of body you have that allows you to jump. What do you envision yourself to look like?

Linda: It's me as a little girl.

Alba Weinman: Mm-hm.

Linda: But I'm not really in my body when I jump, my body is still under the tree.

Alba Weinman: Mm-hm. Very good. So let's find out now, what happens when you jump this time?

Linda: I fly.

Alba Weinman: Let's see if you can fly even further than before. Allow this to happen now.

Linda: I…I'm afraid to leave the safety of the willow tree.

Alba Weinman: Mm-hm. Let's ask the willow tree if it…would allow it to help you with this jump.

Linda: I’m afraid I’m going to fall off.

Alba Weinman: Mm-hm. Now if you jump, where would you fall?

Linda: Out into the universe.

Alba Weinman: Mm-hm. Let’s find out why you have this fear of falling off. Has this happened before?

Linda: No, [be] cause I was always too smart.

Alba Weinman: Mm, well today I’m with you and there’s no way that I’ll let you fall. Would you allow me to go with you?

Linda: Yes.

Alba Weinman: Very good. So I’m going to now go with you as you jump and I’ll be right by your side. So go ahead and tell me what we need to do to jump into the universe.

Linda: <Inhales sharply> We’re sitting…we’re sitting on the edge of a black hole.

Alba Weinman: Mm-hm.

Linda: I can feel my feet dangling into it.

Alba Weinman: Mm-hm. What do you see around this black hole?

Linda: Stars.

Alba Weinman: Stars.

Linda: Lots of stars.

Alba Weinman: Mm-hm, and why have we gone to the black hole today? What's there?

Linda: Knowledge.

Alba Weinman: Knowledge, very good. Are you ready to find out some knowledge today?

Linda: Yes.

Alba Weinman: Alright, so let's begin. I'm going to count from one to three and together we'll jump on the count of three. One, two, and three. Be there.

Linda: Oh!

Alba Weinman: Mm-hm. What do you see?

Linda: Oh!

Alba Weinman: What's happening?

Linda: I'm floating.

Alba Weinman: Mm-hm. I'm right behind you.

Linda: It's like I have no weight at all.

Alba Weinman: Mm-hm.

Linda: I'm just floating.

Alba Weinman: How does that feel to float?

Linda: Feels good.

Alba Weinman: Mm-hm.

Linda: There's no weight to me at all. It's almost like there's no body anymore.

Alba Weinman: Mm-hm. So now that you don't have a body, let's find out where we need to go to find this knowledge. Where do we go to next?

Linda: It's like a garden.

Alba Weinman: Mm-hm. Describe this garden for me.

Linda: There's lots of sunshine…

Alba Weinman: Mm-hm.

Linda: But it's not sun, but it looks like sun. It looks light, it's…it's brighter than sun but it doesn't hurt me. Just lots of light and beautiful flowers and grass…

Alba Weinman: Mm-hm.

Linda: And paths. And there's lots of other people here but…

Alba Weinman: What do they look like?

Linda: Some are very, very tall.

Alba Weinman: Mm-hm.

Linda: Some are very small. They're wearing white gowns but it doesn't look like they really have a body.

Alba Weinman: Mm-hm. What about you, the observer of these beings. What do you look like here in this garden?

Linda: <Chuckles briefly> Just a beam of light.

Alba Weinman: Ah, what color is this light?

Linda: White.

Alba Weinman: Mm-hm. So as this beam of light, you can go anywhere.

Linda: Yes.

Alba Weinman: Let's find out where this knowledge is in this place.

Linda: I see the building of knowledge.

Alba Weinman: Mm-hm.

Linda: It's very tall. It has lots of windows but it doesn't really seem to have a structure to it. It's strange.

Alba Weinman: Mm-hm. What's it made out of?

Linda: I don't know. It's almost like…it's almost like it's there but it's not there but…it's like, um, almost like a school or something

Alba Weinman: Mm-hm.

Linda: But it's…the way it's made is strange.

Alba Weinman: What color is it?

Linda: It's almost like it moves.

Alba Weinman: It moves? Hm.

Linda: Yeah, it's…like it's flexible.

Alba Weinman: Hm.

Linda: It doesn't…it's not made of steel and iron the way our buildings are made now.

Alba Weinman: Mm-hm, and what color is this structure? Does it have one?

Linda: It's white, too.

Alba Weinman: Mm-hm.

Linda: It’s a soft white color though, to define it against the light.

Alba Weinman: Mm-hm. So how do you get inside of this building of knowledge?

Linda: Easy. You just fly in.

Alba Weinman: Mm-hm, so let’s see…

Linda: There’s no windows or doors.

Alba Weinman: See where you go. Allow yourself now to be in the building.

Linda: I’m looking for an elevator but there doesn’t seem to be one because I want to go upstairs.

Alba Weinman: Mm-hm. Well let’s see if you can…

Linda: Oh! I’m there, I just had to think about it.

Alba Weinman: Uh-huh. So your intention takes you to where you need to go?

Linda: Yes.

Alba Weinman: What's upstairs?

Linda: This is a class, like a classroom.

Alba Weinman: Mm-hm.

Linda: There's places…there's places to sit like desks and there's somebody at the head of the class.

Alba Weinman: Let's find out who that is.

Linda: Ah, teacher of knowledge.

Alba Weinman: Mm-hm. Was he expecting you?

Linda: Yes.

Alba Weinman: Mm-hm. Who else is in the class with you?

Linda: Just me.

Alba Weinman: Alright, so let's find out what the lesson is today.

Linda: He says, "You are here to learn your path."

Alba Weinman: Mm-hm. What else does he say?

Linda: We're here to remind you of your choices. He says, "You are where you are supposed to be. You are mindful and curious."

Alba Weinman: Mm-hm.

Linda: He tells me, "Not all things are to be known in advance…but we can share some things."

Alba Weinman: What are we here to share today?

Linda: "The questions you have of your light language."

Alba Weinman: Mm-hm. Is he willing to give you the answers today?

Linda: Yes.

Alba Weinman: Very good. Now the question that she brought here today was one that we haven't seen already, which is about past lives. Are you willing to share information about her past lives?

Linda: Yes.

Alba Weinman: Mm-hm. She wanted to know which past lives she's had that most relate to her current life in her use of the light language. Can you show her a picture in her mind of this life?

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: It's during Christ time.

Alba Weinman: Mm-hm. Tell me what happened there.

Linda: It's, uh, very dusty.

Alba Weinman: Mm-hm.

Linda: It's, uh, the buildings are like sand. Like sandstone. They all have, like, rounded arches. The street is narrow. People are crying. <Starts to cry> They're very upset.

Alba Weinman: What's happening?

Linda: <Crying> It's Jesus.

Alba Weinman: What happened?

Linda: <Crying> He's being beaten. Everybody…everybody's upset.

Alba Weinman: What are you doing there?

Linda: <Crying> I'm with his mom.

Alba Weinman: What is your name there?

Linda: <Crying> My name is Mary.

Alba Weinman: Mm-hm. Mary, what's happening?

Linda: <Crying> They're going to crucify my son.

Alba Weinman: What happens next, Mary?

Linda: <Crying> Oh…oh…they didn't tell me.

Alba Weinman: Who didn't tell you, Mary?

Linda: <Crying> God didn't tell me. God didn't tell me he would have to die this way.

Alba Weinman: Does God tell you everything, Mary?

Linda: <Crying> I thought so.

Alba Weinman: Mm-hm. How does God communicate with you, Mary?

Linda: <Crying> He talks to me.

Alba Weinman: Mm-hm. So how do you feel now that he didn't tell you this?

Linda: <Crying> I understand.

Alba Weinman: Mm-hm.

Linda: Because it would be horrible to know.

Alba Weinman: Mm-hm. No mother wants to know that in advance, do we?

Linda: <Crying> No.

Alba Weinman: Mm-hm. So what does God tell you now?

Linda: <Crying> He says…he feels no pain, he's protected.

Alba Weinman: Mm-hm. What about you?

Linda: <Crying> My heart. My heart.

Alba Weinman: What happens next?

Linda: <Whispering> He tells me he's not going to die.

Alba Weinman: Mm-hm.

Linda: He's not going to die, he's coming back.

Alba Weinman: Mm-hm. How does that make you feel?

Linda: <Takes several deep breaths> Oh. Relief.

Alba Weinman: Mm-hm.

Linda: Relief.

Alba Weinman: How does God tell you this?

Linda: I hear him.

Alba Weinman: Mm-hm. What else does he tell you?

Linda: He wants me to know that my son's soul was created for this. <Crying>

Alba Weinman: His soul was created for this.

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: <Crying> That it was a path he chose.

Alba Weinman: It doesn't make it any easier for you.

Linda: No. But he's going to live. God tells me that he will live forever <crying> in the hearts of man far beyond anyone's understanding at this time.

Alba Weinman: What is your role in this, Mary? How was it that God chose you to be his mother to endure this?

Linda: I was favored.

Alba Weinman: Mm-hm.

Linda: I chose love. I lived a life of love…and purity…and honesty. But it was not an immaculate conception.

Alba Weinman: Hm. Tell me more.

Linda: I was told I would bear a child. I was told the child would be the king of man. I was told that Joseph would be the child's father, but he would not play a role as a father does.

Alba Weinman: Did you understand this, Mary?

Linda: No.

Alba Weinman: Do you understand it now?

Linda: Yes.

Alba Weinman: Tell me about what role he played.

Linda: He planted the seed and he fathered him. He fathered all my children.

Alba Weinman: How many children do you have, Mary?

Linda: Five.

Alba Weinman: Mm.

Linda: Three boys and two girls.

Alba Weinman: What are their names, Mary?

Linda: Yeshua and James. Anna, I think. I think two of them have passed.

Alba Weinman: Mm-hm.

Linda: One child, male. I think we called him Peter. Peter is the name I hear. I hear Madelyn but that doesn't seem right.

Alba Weinman: Mm-hm. So let's find out some more, Mary, about your communication. What does God tell you now?

Linda: Just like Jesus, I will be born over and over and over again.

Alba Weinman: Mm-hm.

Linda: That we all have and will have eternal life.

Alba Weinman: Mm-hm.

Linda: Eternal life…is like a secret.

Alba Weinman: Mm-hm. Tell me why.

Linda: Because people don't accept it. People feel that a body dies, that the soul goes with it

Alba Weinman: Mm-hm.

Linda: But it doesn't.

Alba Weinman: So Mary, I'd like for you now to close that scene and let's go to the last day of your lifetime. Tell me where you are.

Linda: I’m in bed.

Alba Weinman: Mm-hm. Who’s with you there?

Linda: James.

Alba Weinman: Mm-hm. Tell me what’s happening.

Linda: He’s telling me I can leave.

Alba Weinman: Mm-hm.

Linda: He’s saying, “You lived a very long life.” He’s honoring me.

Alba Weinman: Mm-hm. So Mary, take your last breath in that lifetime. Allow yourself to transition out of that body and as you leave that body, tell me what happens.

Linda: <Deep breaths and a smile> I’m truly home now.

Alba Weinman: Mm-hm. Who’s there with you?

Linda: Yeshua's here.

Alba Weinman: Mm-hm.

Linda: Peter's here. Margaret. Margaret.

Alba Weinman: Mm-hm.

Linda: God. God Source, oh my. It's like…it's like I'm a piece of God Source being placed back in to where I came from.

Alba Weinman: Mm-hm. Like a piece of the puzzle.

Linda: <Nods head and takes a breath>

Alba Weinman: And how does that feel?

Linda: So much greater.

Alba Weinman: Mm-hm. So Mary as you're now reconnected with God Source, how are you influencing the life of Linda?

Linda: Her work.

Alba Weinman: How do you influence her work?

Linda: Love. Love. Linda loves like I loved.

Alba Weinman: Mm-hm. Has she met with challenges in her life to express that love?

Linda: <Nods head> Yes.

Alba Weinman: Mm-hm. What else do you do?

Linda: I guide her on her path.

Alba Weinman: Mm-hm. What is her path right now?

Linda: To bring light…

Alba Weinman: Mm-hm.

Linda: …into the universe as I am light in Source, so is she light to the universe.

Alba Weinman: Mm-hm.

Linda: She is a beacon of light.

Alba Weinman: So when she is on this planet, how is her body distributing this light?

Linda: She is a golden light for all to see.

Alba Weinman: Mm-hm.

Linda: They seek her out. Spirits can find her very easily.

Alba Weinman: Mm-hm. What happens when the spirit finds her golden light?

Linda: Many of them want to make contact.

Alba Weinman: Mm-hm.

Linda: They also want to help in the ascension of Mother Earth.

Alba Weinman: Mm-hm. How are they helping?

Linda: With their light.

Alba Weinman: Mm-hm. So she is a gatherer of light also?

Linda: Yes.

Alba Weinman: Mm-hm. Now she also uses a light language.

Linda: Yes.

Alba Weinman: Can you tell me about that?

Linda: She speaks every language of the universe. Every language that has ever been spoken, she speaks.

Alba Weinman: Mm-hm. For what purpose would she come into this incarnation speaking all these languages?

Linda: To communicate. To send love.

Alba Weinman: Mm-hm.

Linda: To awaken. All those who hear her language are moved.

Alba Weinman: Mm-hm.

Linda: Are awakened. She…passes her ability on to them.

Alba Weinman: Mm-hm.

Linda: She is like a pyramid that spreads out throughout the universe.

Alba Weinman: Mm-hm. Now, this use of this light language. Is it associated also with the return of the Christ consciousness or is it the ascension?

Linda: It is Christ consciousness.

Alba Weinman: Mm-hm.

Linda: In itself.

Alba Weinman: Tell me more about this.

Linda: It is Christ consciousness that travels through her vessel and speaks.

Alba Weinman: Okay. Now you've told her before that she's supposed to use this light language. Does she consciously know and is aware of what she's agreed to do with this language?

Linda: <Nods> Yes.

Alba Weinman: Mm-hm. So, did she agree, before she was born to do this or is this because she carries an aspect of you?

Linda: Both.

Alba Weinman: Both? Mm-hm. What was the agreement exactly?

Linda: That she would be a beacon, that she would be a light. That through her light language abilities, she sends energy out into the universe.

Alba Weinman: Mm-hm.

Linda: Once spoken, never returns.

Alba Weinman: Hm.

Linda: Continues to work whether she speaks her light language for herself or others, the power is still the same.

Alba Weinman: What is this light language encoded in? What does it have?

Linda: It has the power of Christ consciousness.

Alba Weinman: Mm-hm.

Linda: All things are possible with light language.

Alba Weinman: So when she's using this light language, can she heal?

Linda: Yes.

Alba Weinman: Mm-hm. How does she do that?

Linda: She doesn’t quite understand that yet.

Alba Weinman: Mm-hm.

Linda: That’s to be revealed.

Alba Weinman: Okay, not yet.

Linda: Not yet.

Alba Weinman: Mm-hm. And, is there a way she can strengthen the impact of this light language, or does she just transmit it?

Linda: She is the vessel…

Alba Weinman: Mm-hm.

Linda: …that carries. There is nothing for her to do but allow it.

Alba Weinman: Okay. And if she doesn't allow it, what happens? Does it weaken?

Linda: No.

Alba Weinman: No.

Linda: No. Never will weaken.

Alba Weinman: No. Now, she's been told that, um, she's learned from other incarnations as Enoch or as Metatron. Can you enlighten me on that?

Linda: She has aspects of all.

Alba Weinman: Okay.

Linda: She has aspects of all.

Alba Weinman: Mm-hm. And Enoch was a messenger.

Linda: Yes.

Alba Weinman: Mm-hm. So is she being a messenger now?

Linda: Yes.

Alba Weinman: Mm-hm. And this light language that she speaks, is it different than any other light language? Or are there similar light languages? <Brief pause> For example, is there a universal light language that she is projecting out?

Linda: There is a universal light language. There is light languages from all who speak.

Alba Weinman: Mm-hm.

Linda: Hers, however, is Christ Consciousness.

Alba Weinman: Mm, okay.

Linda: Christ Consciousness is what heals the world. Not just the world, though, the universe.

Alba Weinman: The universe. So why is it needed at this time? What's happening at this time that's so important?

Linda: The awakening.

Alba Weinman: Mm-hm. Can you explain what this awakening is?

Linda: We are awakening all the souls that have come at this time to be on Earth. The consciousness, Christ consciousness, is being spread throughout the world, in all corners of the world. As the light language begins to be spoken throughout the world, it raises the vibration.

Alba Weinman: Mm.

Linda: It raises the vibration of not only of the Earth <crying> but of the entire universe.

Alba Weinman: Is that why all of these souls are here right now?

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: <Crying> And many…many of them who have not fulfilled their destiny are now returning back to Source…

Alba Weinman: Mm.

Linda: …and returning again.

Alba Weinman: As children?

Linda: Some are coming as walk-ins.

Alba Weinman: Mm, okay.

Linda: Some are coming as children for the next wave but many are leaving because they are not filling their destiny. They're not committed to their path…

Alba Weinman: Mm-hm.

Linda: …so we are calling them home. They are coming home.

Alba Weinman: How are these people coming home, these souls?

Linda: Death.

Alba Weinman: Death.

Linda: Physical death.

Alba Weinman: Mm-hm. Will it seem natural to a person that they die?

Linda: No, not always. Some take their own lives.

Alba Weinman: Mm-hm.

Linda: Some of them are coming home because of mishaps…

Alba Weinman: Mm-hm.

Linda: …sickness.

Alba Weinman: Okay.

Linda: Sudden illness. <Crying> Many…many will be coming…many will be coming from the…this new…this new flu that's going around.

Alba Weinman: Mm.

Linda: Many…many will be transitioning.

Alba Weinman: This new flu, was it created for this purpose?

Linda: No. But it's being used.

Alba Weinman: Mm. Who's using this flu?

Linda: Source.

Alba Weinman: Source is.

Linda: <Nods> To call home.

Alba Weinman: So it's divinely guided.

Linda: Yes.

Alba Weinman: Okay. So once we know that someone has died of this flu, it means that they are called back home.

Linda: <Nods> Yes.

Alba Weinman: Mm-hm. And is the soul in agreement with this?

Linda: Some.

Alba Weinman: Some.

Linda: Yes, but most of them are coming home because they have not fulfilled their destiny.

Alba Weinman: Okay.

Linda: They're…I don't know how to explain it. It's like, Linda is fulfilling her destiny.

Alba Weinman: Mm-hm.

Linda: Others are caught up in…<sharply exhales> they're showing me something. It's like I have light and I have dark and they're merging together.

Alba Weinman: Mm-hm. What does that mean?

Linda: <Exhales deeply> It feels like they're trying to tell me that many souls who will be returning, uh, are caught up in the dark.

Alba Weinman: Mm-hm.

Linda: And, like, they've lost their way.

Alba Weinman: Okay.

Linda: They've lost their purpose.

Alba Weinman: Mm-hm. So once they get home, do they see what's happened and return?

Linda: They're given the opportunity to come back and finish.

Alba Weinman: What happens if they don't take that opportunity? What happens to them then?

Linda: We won't really know until they come back.

Alba Weinman: Mm-hm.

Linda: Because while they're here, they see. But while they were here before, they could see.

Alba Weinman: What are they seeing?

Linda: Before they came…

Alba Weinman: Mm-hm.

Linda: …they saw. They planned their path, their destiny.

Alba Weinman: I see.

Linda: When they are here, those that are here now who have not fulfilled that path and destiny will go back. They will see that they were not but because they always come back with free will… <crying>

Alba Weinman: Mm-hm.

Linda: <Crying>…they can decide to help or not.

Alba Weinman: Mm-hm.

Linda: We hope they will.

Alba Weinman: Now, many on Earth right now are wanting to go home.

Linda: <Nods>

Alba Weinman: They don't want to come back. What do you tell them?

Linda: <Chuckles> That's so cute. That's cute because when we're living our life on Earth here now, we are experiencing those things we created for our path. Many of those things are distasteful things, painful things, with the human emotions and abilities to feel. Good, bad, indifferent. But when they go home, it just is. They view this life so differently when they go home. They understand that and are eager to return to learn more.

Alba Weinman: Mm. So nobody forces them back?

Linda: No. It's their choice.

Alba Weinman: Mm-hm.

Linda: Always their choice. And they don't have to come back to Earth. They can stay or they can go to other universes

Alba Weinman: Mm-hm.

Linda: But when they have been here and go back to Source, most are very eager to come back.

Alba Weinman: Mm. When you're on Earth, are there helpers from the Divine plane that help us?

Linda: Yes.

Alba Weinman: Can you tell me about that?

Linda: When we plan our life, we plan out our path…

Alba Weinman: Mm-hm.

Linda: …there are helpers all along that path. Many of you call them guides.

Alba Weinman: Mm-hm.

Linda: Some people are in touch, some people are not. Intuition is your guide. Everybody has intuition but many don't recognize it as Divine.

Alba Weinman: Hm.

Linda: But it is divine and it is your guide. It's much of what you call higher self.

Alba Weinman: Mm-hm. How do you tell the difference between your ego and your higher self?

Linda: <Deep breath> Your ego is something you need. Everybody on Earth has an ego. You need your ego but a lot of times people don't realize that they control their ego, their ego doesn't control them.

Alba Weinman: Mm.

Linda: Your higher self is not your ego. Your higher self has had many experiences and helps you through those choices that you've made for this life. Your ego can get in your way. Some people's egos are much greater than others.

Alba Weinman: Does that hinder them in their progress?

Linda: It can.

Alba Weinman: Mm-hm. What about ascended masters, angels…how do they fit into our life and especially in Linda's life?

Linda: They're all around her at all times.

Alba Weinman: Mm-hm.

Linda: Ascended masters and angels and archangels are always there upon calling.

Alba Weinman: Mm-hm.

Linda: One must only mind them and they are there. If you have questions, they are there to answer.

Alba Weinman: Mm-hm.

Linda: The angels surround Linda. They are always with her in all that she does and they help with her ego as well.

Alba Weinman: Hm. What do they do when her ego gets in the way?

Linda: They remind her that there is no control in life other than one's self.

Alba Weinman: Now as far as the ascended masters and the archangels, have they chosen her or has she chosen them? How is it working that she's channeling them?

Linda: It was an agreement.

Alba Weinman: Mm-hm. When was this agreement?

Linda: The agreement was for her work, there are many that do her work…

Alba Weinman: Mm-hm.

Linda: …on Earth at this time. She's not alone. We channel through them to impact those who we bring to them for they too are workers.

Alba Weinman: Mm-hm. So she shares the responsibility?

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: This is too large…

Alba Weinman: Mm-hm.

Linda: …a planet for only one worker bee.

Alba Weinman: Mm-hm. So is this one that she speaks any different than theirs? Or is she…are they also projecting the same beacon of light?

Linda: They're each individual beacons.

Alba Weinman: Mm-hm.

Linda: But, they are yet the same.

Alba Weinman: Okay. Now you've already told her that the power that this light language has affects not only this world but beyond. What connection does she have with the galactic life? Does this project out into other galaxies?

Linda: <Nods> Yes.

Alba Weinman: Mm-hm.

Linda: There are many species…

Alba Weinman: Mm-hm.

Linda: …who are working with awakening us on Earth.

Alba Weinman: How do they do that?

Linda: Many of them are being channeled through the light workers.

Alba Weinman: Mm-hm. And what is their message?

Linda: It's their energy that we use. The vibrations that they have helps us. It helps awaken others.

Alba Weinman: Okay. So all of these light workers right now are all responsible for waking up the other light workers? Is that what it is?

Linda: Yes.

Alba Weinman: Mm-hm. So everyone's an alarm clock.

Linda: Once you become awakened…

Alba Weinman: Mm-hm.

Linda: …you become a worker bee, you might say.

Alba Weinman: Yes. So each one who wakes up needs to wake up the others?

Linda: <Nods> Yes.

Alba Weinman: Kind of like a domino effect?

Linda: Yes.

Alba Weinman: Uh huh. Is that our responsibility, to awaken others once we've awakened? Have we agreed to that?

Linda: If it's your agreement, yes.

Alba Weinman: Ah, okay. So not all of them.

Linda: No. <Pause> No.

Alba Weinman: How do you know if you're one of the ones that needs to be this alarm clock for others?

Linda: It's your path…

Alba Weinman: Mm.

Linda: …and you walk your path. As your path unfolds, you see.

Alba Weinman: Mm. So Linda has definitely seen how hers has been activated for such a long time, she's been here for that reason.

Linda: Yes.

Alba Weinman: Mm-hm. So you've told her that it's going to be, um, this light language is going to be spoken in all corners of the Earth.

Linda: Yes.

Alba Weinman: That the work has just begun. What happens then? <Pause> What happens after this light language is spoken? What needs to be done?

Linda: It's going to take many Earth years…

Alba Weinman: Mm-hm.

Linda: …for it to flow but once it is completed, is when we have what the book of Revelations says, <pause> "ten thousand years of peace and love."

Alba Weinman: Mm-hm.

Linda: This is what we are striving for when the lion lays down with the lamb and the world and the universe are joined as one.

Alba Weinman: When will this happen? Is there a timeframe?

Linda: Yes.

Alba Weinman: Is that information you can share?

Linda: What they're showing me is we're actually behind time.

Alba Weinman: Ah.

Linda: We're not…past time slowed us down but now we're making up that time with the awakening of the light workers.

Alba Weinman: Mm-hm. Now you said that this light language will be spoken. Are we saying that we are all going to be speaking this light language?

Linda: Those that embrace it, yes.

Alba Weinman: Okay. Is this something that comes naturally? Will it happen to people?

Linda: <Nods> Yes.

Alba Weinman: Mm-hm. Is there anything you need to do in order to activate this light language?

Linda: Light language activates light language.

Alba Weinman: Okay, so as soon as you are in somebody's presence that is speaking this light language, it will activate it?

Linda: It can.

Alba Weinman: It can.

Linda: Yes.

Alba Weinman: Okay, good.

Linda: It doesn't happen right away sometimes.

Alba Weinman: Mm-hm.

Linda: But it does happen.

Alba Weinman: Okay, and…

Linda: This is what we want to accomplish.

Alba Weinman: Very good, very good. And we'll do that later today?

Linda: We can.

Alba Weinman: We can, thank you very much. Now she also wants to confirm that this light language raises the individual's vibration. Does it do that?

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: But it's a process.

Alba Weinman: It is?

Linda: Like her awakening and your awakening.

Alba Weinman: Yes, it took long.

Linda: It's a process.

Alba Weinman: Okay, so it's not automatic? It's not something that's triggered overnight, it's… <unintelligible>

Linda: It can be.

Alba Weinman: Okay.

Linda: If the person is ready.

Alba Weinman: Okay, good. What about expansion of consciousness? Will this light language expand your consciousness?

Linda: <Pauses> Its goal is to bring Christ consciousness. When one awakens, they are bringing Christ consciousness into their being.

Alba Weinman: Mm-hm.

Linda: They're bringing it into their physical being and into their soul. The soul always knows.

Alba Weinman: Does that do anything to your physical body, when you receive this Christ consciousness? Do…do people feel anything?

Linda: Some people have physical reactions to it.

Alba Weinman: Mm-hm.

Linda: Some people don't. It just depends.

Alba Weinman: So, physical reactions, are they changing their bodies or do they feel vibrations, things like that?

Linda: The most common thing that happens is ringing in your ears.

Alba Weinman: Okay, so if you're hearing lots of ringing in your ears <Linda nods> that's what's happening?

Linda: Yes.

Alba Weinman: Okay. Almost all of my clients feel ringing in their ears.

Linda: Yes.

Alba Weinman: Uh-huh.

Linda: That's one of the keys.

Alba Weinman: What about vibrations in their body?

Linda: The vibration is what causes ringing in the ears.

Alba Weinman: Okay.

Linda: The inner vibrations. The vibrations…the vibrations are being lifted. That's why you're able to reach spirit and you're able to channel, um, spirits.

Alba Weinman: Mm hm.

Linda: Because your vibrations have risen. Linda's vibrations began to rise when she began sharing her light language with others.

Alba Weinman: Mm-hm.

Linda: It brought up her vibrations. Her vibrations were and are unique…

Alba Weinman: Mm-hm.

Linda: …in that she, she carried them for so long and when she reached the point on her path when it was time to reveal and to create and allow her light language to flow, her vibrations rise. All…all vibrations rise when you allow the light language to flow. Light language flows in many modalities, though, not just in language.

Alba Weinman: What other modalities does this light flow in?

Linda: Art.

Alba Weinman: Mm-hm.

Linda: Music, dance, song, anything that's creative. Music, dance, song, art, all forms of art, these are all forms of vibrations.

Alba Weinman: Mm-hm. What about, for example, the sounds of nature?

Linda: Oh yes.

Alba Weinman: What does that do to raise our vibration?

Linda: Nature is the closest thing to Mother Earth.

Alba Weinman: Mm-hm.

Linda: And when you sit in nature, your vibration can't help but raise.

Alba Weinman: Hm. Do we actually hear something?

Linda: Some people do.

Alba Weinman: Mm-hm.

Linda: Some people can hear the vibration, some people feel the vibration. Linda feels the vibration.

Alba Weinman: Mm-hm, mm-hm. Now you also said something about this, uh, the ascension of the Earth changing. Are we actually going to be ascending with the Earth?

Linda: There's much confusion there.

Alba Weinman: Mm-hm. Can you explain that to me?

Linda: The ascension comes from within.

Alba Weinman: Mm-hm.

Linda: Each person who ascends from within raises the vibration of the Earth. Some people are already risen into the higher dimensions but they're still walking in what is known as the third dimension.

Alba Weinman: Mm-hm.

Linda: But they're not in the third dimension, they're in a higher dimension. They're in a higher dimension by how they live.

Alba Weinman: Okay. Do they see any difference?

Linda: It's not a place.

Alba Weinman: Ah.

Linda: It's an attitude.

Alba Weinman: Okay.

Linda: It's how you raise your vibrations and see things from Christ consciousness view that changes you and ascends you.

Alba Weinman: Okay. So what would be the best way to ascend, to change your vibration? What kind of attitude are we talking about?

Linda: Love.

Alba Weinman: Mm.

Linda: Love and understanding that one does not need to walk another's path, they'll only need to walk their own. That's the hardest part for a human.

Alba Weinman: Mm-hm. Because of our empathy towards others?

Linda: Need of control, more likely.

Alba Weinman: Mm, okay.

Linda: Which is part of the ego.

Alba Weinman: Yes, so when we're trying to control our spouse, our job, our children…

Linda: Yes.

Alba Weinman: That's when it gets in the way?

Linda: Yes.

Alba Weinman: So it's much easier for someone to be sitting in a forest to ascend?

Linda: <Smiles and chuckles> Yes.

Alba Weinman: <Laughs> than to be working in a cubicle with…

Linda: But that's not true either.

Alba Weinman: Mm-hm.

Linda: It's all a state of mind.

Alba Weinman: Okay, so we need to work from within. Is that why they always say to meditate?

Linda: Yes.

Alba Weinman: Mm-hm.

Linda: That is your best friend, meditation.

Alba Weinman: Mm-hm. Now, can this light language be used to facilitate healing?

Linda: Yes.

Alba Weinman: In what way?

Linda: The vibration, set intention.

Alba Weinman: Mm-hm.

Linda: Linda sets intention for her light language. If someone needs healing, they just need to tell her and she sets her intentions for healing, soothing…many, many different modalities.

Alba Weinman: Mm-hm. Has she done this healing in other lives?

Linda: Yes.

Alba Weinman: Mm-hm. You only showed her the life of Mary. <Linda nods> Are there any other lives in which she's used this light language that are affecting her?

Linda: <Pause> Six.

Alba Weinman: Six of them.

Linda: Her last six lives.

Alba Weinman: Mm-hm.

Linda: Has been preparing her for now.

Alba Weinman: Were they difficult lives, challenging lives?

Linda: Yes.

Alba Weinman: Mm-hm. So can you tell her a little bit about it without her going…needing to go deep into it?

Linda: <Deep breath> She was a victim of the Salem witch hunts.

Alba Weinman: Mm-hm.

Linda: She and two of her daughters…were healing, doing healings.

Alba Weinman: Mm-hm. What kind of healing was she using? Same thing?

Linda: Crystals.

Alba Weinman: Okay. What happened?

Linda: Crystal healings. We were in a…looks like a cave or something like that. It's very dark, like we're hidden. We have…there's torches that are lit for light. There's somebody laying on the ground. My daughters are with me. They're like, teenagers.

Alba Weinman: Mm-hm.

Linda: I'm teaching them. We have crystals and we're praying. I'm speaking light language over the body. It's a man. He looks like he's been brutally beaten. It's not a sickness.

Alba Weinman: What do the crystals do?

Linda: Energy.

Alba Weinman: Mm-hm.

Linda: We want them to disperse energy for healing, to heal his body.

Alba Weinman: What happens next?

Linda: <Deep breaths, voice gets emotional> They're coming, we're trying to grab him. We're trying to pull him into the cave, further into the cave. <Breaths rapidly> We can hear them screaming and shouting at us. <More rapid breaths> I jump in front of the girls. I tell them to run, run! Run! <Rapid breathing and physical facial cues that imply fear>

Alba Weinman: You can now watch as an observer. Set yourself aside from that body and watch it from beyond. What do you see?

Linda: They're grabbing me by the hair, <rapid breathing> they're dragging me.

Alba Weinman: Just watch it, be an observer.

Linda: <Vocal sounds of fear and rapid breathing>

Alba Weinman: Stay out of your body.

Linda: <Rapid breaths and vocal sounds of fear> They have the girls. There's other people. They're gathering other ones, other workers.

Alba Weinman: Mm-hm. Do these work with you?

Linda: <Nods> They do the same thing, they're trying to help people. They're trying to help them. They're trying to heal them. They're calling us witch doctors. They've thrown us all in a pen. There's twelve of us. It's like a metal cage.

Alba Weinman: Mm-hm.

Linda: Forged of steel.

Alba Weinman: Mm-hm.

Linda: It's black, very heavy.

Alba Weinman: I'd like for you to observe it from afar and tell me what happens.

Linda: They've just left us there. There's people watching us and throwing things at us. The townspeople.

Alba Weinman: Are you indoors or outdoors?

Linda: Outdoors.

Alba Weinman: Mm-hm.

Linda: They're yelling at us, calling us names. Telling us we're going to burn in hell. They don't realize we're doing God's work.

Alba Weinman: Let's go to the last moment of your life in that lifetime. Close the scene and let's go to the last moment. What's happening? Watch it from afar.

Linda: <Starting to cry>

Alba Weinman: What's happening?

Linda: They have us tied. We're tied to a stake. Six of us, my two daughters. <Crying> My daughters, they're saying…they're telling me, "It's okay, Mom. It's okay, Mom. It's okay, Mom. We're going to be okay." They're going to burn us, they're going to burn us.

Alba Weinman: I'd like for you now to advance the scene and just leave your body. Go to the moment when you left your body. And now you can look back at that life. What was the purpose of that lifetime?

Linda: <Taking deep breaths, crying> That all things are worth fighting for.

Alba Weinman: Mm hm. All things are worth fighting for?

Linda: Yes.

Alba Weinman: Do you feel you fought for what you believe in?

Linda: <Nods head> Yes.

Alba Weinman: Mm hm. Did you learn any lessons from that lifetime?

Linda: I learned that I was powerful.

Alba Weinman: Mm-hm. Did you make any promises or vows?

Linda: <Whispers> No.

Alba Weinman: No. So allow yourself to leave that life behind and reunite yourself with your family again.

Linda: Yes.

Alba Weinman: And tell me what happens once you reunite.

Linda: Oh.

Alba Weinman: What do they tell you?

Linda: They're all hugging me. We're back with Source again.

Alba Weinman: Mm-hm.

Linda: <Chuckles> My daughters tell me they'll travel anywhere, anytime with me.

Alba Weinman: Mm-hm. So let's find out, these daughters. Are they in a lifetime now with Linda? Do you recognize these souls?

Linda: <Shakes head> No.

Alba Weinman: No. So now let's find out the next lifetime that impacted Linda. Would you show her that lifetime?

Linda: We need to take a break.

Alba Weinman: Alright, so I'm going to now tap Linda's shoulder, she'll be able to open her eyes, she'll remain in a deep trance and when she comes back, we'll go even deeper…

Linda: <Whispers> Okay.

Alba Weinman: …go to the next lifetime. Eyes open.

Linda: <Eyes open immediately> Wow.

Alba Weinman: You did good.

<Bathroom Break>

Alba Weinman: You are reunited with your family, with Source.

Linda: Oh, my heart.

Alba Weinman: Mm-hm.

Linda: <Exhales>

Alba Weinman: What's happening now?

Linda: So much love.

Alba Weinman: Mm-hm.

Linda: There's so much love, I feel like my heart will explode. <Deep breaths>

Alba Weinman: Are they telling you anything?

Linda: <Deep breaths> Yes.

Alba Weinman: Mm-hm. What do they tell you?

Linda: My work has just begun. I did well.

Alba Weinman: Why did you choose such a challenging growth opportunity?

Linda: <Deep breaths> That's how she flies. <Smiles>

Alba Weinman: Mm. <Chuckles> So what happens next? What is she planning to do in the next lifetime after Salem?

Linda: I'm in Wales.

Alba Weinman: Mm-hm. What year is this?

Linda: I don't know.

Alba Weinman: What's happening there?

Linda: I don't know if this was before or after Salem.

Alba Weinman: Mm-hm.

Linda: I keep hearing fourteen.

Alba Weinman: Is this the fourteen hundreds?

Linda: I keep hearing fourteen.

Alba Weinman: Mm-hm.

Linda: Oh, I'm a young girl.

Alba Weinman: Mm-hm. Tell me more. Where are you?

Linda: <Deep breaths and starting to cry> I'm not happy.

Alba Weinman: What's happening?

Linda: <Rapid breaths and crying> My mom…my mom died. My mother died. I'm awake, I'm awake. I know everything. I can see, I can hear, I can feel. I feel like I'm going crazy, the voices won't stop.

Alba Weinman: What's happening? What are these voices?

Linda: <Crying> Everybody is….everybody…everybody who's crossed. Spirits everywhere, they're everywhere. My dad…my dad. My dad doesn't treat me nice.

Alba Weinman: What does he do to you?

Linda: <Crying> He made me…he made me…he made me his wife.

Alba Weinman: Mm.

Linda: <Crying> He made me do Mom stuff. I can't do this.

Alba Weinman: How old are you?

Linda: I'm fifteen.

Alba Weinman: Mm-hm.

Linda: I'm…I'm in the shed, I hide. I'm in the shed, I'm hiding. Ah, it won't stop…won't stop…won't stop.

Alba Weinman: What's not stopping?

Linda: All the voices.

Alba Weinman: What do they tell you?

Linda: They're just crying and screaming for help. It's like they want me to cross them over but I don't know how. It's like they're stuck. They're spirits, they're stuck. They haven't crossed over.

Alba Weinman: And they want your help?

Linda: <Crying> They want me to help them but I don't know how. I don't know how and they don't want to hurt me, they want me to help them. And they're screaming at me to help them.

Alba Weinman: What do you do?

Linda: <Crying> I'm asking my mom to help. I can't find her…I can't find her. Everybody else is here but I can't find her. I keep banging my head up against the wall, trying to make the noise stop.

Alba Weinman: So let's close that scene and let's go to the next important scene of that lifetime. Let's go to the next important scene. What happens?

Linda: I'm standing at the cliff.

Alba Weinman: Mm-hm.

Linda: I know my relief is at the bottom of the cliff. I'm going to jump.

Alba Weinman: How old are you there?

Linda: I'm still fifteen.

Alba Weinman: Mm-hm. What happens?

Linda: I know that there's peace, I'm not afraid. I'm not afraid. I want to go and come back. <Crying> I want to go. I'll come back but I want to go. I can't do this, it's too hard. It's too hard. I'm going to jump.

Alba Weinman: Allow yourself to leave that body and tell me what happens.

Linda: I can feel myself floating.

Alba Weinman: Mm-hm. Where do you go to?

Linda: <Pause> My mother's waiting for me.

Alba Weinman: Mm. What does she tell you?

Linda: She tells me its okay. It's okay. She says it's okay. She says I took on too much. It's okay.

Alba Weinman: So we'll go with your mother and reunite with your family and let's find out a little bit about why you took on this challenge.

Linda: It didn't go the way I wanted it to go. Somebody else's free will got in my way.

Alba Weinman: Mm. Who was that?

Linda: My father.

Alba Weinman: Mm-hm.

Linda: He didn't understand my gifts. He didn't understand my abilities. They weren't gifts, they were abilities.

Alba Weinman: Mm-hm.

Linda: They're never gifts, they're always abilities. My mother understood. She protected me from him, until she got sick and died. She tells me she got sick and died so I could get out of that life. She took the burden.

Alba Weinman: Mm-hm. So what happens next? Where do you go after you meet with your mom?

Linda: We're going to a temple somewhere.

Alba Weinman: Mm-hm. What is this temple?

Linda: It looks like a Muslim temple. People are praying and they're on their knees and they're like kissing…like they're kissing the ground or something.

Alba Weinman: Mm-hm. Where is this temple?

Linda: It's in heaven.

Alba Weinman: Mm-hm.

Linda: I'm in heaven.

Alba Weinman: What is the purpose of this temple? What do you do there?

Linda: My mom's showing me this. I think it's for my next life.

Alba Weinman: Mm-hm. Let's find out what the challenges of this next life will be about. What do you see in that next life?

Linda: Injustice.

Alba Weinman: Injustice.

Linda: My next…to overcome injustice.

Alba Weinman: Mm-hm.

Linda: Injustice, not just for myself but in humanity.

Alba Weinman: Mm-hm. Is there anyone that you're taking with you in this next life that will help you?

Linda: My mother is going with me. We will be sisters. Twins. This is no place to be a woman.

Alba Weinman: Mm-hm.

Linda: Much injustice.

Alba Weinman: So allow yourself to acclimate yourself now into that lifetime. Be there now.

Linda: <Nods head> Yes.

Alba Weinman: Tell me what you see.

Linda: Again, there's dirt everywhere. Livestock. But they ride it, they don't eat it.

Alba Weinman: Mm-hm.

Linda: Milk. The cows are only for milk.

Alba Weinman: Mm-hm. What do you do there?

Linda: We're…me and my sister, we're eleven. We, uh, we have to wait on our brothers. We…we're like…slaves.

Alba Weinman: Mm-hm.

Linda: We work and work and work. Our reward is food. They keep telling us that they will have to sell us someday. The boys are more important than the girls.

Alba Weinman: How does that affect you?

Linda: I don't understand it. I don't know…I don't know what they mean when they say, sell me.

Alba Weinman: Mm-hm. So close this scene now and let's go to that scene where you are being sold.

Linda: <Sharp intake of breath> Oh! <Crying> Oh, they're taking my sister away. They're splitting us up.

Alba Weinman: Where are you?

Linda: <Crying> In the market.

Alba Weinman: Mm-hm.

Linda: <Crying>

Alba Weinman: What's happening?

Linda: <Crying> They are taking our…they're taking our robes off. They are making us stand unclothed. They took my sister. Someone bought her already. I don't want to be without her.

Alba Weinman: What happens next?

Linda: <Crying> My heart is breaking. This is injustice, this is what it feels like. <Crying> They are fighting over me.

Alba Weinman: Who's fighting over you?

Linda: <Crying> The men. They are fighting over me.

Alba Weinman: What do they do?

Linda: <Crying> They are physically fighting one another because they… they…they both want me. I'm only thirteen.

Alba Weinman: Allow yourself to fast forward through that scene and let's see what happens.

Linda: <Crying> He took me. Threw my clothes at me and told me to put them back on.

Alba Weinman: What happens after you put your clothes back on?

Linda: He grabs me by my wrist. He's pulling me along, I'm trying not to go. <Crying> I don't want to go.

Alba Weinman: Where does he take you?

Linda: We're going down the street. Again, everything's dirty. My feet are bare and they hurt on the ground. He's practically dragging me. He's yelling at me to hurry up. I see a wooden door. The handle is right in the middle of the door. It has a big ring on it. He has to turn that to open the door. The door squeaks. But the floor feels so much better under my feet. It's dirt but it's softer.

Alba Weinman: Mm-hm.

Linda: There's a fire going. There's other women there. They're all looking at me. Their eyes are sad. They're looking in my eyes. It's like they're talking to me with their eyes.

Alba Weinman: What do they say to you?

Linda: They are sorry. <Crying> They have sorrow in their eyes. They have empathy for me. I'd think they'd be angry at me but they're not. I know what's going to happen. He throws me down with them. The older woman puts her arms around me. She shhh me…shhh…like a mother would… shhh. "It's going to be okay," she says. "You're going to be okay, we will take good care of you."

Alba Weinman: How does that make you feel, now that you have this woman at your side?

Linda: I feel better.

Alba Weinman: Mm-hm.

Linda: I feel better. I know this is our life, this is…normal. This is normal.

Alba Weinman: Alright, so let's close that scene now. Let's go to the next important scene of that lifetime. What happens next?

Linda: <Whispers> I'm giving birth.

Alba Weinman: Mm-hm.

Linda: I'm having a baby. None of the other women had babies. <Deep breaths>

Alba Weinman: How old are you there?

Linda: <Whispers> Fourteen.

Alba Weinman: Mm-hm.

Linda: The older woman tells me I did a good job. She's with me. <Shows physical pain> Oh, it hurts.

Alba Weinman: Mm-hm. You can observe it from the…from above you, you don't have to be in the body. Watch it from beyond.

Linda: <Shows physical pain> <Deep breaths>

Alba Weinman: What's happening?

Linda: She's telling me it'll be okay. She says she hopes it's a boy. "We need a boy child. We need a boy child", she keeps saying. "Pray it's a boy child." <Deep breaths> She says, "He'll be forever in your debt if you bring him a boy child." <Deep breaths and then the sound of relief>

Alba Weinman: What happens next?

Linda: I give him the child, it's a boy.

Alba Weinman: How does that feel?

Linda: Tired.

Alba Weinman: Mm-hm.

Linda: I'm just glad it's over.

Alba Weinman: Mm-hm.

Linda: I have no feeling for the child at all. I want them to take it away.

Alba Weinman: Let's see what happens with the child. Leave that scene now, close it down, and now let's see what happens with that child.

Linda: He gives the child to the woman. She'll mother the child.

Alba Weinman: Mm-hm.

Linda: I still have to feed it. She tells me I have to feed the baby. She tells me I'm the only one that can feed the baby.

Alba Weinman: How does that make you feel?

Linda: Like I'm being used again.

Alba Weinman: Mm-hm.

Linda: It's like…I don't know. I don't understand why I don't have feelings for the child.

Alba Weinman: Mm-hm. Connect with those…that child. I'd like for you to see that child. Look into his eyes, the eyes are the window to the soul. Do

you recognize the soul in the life of Linda?

Linda: Uh huh. <Chuckles> Yes.

Alba Weinman: Mm-hm.

Linda: It's Linda's mother.

Alba Weinman: Mm-hm.

Linda: Maybe that's why. <Deep breaths> I begin to soften. I'm feeding the baby. I'll do what I have to do, I don't have a choice anyway. The man is very happy. Very, very happy. He has a son. He tells me I must give him many more sons. I think I'm the only fertile one here. There are three other women that none of them have babies.

Alba Weinman: So let's close that scene now. Let's move to the next important scene of that lifetime where it affects the life of Linda now. <Pause> Be there now. <Pause> <Linda nods her head> Where are you?

Linda: I'm outside, it's cold.

Alba Weinman: How old are you there?

Linda: Ah, very old.

Alba Weinman: Mm-hm. What are you doing outside?

Linda: I'm just…I have no purpose anymore.

Alba Weinman: Mm-hm.

Linda: I think I'm sixty, maybe fifty-five.

Alba Weinman: Mm-hm.

Linda: I can't bear children anymore. There's no use. I don't…

Alba Weinman: Is that your purpose in life, to bear children?

Linda: Yes.

Alba Weinman: How many children did you have?

Linda: Thirteen

Alba Weinman: Were they all boys?

Linda: No. Nine.

Alba Weinman: Mm-hm. What happened to the other ones, the girls?

Linda: They got sold like me.

Alba Weinman: Mm-hm.

Linda: Promised to be fertile because their mother was fertile. I didn't attach myself to any of them. I feel ashamed. I feel ashamed.

Alba Weinman: So let's close that scene now, go to the last scene of that lifetime. Right before your death. Where are you?

Linda: In the streets. I've starved to death.

Alba Weinman: So leave that body behind, take that last breath and tell me who you meet with now.

Linda: My first son.

Alba Weinman: Mm-hm.

Linda: He was killed. He was killed in war.

Alba Weinman: Did you have a bond with him?

Linda: <Pause> Do I have a body?

Alba Weinman: Do you have a bond with your son?

Linda: <Nods> Yes.

Alba Weinman: Mm-hm.

Linda: He’s from my soul group.

Alba Weinman: What was the reason that he chose you as a mother in that lifetime?

Linda: Huh…he said I was strictly the vessel for which him to come.

Alba Weinman: Mm-hm.

Linda: But…he loved me for being that vessel.

Alba Weinman: Mm-hm.

Linda: He says, “I didn’t ever know you as a mother but I knew you were the one that gave me life. I thank you for that.”

Alba Weinman: How does that make you feel?

Linda: Guilty.

Alba Weinman: Mm-hm. So let’s find out what happens when you reach your soul family. Let’s find out the purpose and the lessons of that lifetime, and what your family has to say.

Linda: The purpose was injustice.

Alba Weinman: Mm-hm.

Linda: I lived a life of injustice. It will make me a warrior for future lives against injustice.

Alba Weinman: Mm-hm. So how is that lifetime affecting Linda's?

Linda: In this life, she understands injustice.

Alba Weinman: Mm-hm.

Linda: She understands now that she doesn't have control over it, nobody does.

Alba Weinman: Mm-hm.

Linda: That injustice is just as much a path as her life is. Everybody chooses their path and injustice is a choice that one makes on their path to experience as I did.

Alba Weinman: So we should not judge injustice?

Linda: No, we should not.

Alba Weinman: Okay. Very good. So you had a few more lifetimes in which this light language was important. What other lifetimes did you want to show Linda today? Are there any others? <Long pause> Where are you?

Linda: On a farm. My parents are preachers.

Alba Weinman: What country are you in?

Linda: I don't know, let me see. I think I'm in the United States.

Alba Weinman: Mm-hm. What's happening at this time?

Linda: I'm sitting in church on a wooden pew. My father is preaching. My father speaks light language, too.

Alba Weinman: Mm-hm.

Linda: He delivers his sermon in light language.

Alba Weinman: How do people understand what he says?

Linda: He interprets it.

Alba Weinman: Mm.

Linda: He has the ability to interpret. He says he's speaking Christ consciousness and Yeshua…they're speaking through him.

Alba Weinman: What does he say?

Linda: He's teaching eternal life. At that time, they believed that you had to accept Jesus Christ as your lord and savior in order to have eternal life.

Alba Weinman: Where did that belief come from?

Linda: I think it's true, it's just interpreted wrong.

Alba Weinman: Mm-hm. Tell me what the true interpretation is.

Linda: Through Christ our sins were cleansed. But there really is no sin. It just is. The interpretations are wrong. We come here with a purpose…to have experiences. Sometimes, our soul chooses what we consider darkness to experience light. If there's no knowledge of that which is considered dark, how can you see the light? There really is no right or wrong, there just is.

Alba Weinman: So as you sit here, in this place, listening to your light language, what's happening? How is that affecting you?

Linda: I feel like I'm…interpreting…

Alba Weinman: Mm-hm.

Linda: …the true meaning of Christ consciousness and love.

Alba Weinman: What else do you hear about the Christ consciousness?

Linda: That it lives within each one of us. That we are each a piece of the Christ consciousness. We are all one. My brother, my sister are me. I am them. We are I am. We're only here on Earth to have experiences. When we cross back into our soul form once again, we are not…we are not disciplined. We are not chastised. We are not punished. We are loved. We are loved for being brave. For wanting to have the experiences to take home.

Alba Weinman: So why did she choose this lifetime. What was the purpose of that lifetime?

Linda: To feel the Holy Spirit within her.

Alba Weinman: Mm-hm. Is that lifetime still affecting her now?

Linda: Yes.

Alba Weinman: Mm-hm. Did she have any other lifetimes after that one?

Linda: That was a very short life.

Alba Weinman: Mm-hm. What happened to her in that life?

Linda: <Deep breath> She died when she was nine. She fell beneath…the wheels of a wagon.

Alba Weinman: Did she choose to leave at that time?

Linda: Yes.

Alba Weinman: Had she learned everything she needed at that time?

Linda: Yes.

Alba Weinman: Mm-hm. What happened after that lifetime? Was there another one or was it this one?

Linda: She had one more.

Alba Weinman: Mm-hm. Tell her about that life. Show her that one.

Linda: She was a walk-in.

Alba Weinman: Mm-hm.

Linda: She's a disciple. She walks in. Aimee McPherson.

Alba Weinman: Mm. Is that who she is? Is she a disciple of Aimee McPherson?

Linda: Yes, yes. She's not Aimee McPherson.

Alba Weinman: How old was this body when she walked into it?

Linda: Old.

Alba Weinman: Old. <Linda nods> Mm-hm.

Linda: Somebody she looked up to, that Aimee looked up to.

Alba Weinman: Mm-hm.

Linda: A mentor. Maybe her father?

Alba Weinman: Mm-hm. What does she accomplish as…as this walk-in?

Linda: She established the work that Aimee would do. Aimee was a great evangelist. She was instrumental in guiding Aimee on her path.

Alba Weinman: Did they know each other…

Linda: Yes.

Alba Weinman: …as souls? Mm-hm.

Linda: Yes. They're only together for six years.

Alba Weinman: And then what happened?

Linda: He dies.

Alba Weinman: Mm-hm.

Linda: He goes home, he's done. And she moves on to walk her path.

Alba Weinman: Mm-hm. Can you explain to me how a walk-in would come into a body while at the same time, they're living a different lifetime?

Linda: Mutual agreement.

Alba Weinman: Mm.

Linda: Between the souls.

Alba Weinman: Do you split up the souls to go into different lives?

Linda: The soul left. You have an option. The soul wanted to leave.

Alba Weinman: Mm. And so she took its place?

Linda: Yes.

Alba Weinman: Okay, good. So that lifetime, did she come back now in this lifetime to study under this Aimee's work? Did she…

Linda: She was touched by Aimee's work.

Alba Weinman: Mm-hm. So it came full circle?

Linda: Yes.

Alba Weinman: Mm-hm. Did Linda know before she came into this life, that she would be using this light language?

Linda: Not consciously, but subconsciously it's been the plan all along.

Alba Weinman: Mm-hm. Was there a reason why it happened when it did, at twelve?

Linda: Yes.

Alba Weinman: Mm-hm. What happened at that age?

Linda: Much was before Linda…

Alba Weinman: Mm-hm.

Linda: …that was going to lead her on the wrong path so the intervention was made to keep her soul pure.

Alba Weinman: So if she had not done that at twelve, her soul would have gone a different direction?

Linda: Yes.

Alba Weinman: Okay.

Linda: She would have been lost for many years.

Alba Weinman: Okay.

Linda: She would have eventually came back but she would have been lost.

Alba Weinman: Mm-hm. Would have been wasting some time…in learning?

Linda: I didn't hear you.

Alba Weinman: Would it have taken a longer time to learn what she's learned now, had she gone the wrong path?

Linda: She would have had a very difficult life.

Alba Weinman: Mm.

Linda: Her life was difficult as it was but it was not as difficult had she not been slain when she was.

Alba Weinman: Mm-hm. Okay. I have a question that was given to her about the keys of Enoch. Can you explain what is meant by this phrase?

Linda: Keys of Enoch are the keys of one's soul.

Alba Weinman: Mm.

Linda: Everybody has the key.

Alba Weinman: How do we unlock it?

Linda: Trust…

Alba Weinman: Mm-hm.

Linda: …belief, and love.

Alba Weinman: And today, Linda came with all of that. Trust, belief, and love.

Linda: Yes.

Alba Weinman: Why did you bring her here to this session? What did you want to convey to her or to others?

Linda: <Crying> How much she is loved and that her love has no boundaries. Her love…flows through the universe. Like snow on a mountain with the sun bearing down. It flows and goes where it's directed. That's what Linda needs to know. She needs to understand that…what she

does is blessed and filled with Christ consciousness. That one doesn't need to be a martyr. One doesn't need to be a saint. One doesn't need to be on a pedestal to achieve that which Christ has set forth for us all. She is touched by the angels. She has much work to do. We work with her. We will unfold her path as she continues to her last breath in this life. She will continue to raise the vibrations of not only the consciousness and Mother Earth but to all who step into her energy field. She must only be there for them to receive, words not need be spoken. She carries her light, the light of the mother of Christ. Can there be anything greater than that blessing for any human? <Deep breaths>

Alba Weinman: I feel blessed to be in her presence and I know that the universe works with me to be able to help all of those around the world. Would you give all of those who are in her presence now a blessing?

Linda: <Speaks light language> No greater love than thee, no greater love than thee, no greater love than thee <continues with light language> You have been blessed by the great ones.

Alba Weinman: Thank you very much. <Linda exhales deeply> Is there anything else you would like to tell Linda today or are we complete?

Linda: He wants her to know her higher selves are now standing at the forefront. The knowledge she has been seeking will be revealed. We want to thank you for being her instrument as she so gracefully is the instrument for so many. You…are her instrument and we thank you. You were right, there are no coincidences in your lives. She needs to rest.

Alba Weinman: Thank you very much. I'd like to thank her higher selves and all of those present here today, my guides and her guides, for this beautiful work. I thank you all.

Alba Weinman: Wide awake now. Wide awake, feeling wonderful. <Unintelligible> Welcome back.

Linda: <Deep breath into a chuckle> I'm still buzzing.

Alba Weinman: You and me both my dear! <Chuckles>

Linda: Are ya?

Alba Weinman: Wow, that was like a wave of uh, woo!

Linda: Take my hand, you feel the energy?

Alba Weinman: Yeah, buzzing.

Linda: Ooh. I don't think my physical body has ever buzzed this much, where it's complete from head to toe…buzzing…ever.

Alba Weinman: Mm-hm. Unbelievable.

Linda: Yeah it is.

Alba Weinman: What an experience. I'm going to get you some Shungite so that we can ground you.

Linda: Yeah.

Alba Weinman: So, what do you think about all this?

Linda: Wow. <Wipes face with hands and takes deep breaths>

Alba Weinman: There you go. <Hands Linda some Shungite.>

Linda: Thank you.

Alba Weinman: Sure.

Linda: Ooh…

Alba Weinman: So what do you think about this experience? I tried to get all your questions done, there, but also get some more insight…

<Unintelligible>

Linda: Yeah, we…we had more information coming through than what was on that paper.

Alba Weinman: Yeah, yeah. <Laughs> That was…that's the idea.

Linda: Yeah.

Alba Weinman: I don't…I don't really like to have to go by these questions because everything flows so much better when you're…

Linda: Yeah, and…

Alba Weinman: Kind of like impromptu.

Linda: And I knew that was going to happen, too.

Alba Weinman: Yeah. <Laughs>

Linda: Yeah. That was that little statement on that paper saying, "We're just going to go with the flow" kind of thing.

Alba Weinman: <Laughs>

Linda: I think your expertise leads the way.

Alba Weinman: Yeah, I tried to get as many…It's kind of awkward to…

Linda: No, you did good, you did good.

Alba Weinman: But, yeah so…

Linda: This was amazing and, uh, the physical part of Linda Lee wants to say "shocking."

Alba Weinman: Yeah.

Linda: Very, uh, never ever in a million years would I have ever thought that I was, uh…

Alba Weinman: Mary?

Linda: Mary. Uh, and I'm still not sure whether or not we got the answer. Whether I'm a full soul or, uh…doesn't make any difference.

Alba Weinman: Doesn't make any difference.

Linda: No.

Alba Weinman: We're all one anyway, so…

Linda: Yes, that's true.

Alba Weinman: Mm-hm.

Linda: Oh, wow.

Alba Weinman: Unbelievable, I mean you were feeling those emotions.

Linda: Oh yeah.

Alba Weinman: Mm-hm.

Linda: In the other lives that I lived, it's just amazing.

Alba Weinman: Pretty intense.

Linda: Yes.

Alba Weinman: I think what we got out of all that is that we can't judge what anybody's going through, at all.

Linda: Nope. It's not our place, there's no…and that's where ego comes from and ego wants us to judge things…

Alba Weinman: Yeah.

Linda: And, and to keep us, uh, from being grounded.

Alba Weinman: Mm-hm.

Linda: Because being able to not judge and accept everybody at their value…

Alba Weinman: Mm-hm.

Linda: With their flaws, with what we as human think are flaws.

Alba Weinman: Mm-hm.

Linda: And not allow ourselves to categorize other people because of what humans feel are flaws.

Alba Weinman: Mm-hm.

Linda: Because none of us are flawed. We're all perfect in his sight.

Alba Weinman: That's amazing.

Linda: Perfect in his sight.

Alba Weinman: So is this a shareable session?

Linda: Oh, I would think so. <Laughs>

Alba Weinman: I have to ask. <Laughs> I have to ask.

Linda: Yes. I would think…if you think so then I would think so.

Alba Weinman: Ah, that blessing at the end was, was enough…

Linda: Wow.

Alba Weinman: …to blow me out of my chair.

Linda: And the language I was speaking was coming from Christ himself, I've never spoken that heavy, deep.

Alba Weinman: It was pretty deep.

Linda: Yes.

Alba Weinman: It was pretty…

Linda: It was coming right from…I could feel it coming right out of my heart. It was, um, very profound and there were, um…they're telling me to tell you there was gifts interlocking in those for you as the physical <laughs and says something unintelligible>…as the physical observer that you were for this session.

Alba Weinman: Yeah…yeah.

Linda: There is much for you.

Alba Weinman: Wonderful, thank you.

Linda: Yes. Um, <closes eyes> they're showing me your path. Okay, the way I'm seeing your path, it's a little different than most paths I see.

Alba Weinman: <Chuckles>

Linda: Most paths I see, I just see a ruler and they give me a mark on the ruler for that person but for you I'm actually getting a path.

Alba Weinman: <Laughs> I would be different, wouldn't I?

Linda: <Laughs> And on the path, on both sides, is an indigo blue neon light lighting up this path and just like the sidewalks used to be, there is a square and each square is lit up also in that indigo blue and they're showing me you stepping out of one…out of one stone into the other stone and when you do, it turns green.

Alba Weinman: Hm!

Linda: Which green for us as humans, it means go man go! <Both laugh>

<Linda and Alba Weinman are now sitting together>

Linda: Well, I'm still buzzing, Alba.

Alba Weinman: Well, I'm buzzing too, so it's two of us.

Linda: From head to toe. The energy has been absolutely amazing…I…so much has happened that I didn't expect. I came here with expectations <both laugh> and…

Alba Weinman: So what expectations did you come with?

Linda: I…I came with expectations of…they've been so ground out that I don't even remember anymore.

Alba Weinman: <Laughs>

Linda: To have this experience is, um, something each and everybody should have the opportunity to do, number one.

Alba Weinman: Mm-hm.

Linda: Um, and myself being a channeler and a medium, working with Alba has been fantastic. Um, she's just…she's such a sweet soul, I can just feel her all over me. She is.

Alba Weinman: <Leans her head on Linda's shoulder> Thank you.

Linda: I hope we remain good friends.

Alba Weinman: Yeah.

Linda: We live close enough together, we can have tea and coffee. <Both laugh> Lunch once in a while.

Alba Weinman: Maybe we have to drive a little bit. <Laughs>

Linda: We can…we can meet in the middle. <Both laugh>

Alba Weinman: Yeah, yeah.

Linda: We can always meet in the middle.

Alba Weinman: So you came with expectations and it's different.

Linda: Uh, it's different because, um, number one, I've never gone this deep before in…in, uh, a session. I've only had one session, really, but…

Alba Weinman: <Laughs>

Linda: But in my own channeling, I don't go this deep and in my own meditations I don't go this deep. I've experienced, I don't know, five lifetimes in this session or six…

Alba Weinman: At least, at least.

Linda: At least?

Alba Weinman: I lost count after a while <Both laugh>

Linda: Let's count when we review it, but, um, yeah, it's…

Alba Weinman: I know they were very emotional…starting with Mary.

Linda: Yes. Uh, it seems, though, I'm an incarnate of Mary, our beautiful Jesus' mother. Um, I was taken back to the day that Jesus was crucified <voice gets emotional> and could see and feel all the emotion of everybody that was there…

Alba Weinman: Mm-hm.

Linda: And, um, it was very painful but I was also given a gift at the same time of understanding, of what his path was for us as humans.

Alba Weinman: Mm-hm.

Linda: As people here on Earth.

Alba Weinman: Mm-hm.

Linda: And how he…his soul path led him there. That he agreed, like we have agreed, for our soul path. We don't always understand it when we're walking that path <Alba chuckles> but it unfolds and a little bit at a time, we do get that message.

Alba Weinman: Yeah.

Linda: And that's all we can ask for.

Alba Weinman: And at the end, you actually were channeling…

Linda: Yes, I was channeling Jesus. Yeshua, many people want to call him…

Alba Weinman: Mm-hm.

Linda: …I was channeling.

Alba Weinman: That was pretty loud.

Linda: And he was very boisterous…

Alba Weinman: Yes.

Linda: And I could feel him in my heart. I have channeled him before but not as strong…this was definitely him delivering messages and for all of you that have the opportunity to listen to this, set your intention. If you have to go back and listen to this portion of it again, where I'm speaking in the language, please do set your intention for something you want to receive and you shall receive it because it is coming from him.

Alba Weinman: Makes me want to cry. <Hugs Linda and laughs> Oh my God. So do you recommend this? <Another laugh and hug>

Linda: I recommend this to anybody.

Alba Weinman: Yeah.

Linda: Everybody. Those who are channelers, please…yes…definitely. You won't be sorry, at all.

Alba Weinman: That's wonderful, thank you.

Linda: It's a…it's been a true blessing.

Alba Weinman: Ah, you know, I'm…I'm so emotional. I mean, just being next to you, I'm getting the energy anyway. <Linda laughs> I usually get vibration but this is very strong vibration and I can just feel the…I almost feel like this room is so crowded right now.

Linda: It is.

Alba Weinman: I feel like I'm being like… <mimes being stifled>

Linda: I do too! Like you're being…there's just more in here than…

Alba Weinman: Yes!

Linda: …than we have space for.

Alba Weinman: Exactly, I feel like we're being squeezed! <Laughing>

Linda: I think we have every angel that there is.

Alba Weinman: And this is a small room! <Laughing>

Linda: <Something unintelligible>

Alba Weinman: I do feel…I do feel like the squeezing, of like, there's got to be like thousands in here.

Linda: Yes, yes. I think we are definitely surrounded.

Alba Weinman: Yeah, I feel it. My head is buzzing.

Linda: Yes.

(The session is concluded at this time.)

For readers with access to YouTube television videos, the complete Linda Lee session with Alba Weinman may be seen on Ms. Weinman's YouTube Channel, labeled 201 Alba Weinman – A Channel for Light Language. The transcription of the audio of Linda Lee's session as set forth above is accurate to include written references to emotions experienced by Linda Lee as she recounted certain phases of her past lives. However, when the video is viewed with the simultaneous accompanying audio, the depth of the emotional impact on Linda Lee and her sincerity is observably far greater than written words can convey.

The author and Linda Lee, with one exception, will not comment on the substance of Linda Lee's past lives as described by her. It is for the readers to ponder and evaluate them just as it is for Linda Lee and this author. The one exception which Linda Lee and the author find most significant, is associated with the many messages received by Linda Lee from the Council of Light, God, and others fully recounted in Chapter 26. Linda Lee and companions on earth are identified as light workers with the mission of overcoming darkness on earth by spreading light in the form of peace and love. The messages acknowledged that it would take a long time and many light workers would return home before their missions were accomplished. In one segment of Linda Lee's regression with Alba Weinman, there is reference to light workers returning home. Linda Lee specified "flu" as being one cause of their deaths among other causes. There were millions of deaths on earth in late 1917 through 1920, attributed to flu. Perhaps, of equal importance, as this book is being written, the earth is being ravaged by a pandemic of a flu like disease identified as Corona Virus 19. The disease was first identified in China in late December 2019 and has quickly spread through populations of most countries around the world. At this

time, there is no effective specific therapeutic treatment for the highly contagious disease and no preventive vaccine has yet been developed. At this moment in time, more than 10,000,000 people have contracted the disease and 500,000 deaths around the world have been directly associated with the disease.

Readers may wish to view some of the other YouTube postings by Ms. Weinman of past life sessions with other clients to gain a full appreciation of scope, breadth, and substance of their past lives and the manner in which they are elicited by Ms. Weinman.

CHAPTER 28

PARALLEL LIVES, SOUL FRACTALS AND SACRED GEOMETRY

There are several concepts in the world of psychics and mediums that are gaining recognition and acceptance, albeit they have been discussed in theoretical terms for decades, if not centuries. Parallel lives, soul fractals and sacred geometry are conveniently considered together.

PARLALLEL LIVES

The concept of parallel lives may be best illustrated by the past life regressions referred to in prior chapters. There is an advancing recognition that a person may be living more than one life simultaneously in different dimensions with accompanying different time frames. Breaking this theory down requires acceptance of the understanding that a person's higher self is the repository of all past, present, and future lives. Further, there must be an appreciation of dimensions other than the present one in which we conduct ourselves in daily living on earth commonly referred to as the third dimension. Fourth, fifth and higher dimensions have been conceptually discussed in theory for centuries, if not fully accepted or proven factually. These higher dimensions have their own higher vibration and frequency levels. And, lives on earth, other planetary systems or other universes may exist simultaneously in these higher dimensions with accompanying higher vibrations and frequencies.

Synthesizing of the aforementioned information, a conclusion may be reached that the unlocking of a person's higher self by hypnosis, is in reality, tapping into a person's past lives, lived simultaneously in multiple

dimensions. The same analysis may be applied to the present life a person may be living on earth, while at the same time living in one or more other lives at the same time in different dimensions. The locale of the other dimensional lives is not restricted to the earth, but may be anywhere in this universe or other places of habitation. The lives may not be in human form, they may be alien or galactic beings.

SOUL FRACTALS

The concept of soul fractals seems to be more of a recent understanding of old theories. Philosophers and theologians have been debating for eons how and when the human soul evolved. The debate is rooted in the very basic conflicting beliefs as to the origin of the human species. On the one side the biblical version of Adam and Eve being the first humans runs counter to the Darwinian theory of the slow evolution of the human species from lessor types. This debate will no doubt continue forever. Whichever theory is correct does not negate the present universal understanding and belief that humans have souls.

The word “fractals” should not be confused with the word “fractural.” The definition of a soul fractal is easily expressed, but not necessarily easy to comprehend. As used in current parlance and theory, the first soul had its initial conception by the act of God by virtue of either theory of evolvement discussed above, Adam and Eve or Darwinian.

Subsequent souls, as we know them, have within them, and their human vessels, an ethereal Godly element or connection. These subsequent souls are sometimes referred to as fractals, reflecting, in all ways, the Godly purpose and function of the original soul. Similarly, the souls of family relatives or their descendants in present or past lives are said to have elements of the souls of those persons. They also may be referred to as soul fractals. The use of the expression soul fractal is of relatively recent origin or concept. The date of its first use is not certain, but it roughly coincides with the evolvement of the New Age, and the continuing development of

spiritual and metaphysical ideas and concepts spawned within this recent time period.

SACRED GEOMETRY

To appreciate what the term sacred geometry encompasses today in the realm of metaphysics, it is best broken down into its two-word parts sacred and geometry. Geometry, in most basic dictionaries, is defined as "mathematics dealing with plane (two dimensional) or solid (three dimensional) objects." The mathematics can be traced back to Egyptian mathematician, Euclid of Alexandria (sometime in late 300 BC-276 BC, dates uncertain). In probability some of the rudiments may have been perceived empirically in road and building construction in Egypt and other countries prior to Euclid, but never codified.

Euclid developed the arithmetic principles which are the foundation blocks of basic geometry as taught in schools today. It is commonly referred to as Euclidean geometry and for instructional purposes is frequently divided into two courses, plane geometry and solid geometry. Plane or two-dimensional geometry deals with the arithmetic analysis of all configurations formed by intersecting lines. A few examples are squares, rectangles, trapezoids, hexagons, circles, parallelograms, and triangles. Solid geometry includes arithmetic associated with solid or three-dimensional forms such as cubes, cylinders, cones, pyramids, and prisms.

The word sacred in the term sacred geometry has the concise dictionary definition or meaning "consecrated to a god, or venerated." Beyond that, when the word sacred is coupled with the word geometry, the combined "sacred geometry" has taken on wide-ranging meaning in religious and metaphysical spheres. Starting with the premise that God or Source, created all things on earth, therefore, the creation included the geometric shapes referred to above. Euclid did not invent or create the shapes, he applied fundamental mathematics to their dimensioning, internal angles, and volumes for convenient and accurate ease of later use.

As suggested above, the geometric shapes studied by Euclid were in use before his time, but afterwards, their use became more prevalent in churches, temples, and places of worship of all religions as well as other revered places. Some of the geometric shapes were particularly adaptable to those structures in floor plan layout. The use of Cross construction format was and is visible in many cathedrals and other places of worship and revered locations. Also, altars and church artwork have incorporated many of the geometric shapes. This developing use no doubt further enhanced the popularity of the term sacred geometry.

With this sketchy background information in mind, the present-day metaphysical concept of sacred geometry has broadened considerably. It might be better said that today's recognition of sacred geometry is not much more than a full appreciation of what early humans saw when looking at their surroundings. There were regular recurring shapes everywhere in nature such as: leaves; flowers; trees; human forms; animal forms seashells; crystals; rock outcroppings; snowflakes; river rocks and alike. These natural shapes took on a reverence as being divinely produced. As more useful shapes were developed like cubes for structures or squares for openings, their shapes and others having symmetrical proportions were considered to be from the same source and treated with similar reverential respect.

Added to this distant past background is the contribution to geometry by the Egyptian writer and philosopher Plato (427 or 428 B.C- 348 or 347 B.C.). Plato was a student of Socrates (470 B.C.-399 B.C.). Popular at the time was the thought that basic elements were earth, water, air and fire and combinations thereof. Plato included this concept in his treatise "On the Complete Theory of Everything." Geometric shapes were identified with varying intersecting flat planes, and they had arithmetic equations underlying their forms. These forms became known as the Platonic Solids and had the element names associated with them. They are tetrahedron (fire), octahedron (air), icosahedron (water), hexahedron (earth) and dodecahedron. This last form was referred to by Plato as "quintessence" identifying it with God's symbol of the universe.

In addition to the three-dimensional shapes referred to above, there are many two-dimensional geometric configurations which have ancient origins

and have been included in most all cultural societies to this day. Probably the most significant of these is called the Flower of Life. It consists of identical overlapping circles evenly spaced within a surrounding circle, the flowers and petals are clearly seen. It is said to represent the divine order of life.

Sketches of the Platonic Solids and Flower of Life are included in the Illustration Section of Part Two of this book.

There are many other geometric designs representing aspects of life nature and religion from ancient times. It is from these origins of solid and two-dimensional geometric designs that the term sacred geometry has its present meaning in the metaphysical world today.

CHAPTER 29

GALACTIC BEINGS - ALIENS - EXTRATERRESTRIALS - UFOS VISITING EARTH

The terms in this chapter title “galactic beings,” “aliens” and “extraterrestrials” have been used heretofore by the author on an incidental basis in earlier chapters. Then, as now, for the sake of clarity they have the same meanings. They refer to “beings,’’ not necessarily “people” who inhabit other planets or objects in our universe and all the other universes that make up space as we know it today. We tend to identify them with planets, like our own earth, which provide us with the necessary elements and features to sustain our lives. Those same elements and features may or may not be the same as those required by the beings to be discussed hereafter. For consistency and uniformity, they will be referred to hereafter as “aliens.” However, “UFOS” are a new topic. The acronym or abbreviation UFO is the familiar short way of referring to “unidentified flying object.”

As cautioned earlier in connection with other topics, it is suggested that readers allow any predisposed mindsets to be set aside or flexed as the following information in this chapter is presented.

For centuries, expert and amateur engineers, architects, physicists, mathematicians, and astronomers have pondered how ancient civilizations constructed the huge monolithic structures still existing today. OF course, the Egyptian pyramids are prime examples dating back 4000 years. So too, are lessor pyramids, only slightly younger, found in many other countries. Closer to the United States, incredibly old magnificent structures exist in Mexico. If there is a common thread for the uses of these structures, they were constructed as tombs, temples, or for other ceremonies having a prominent place in the cultures of their times.

Archeologists investigating these ancient structures have recorded drawings or other decorative objects in or on them which are suggestive of airborne craft and beings with odd or unusual features and characteristics. This has given rise to a theory that ancient cultures may have been provided with knowledge to construct these monolithic type structures by advanced beings transported to earth from outer space. While not so named, this may have been the early etiology of the modern terms alien and UFO.

Fast forwarding to the 20th and 21st centuries, there have been hundreds if not thousands of sightings of mysterious lights and objects in the sky by both ground observers and military and civilian airplane pilots. The Air Force in the United States founded a research group dedicated to accumulating and analyzing the sightings now unofficially called UFOS. The group was called Project Blue Book and was founded in 1948. It had been preceded or paralleled by two short lived study groups, Project Sign and Project Grudge. Project Blue Book was defunded in 1969 and its operations terminated on January 19, 1970.

Project Sign reached a tentative conclusion that UFOS were real and not of United States origin. Project Sign was eventually terminated by high military authorities reportedly for absence of sufficient evidence. Project Grudge was ended when it concluded that UFOS were natural phenomenon, although it could not explain a significant number of cases it had taken under consideration.

Project Blue Book investigated or studied 12,618 reported UFO sightings or related incidents. There was some real or imagined interferences with its work, especially one by the United States Central Intelligence Agency. Fearing there might be a threat to the security of the country a large group of scientific and other experts were assembled under the direction of physicist Dr. H. Richardson of the California Institute of Technology. That panel concluded that most UFO sightings had commonplace explanations and not worthy of its continued study. The panel went on to suggest the de-emphasis of the subject of UFOS in news and media reports and keeping a close watch on UFO civilian interest groups.

[AUTHOR'S NOTE. The reader is reminded, this period of time was the height of the Cold War with the Soviet Union. Communist agents or sympathizers were suspected to be everywhere, including in the government of the United States.]

The work of Project Blue Book continued through its final days in January 1970. A succinct final conclusion was issued as follows:

"No UFO reported, investigated and evaluated by the Air Force was ever an indication of threat to our national security; There was no evidence submitted to or discovered by the Air force that sightings categorized as 'unidentified' represented technological developments or principles beyond the range of modern scientific knowledge; and There was no evidence indicating sightings categorized as 'unidentified' were extraterrestrial vehicles."

Following the winding down of Project Blue Book in 1970, at the request of United States Senator Harry Reid of Nevada, the Department of Defense resumed a study of reported UFO sightings in 2007 until it was defunded in 2012. During this period, and later, UFO sightings continued, and governmental agencies were deluged with requests for information about UFOs pursuant to the Freedom of Information Act. This legislation requires the United States government and its affiliated agencies to disclose and provide to the public documents and information related to their respective operational functions. The disclosure requirement is, however, qualified. Disclosure is not required if the requested material is secret or otherwise bears on national security. Regarding UFOS, this qualification has been interpreted to include matters which relate to technology, known or unknown, which may relate to foreign threats to the United States. Some documents have been released but not to the satisfaction of those persons making the requests. Recently the Defense Department did release three videos taken by military aircraft pilots. The videos show objects moving rapidly and changing direction in abrupt manners. The objects could not be identified by the pilots. The Defense Department admitted the authenticity of the videos, but did not comment on the nature of the objects shown in the

videos. The long-time official position of the United States on the matter of UFOS, referred in the above paragraphs, has remained unchanged.

Significant events taking place during the tenure of the Air Force's early investigating projects are set forth here for readers' awareness and evaluation.

THE ROSWELL INCIDENT

Depending on accuracy of reports, in June or July of 1947, William Brazel a foreman on a ranch near the town of Roswell, New Mexico found what appeared to be wreckage or debris on the ground. It consisted of rubber strips, bright tinfoil like material and tough paper pieces. Brazel was suspicious that he might have found parts of a flying disc and reported it to local authorities who subsequently notified the Air Force. At this point national media published the story. A frenzy of subsequent stories were published, based some on the ground witnesses theorizing that a UFO had crashed with some alien bodies found at the scene. Meanwhile, the Air Force declared the debris was from a weather observation balloon. Journalists and interested private citizens now with the unofficial title "UFOlogists" were not satisfied with Air Force's explanation and they continued multiple investigations into the incident.

Supposed eyewitnesses to the debris examination, recovery of alien bodies and autopsies were interviewed. Passage of time, blurring memories with conflicting details and maybe desire for notoriety on the part of witnesses has compounded and confused the truth about actual events associated with the Roswell incident. Conspiracy theorists today insist that the United State government participated in a cover up of the entire matter, and that a UFO did in fact crash at the Roswell location with one or more alien bodies recovered and autopsied. The government has continually denied the cover up and its position is that no UFO crashed near Roswell and that no alien bodies were recovered.

Hundreds of articles and scores of books have been written about the Roswell incident citing investigative facts supporting the theory of a government cover up as well as facts taking an adverse or skeptical position supportive of the government's denial. It is fair to say that the Roswell matter as it relates to UFOS and aliens is as controversial today as it was immediately after it occurred. Not controversial, however, is the fact that UFOS are the subject of popular interest today, more than ever.

THE LUBBOCK LIGHTS

On August 25, 1951 three college professors from Texas Tech University in Lubbock, Texas were enjoying the evening in the back yard of one of the trio's homes. At about 9:00 P.M. all three observed 20 to 30 bright lights fly overhead. As the professors discussed what the lights might have been a second group flew over. The sightings were described to staff at the local newspaper. Upon reading the paper's article about the episode, four other residents reported similar sightings that same night.

The professors decided to see if the lights might appear again and to see if they could determine their origin. The three were joined by two other professors on the night of September 5, 1951 and the lights again flew overhead. Observations at that time varied from 12 to 15 lights which were circular and a fluorescent greenish blue in color. Another flight was observed flying above a cloud layer. The speed of the lights was estimated at over 600 miles per hour.

Coincidental with the above described observations, Carl Hart Jr., a student at Texas Tech, made similar observations. On the evening of August 30, 1951 reportedly he observed a formation of 18 to 20 bright lights flying overhead in the sky. Two more flights of lights came over and he was able to take five photographs of the lights. Hart took the photographs to the local newspaper, and after they were published, they were reproduced in publications across the country. Quite naturally there was a question regarding authenticity of the photos. Lt. Edward J. Ruppelt in charge of

Project Blue Book UFO investigations at that time, could not verify or deny the authenticity of the photos.

Perhaps, more importantly, the source of the lights observed by the professors and Hart was drawn into question. The municipality of Lubbock had just installed new vapor streetlights. It was asserted that the lights reflected off the undersides of flocks of plover birds which were “illusions” the observers had seen. This version was supported by several lay and expert witnesses. Similarly, a body of witness and opinion support developed lending credence to the factual versions described by the professors and Hart. In a book published later by Ruppelt, he stated he did not accept the plover explanation, but at the same time he asserted the lights were not UFOS. Cryptically he said that a scientist friend identified the lights as a common place natural phenomenon. Ruppelt chose not to identify his source.

Like the Roswell Incident, the Lubbock Lights episode rekindled and reenergized interest in UFOS and, more significantly, in their occupants.

THE BARNEY AND BETTY HILL ENCOUNTER

Barney and Betty Hill were a married couple and lived in Portsmouth, New Hampshire. Barney was employed by the post office and Betty was a social worker.

On September 19, 1961, the Hills were driving home from a vacation in Canada when at about 10:30 p.m., they observed a bright point of light moving upward in the sky. Betty thought it was a falling star. They stopped and got out of the car for a better look as the light got brighter and larger. Betty then thought the object was a flying saucer, a term she had heard about from her sister. Barney thought it was a commercial airliner.

As the object got closer the couple returned to their car and started driving towards their home. The craft came towards the Hills’ vehicle causing

Barney to stop the car. He got out of the car and with his binoculars he saw a large pancake shaped craft. In its windows Barney is said to have seen a number of figures apparently looking at him. Then, all but one of the figures moved away from the windows and bat like wings with red lights extended from the sides of the craft. At the same time another appendage descended from the bottom of the craft as it moved closer to Barney and the car.

Barney ran back to the car and reportedly told Betty that they were attempting to capture them. Barney then drove away down the road, but the craft move closer to a point over the car. The car came to a stop and at this moment the Hills heard a number of sounds resonating from the trunk area of the car. According to the Hills, they both experienced a state of altered consciousness which did not dissipate until they found they were 35 miles down the road when another series of sounds emanated from the car's trunk area.

The Hills continued to their home. The next day Betty reported the encounter to the Air Force at a nearby base. The Hills noticed some damage to their clothing and shiny concentric circles on the exterior of the trunk of their car.

[AUTHOR'S NOTE. Information from the Hills about what happened to them during their states of altered consciousness developed over a period time in various ways. There were some statements made just after returning to their home. Betty contacted the National Investigation Committee on Aerial Phenomena, a civilian organization, gathering information and investigating UFO sightings. Betty and Barney were interviewed twice, at length and in person by a representative of that organization. Ten days after the encounter Betty reported having vivid dreams about the episode over five consecutive nights. Betty later wrote down the dream details. The Hills also sought and obtained the aid of a professional hypnotist, Benjamin Simon, to retrieve lost memories about the encounter. Over five months, commencing January 4, 1964 the hypnotist conducted separate sessions with Barney and Betty. The following paragraphs are a composite synopsis

of the subsequent information related over time by the Hills about the "aliens" and their contacts with them during their altered conscious states.]

Betty and Barney's version of their movements after their car stopped vary somewhat. They were escorted to and into the craft by two or as many as eight of the craft occupants. Their escorts were human-like but not human. They wore uniforms of black shiny material with caps on their heads. Their leader on the ground and in the craft spoke to them in English, but his mouth did not appear to move. When speaking among themselves the occupants sounded as if they were mumbling.

Inside the craft Betty and Barney were each taken to separate rooms and their bodies examined by another being with the leader present. Betty was told the purpose of the examination was to determine the difference between humans and the craft occupants. The examiner looked at all parts of Betty's body closely with a bright light. He took a lock of her hair and trimmings from her fingernails. He also pierced her navel with a needle causing her instant pain which was just as instantly relieved by a wave of the examiner's hand. Scrapings were also taken from the surface of Betty's skin.

Barney's account of his examination is less detailed. His whole body was examined, and skin scrapings taken. More graphically, however, he described a cup being placed over his genitals and he sensed that somehow a sperm sample had been taken. Further, he described a thin tube or cylinder being inserted in his anus and being quickly withdrawn.

At the conclusion of their examinations, Betty asked the leader where the ship and crew were from. The leader showed Betty a map or chart with many stars positioned on it to show a location and various "trade routes." The Hills were eventually returned to their car and they returned home as described above.

With much media publicity, the Hills and their encounter became the subjects of national magazines, books and television shows. Writer John C. Fuller secured the cooperation and assistance of the Hills and their

hypnotist Benjamin Simon and published a book in 1966 about the Hills experience titled The Interrupted Journey.

Adding to the Hills' notoriety was the fact that Betty had drawn a sketch of the star chart or map she was shown by the leader on the craft. She was only able to place several star locations and their relative positions to each other on the sketch. When the sketch became public, it received almost as much interest as the Hills themselves. Amateur and professional astronomers and other scientists studied and analyzed Betty's sketch to see if the craft's home base in space could be pinpointed. All efforts were unsuccessful.

Barney Hill died prematurely on February 25, 1969 at age 46. Betty Hill continued a strong interest in UFOS and claimed to have seen quite a few before her death on October 17, 2004 at the age of 85.

The Hills, and their encounter as described by them, generated many skeptics. Without going into too much detail, the skepticism was based on suggested hallucinatory behavior, influence by science fiction stories, too long a time interval between the event and investigation with hypnosis and stress in the Hills' lives because they were a married interracial couple.

NEVADA AREA 51

Area 51 is very large remote land area in the State of Nevada. It is owned by the United States government. The Air force has for a long time maintained a secret facility there including an airfield. The location is an adjunct of the Edwards Air Force Base in neighboring California. While Area 51 is still off limits to the public, it is public knowledge that some of the United States' most sophisticated military aircraft were, in part, developed at the base there.

"UFOlogists" have long maintained that the secrecy surrounding Area 51 and the Air Force facility is also associated with the government's

involvement with UFOS and concealment of related information. The government has consistently denied these allegations.

LINDA LEE'S PAST LIFE ALIEN ENCOUNTER

At an annual gathering of psychics in the United Kingdom, Linda had a past life regression session with Jane MacDougall, previously referred to in Chapter Two in connection with Psychic and Energy Healing. While Linda Lee was in a light trance state, Jane explored segments of Linda Lee's past lives. One segment was an encounter with an alien, briefly recounted here.

Linda Lee in this past life experienced multiple fetus conceptions with some early miscarriages. This all took place while in the custody of an alien race known as Reptilians. It was explained to her that there were several Reptilian races and that this particular one was dying out. It was further explained that Linda Lee and other humans were being used to conceive fetuses which were then taken by the Reptilians as hybrids to establish a new race of Reptilians. One of the primary reasons Linda Lee and humans were selected and being used to create hybrids was their inherent human characteristics to express love and humor. These emotional components were unknown to Reptilians and were not elements of the makeup of Reptilian beings.

There is a plethora of present-day literature about UFOS, aliens and encounters with them. If readers have continuing interest in these topics the following books with the publishing dates and titles provide additional background enlightenment: Abductions by John E. Mack M.D. (1994); and three books by David M Jacobs M.D. Secret Life (1992), The Threat (1998) and Walking Among Us (2015).

Before concluding this chapter, while as a non-psychic, the author advises readers he has had the benefit of discussions with Linda Lee and interviews with many of her colleagues about aliens and their interactions with them. In no order of significance, and without violating any confidences, set forth

hereafter are brief notes about current activity and beliefs in the psychic world regarding or involving aliens and UFOS.

Aliens have been seen in many physical forms. They seem to have many of the identifiable facial features of humans, for instance eyes, ears, nose and mouth but, they may be of different prominence or locations on their heads. Some have hair or are hairless. Their statures vary between very tall or diminutive. For some reason, most aliens appear to be male. Aliens do not have any difficulty conversing in the language of the humans with whom they are interacting. Frequently their complexions have been described as grayish giving rise to some races being referred to as Grays.

Aliens have been coming to earth in their space crafts for eons. Their advanced intellect and other mental faculties have been of assistance to humans in limited ways early in the advancement of human civilizations. More recently aliens have been reconnoitering earth for the purpose of abducting humans for evaluation or hybrid reproduction.

To a limited extent, some alien races are said to have taken up permanent residence in remote locations on earth including the Antarctic region and the western desert area of the United States to maintain privacy or seclusion. It is suggested that their habitations are below ground. That said, there are further beliefs that the alien settlements are known to the United States government and they exist with its consent and they have defined borders.

Alien interaction between humans and aliens has not been limited to abductions which by the very word infers human unwillingness to participate. There are other interactions reported between aliens and humans that are voluntary. To put it more precisely, romantic relationships are known with marriage ceremonies and resultant childbirth.

Historically, and up to the present time, the public position of the United States government is that UFOS and aliens do not exist. Or, alternatively, there is insufficient fact-based information to establish their existence. With the termination of Project Blue Book investigations and continuing government denials, it appears more than ever that the private sector will have to assume the responsibility for gathering and providing the

appropriate proof of the existence of UFOS and their alien occupants. This will be a difficult task as a segment of the private sector also remains disbelieving or at least skeptical.

The world of psychics is expanding, and the information being gathered about UFOS and aliens is accumulating at a greater rate than ever before. As this author has said in other chapters on other topics, early conjecture or unpopular beliefs very often turn out to be well founded and backed by the scientific community so as to be universally accepted. So too it may be with aliens and UFOS.

CHAPTER 30

SPIRIT MANIFESTATIONS ON EARTH

AND PHOTOGRAPHY

Almost all research and present metaphysical belief support the concept that upon death the soul may linger at or near the place where death separated it from its human body or earthly vessel before transitioning to the spirit world. Or, the former soul as a spirit may return to its prior familiar surroundings temporarily or for long periods of time. Whenever the visitations may take place, the presence of the spirit on earth may be manifested in some form of an apparition or, more frequently called a "ghostly form."

It would seem quite logical with the advent of the photographic process attempts would be made to capture the images of spirits. While this might be greatly facilitated at the present time by digital cameras being part of telephones included in almost everyone's dress code, it was not that easy in years gone by.

Skipping some early historical reports of experiments by the Chinese and other cultures, by today's standards, photography in its infancy was very primitive. Most writers use the year of 1839 as the year practical photography, as we know it today, came into being. In simple terms, light sensitive material was placed at one end of a box and an image outside the box was captured through a small hole at the other end of the box. Frenchman Joseph Nicephore Niepce is given the credit for the first primitive photograph in 1825 followed by William Henry Fox Talbot in England. Others in earlier and later years also contributed to the understanding of properties of light passing through a hole or lens of a box. Likenesses of people, places, and things up to this point had to be created by artists using oil or water color paints, sculpting, or engraving, processes much too expensive for the average person.

Refinements in the photograph process quickly followed and it spread rapidly around the world. The box became a rather large enclosed device called a camera. Light sensitive coatings, on removable metal plates, captured exterior images through glass lenses. The lens was attached to the front of the box on a bellows which itself was on a slide to move it closer to or away from the light sensitized plates for focusing. A removable cap covered the lens. The metal plates were made of several different minerals. These photographs were called daguerreotypes after Louis Daguerre who implemented the process. The images were extremely clear and sharp, but were also expensive to produce. To reduce expense, thin plates made of a tin alloy, were eventually used and the images produced were called ferrotypes or tin types. In the same time period another refinement took place. Glass plates with a light sensitive coatings were used in the cameras to receive the images. At first the coating was wet in the camera and later a dry plate was system was developed. Prints of the images on the glass plates were made by light passing through the plates. Several kinds of coated paper were used to receive and create a permanent image from the glass plates. With the glass plates multiple copies of the same image could be reproduced.

The wet plate process, to say the least, was cumbersome both in a studio and in the field, as during the Civil War (1861-1865), which was extensively photographed. Chemicals, glass plates, and other accouterments of the photographer's profession had to be readily at hand. In the process of print making the greatest necessity was light. Bright artificial light as we know it today, was then decades in the future. In a studio, photographers used skylights and, in the field, direct sunlight was used assuming weather conditions permitted.

All during the aforementioned stages of the development of photography, the element of the length of time of exposure, to get the optimum resulting image, was pretty much left to the judgment of the photographer which, without doubt, was a factor of his experience. Depending on lighting conditions, the exposure time could vary from fractions of minutes to lengthy times of many minutes estimated by the photographer. This gave rise early on of people interested in the profession to becoming apprentices

or assistants to experienced photographers. It also gave the name “artists” to early photography pioneers.

At this point in the timeline of photography there had been no serious attempts to photograph spirits or their ghost images. Now, enters on the scene, William H. Mumler.

WILLIAM H. MUMLER

Mumler was a Boston, Massachusetts professional engraver turned photographer who developed a reputation for being able to photograph spirits or their ghosts. He apparently made a substantial living at this in Boston and later New York City. While doing so, Mumler survived several attempts to discredit him. His most well-known photograph was taken of Mary Lincoln, assassinated President Lincoln’s widow. It shows a seated Mary Lincoln with a purported ghostly image of Lincoln standing to her left with his hands on her shoulders. Subsequently, Mumler’s methods were totally discredited. At a fraud trial arising out of his production of ghost photographs, Mumler was inexplicably acquitted. But, his reputation never recovered, and it is said he destroyed his cache of spirit photographic glass plates before he died destitute in 1884.

Mumler’s secret today would be called double exposure. With the wet plate process, it would have been a little difficult, but certainly feasible. One glass plate being placed over another and the double image resulting being developed on a single photographic paper. The ghostly appearance in one of the plates was well within the expertise of photographers at the time. Mumler’s process was simplified when the wet plate process was phased out by the development of the dry plate wherein treated dry glass plates were used in cameras to produce negatives. This was the process in vogue at the time of his Mary Lincoln ghost image.

Mumler was tripped up once when a friend noticed in the background of one of Mumler’s pictures that he had used the fuzzy image of the friend’s

wife taken several years earlier, and the friend's wife was still alive at the time of discovery.

Several photographers later published their photos of alleged spirit images. They were never as successful commercially as those of Mumler, and they had a little more bizarre spirit depictions. Most seem to use studio props or garments surrounding the main subject image.

Moving forward in time to the present, or New Age, digital cameras and photo shop applications have transformed photography into a new art form. Poorly composed photos are erased in microseconds. Parts of photos can be "doctored" to remove or add features including objects, people or even placing heads of some persons on others in the same image. In short, today, what may be seen in a photo requires careful scrutiny before it is accepted as an unaltered originally composed image.

The question is now properly asked, are there any legitimate images of spirits? There have been and continue to be some television series and productions documenting ghost or spirit hunting efforts. From this author's viewing perspective and somewhat skeptical eye, their results have not been very convincing. However, readers, as viewers, should draw their own conclusions.

ORBS

A bit more troubling, with the universal availability of handheld digital cameras and millions of such cameras incorporated in our portable cell telephones, is the subject and nature of "orbs" being reported in contemporary images. The orbs show up as circular white opaque or translucent objects in otherwise "normal" images. They may vary from very small to large in comparison to other objects in the image. In some cell phone videos they are seen in motion.

The prevailing psychic-medium-spiritual opinion is that orbs are reflective evidence of the presence of spirits on earth. And, where they are observed is a location or with people, with which or with whom they were previously familiar in their prior earthly lives. The counter argument advanced by materialists and camera and film manufacturers is that the orbs are reflections from dust or pollen particles in the air, reflections from small air carried drops or particles of liquid, similar substances located on camera lenses, or other anomalies in the cameras themselves.

The phenomenon of orb images appearing in imagery of digital cameras is so prevalent now that one wonders why they did not appear in photos taken before their advent. Lenses and fine cameras prior to that time had lenses and capabilities equal to or greater than basic digital ones. Whatever the circumstance, and despite theories of detractors referred to in the paragraph immediately above, some credence must be given to the psychic-medium-spiritual concept or theory of spirit orbs, if for no reason other than the tremendous numbers in which they are appearing now, and not previously. It would seem logical that they would have also appeared in photos taken with non-digital cameras for the same reasons advanced by the skeptics, dust, moisture, and reflections etc.

Two observations, made by Linda Lee and this author, of spirits in photographs are presented below for consideration of readers.

MARK D. PHILLIPS PHOTOGRAPH SATAN IN THE SMOKE

Among the tens of thousands of photographs taken of the destruction of the two Trade Center Towers in New York City on September 11, 2001 this one stands out as particularly memorable. The photo titled Satan in Smoke, Courtesy of Mark D. Phillips/markdphillips.com was taken by Mr. Phillips from the top of a nearby building. In the smoke appears to be the typical likeness of Satan, or a satanic being, or a spirit. In the hierarchy of spirits described by Allan Kardec, this one is certainly representative of the lowest level.

GOLDMINER'S SPIRIT AND HIS DOG

Linda Lee and the author were fortunate enough to take a three-week excursion through Alaska and the Canadian Yukon in a cozy twenty-one-foot recreational vehicle. Returning from the Yukon towards the end of our trip we came upon a large apparatus which we recognized as an old gold mining dredge used in the bygone years of the gold rush. It appeared to be abandoned and probably moved to its then location from one of the rivers or streams where it had been active. As we had done on our entire trip, as tourists, we dutifully took photographs of the dredge. This was before digital photography, so we waited to get home to have our many rolls of film developed.

On close examination of one photograph of the dredge, the image of a man wearing a hat on the dredge stands out along with that of a dog. Neither a man nor a dog was on the dredge when the photo was taken, and Lind Lee being the photographer, I can assure readers this was not the case of a contrived double exposure. We attempted to research the history of the dredge and its owner or operator but were unsuccessful. Then, as now, it does appear that we did capture the image of a spirit with some association with the dredge, along with that of his dog.

CHAPTER 31

SUMMING UP THE NEW AGE

While this author has gone from skeptic to firm believer in psychics, mediums and spirits, I am not sure it would have happened without the ever presence of Linda Lee in these later years of my life and the New Age we are experiencing. She, most of all, was aware that on my journey to this awareness, I was ever questioning everything with demonstrable earthbound or material logic. What might be seen as a natural inclination or belief or as an emotional component of my thinking, with my wife, Linda Lee, as my primary mentor, I would be more accepting of her views. It actually had the opposite effect. This circumstance simply raised the bar to overcoming my original skepticism to get to my level of belief today.

What are the beliefs of the public at large in this New Age? Some recent polls or surveys are informative.

THE GALLUP SURVEYS

The Gallup Organization in Princeton, New Jersey has conducted surveys, at intervals of four or five years, from 1990 and 1991 and in 2005 which are enlightening. Approximately one thousand adults were contacted by telephone for each survey.

With regard to selected categories of paranormal subjects, the individuals were asked if (a) they believed in them, (b) were not sure about, (c) don't believe or (d) had no opinion. The categories do not exactly track the subjects of this book. They are listed here in somewhat shortened versions without loss of their meanings. Listed with each category is the percentage of persons polled who believe in the category.

Extra sensory perception.	41%

Haunted houses.	37%
Ghosts/spirits of dead people can come back (places or situations)	32%
Telepathy between minds.	31%
Clairvoyance, knowing the past and future.	26%
Astrology, stars, and planets can affect peoples' lives.	25%
People can communicate mentally with dead people.	21%
Witches.	21%
Reincarnation, rebirth of a soul in a new body after death.	20%
Channeling/allowing a spirit being to temporarily assume control of the body.	9%

According to Gallup, the data from the survey of 2005 showed that about 75% of people polled believed in at least one of the paranormal categories shown. The results were similar to those of the prior 2001 survey. It is of equal interest that the following topics were included in the survey, but not reported in the data analysis, as they were "not considered paranormal events."

Psychic or spiritual healing or mind body healing.

People on earth are sometimes possessed by the devil.

Extra-terrestrial beings have visited earth in the past.

The last paranormal activity reported in the survey regarding channeling is awkwardly phrased. In the usual case of channeling, when spirits communicate with humans, through a medium, the spirit does not assume control of a body. It is a dialogue between the spirit in the spirit world and the human as reported or facilitated by the medium. Linda Lee, however, has experienced rare instances when a spirit has actually spoken directly to humans using voice. With better phrasing, the "believed in" number may have been considerably higher.

The Gallup surveys, as reported, can be easily accessed online by googling the Gallup surveys.

THE CHAPMAN UNIVERSITY SURVEYS

A second more recent survey of American paranormal beliefs was conducted by Chapman University's Wilkinson College of Arts, Humanities and Social Sciences in Orange, California. The available results are for the years 2016, 2017 and 2018. Like Gallup's polls, Chapman University surveyed a little over 1,000 people each year. The categories surveyed, briefly edited without loss of substance, were the following. With each category is the percentage increase in beliefs recorded between 2016 and 2018.

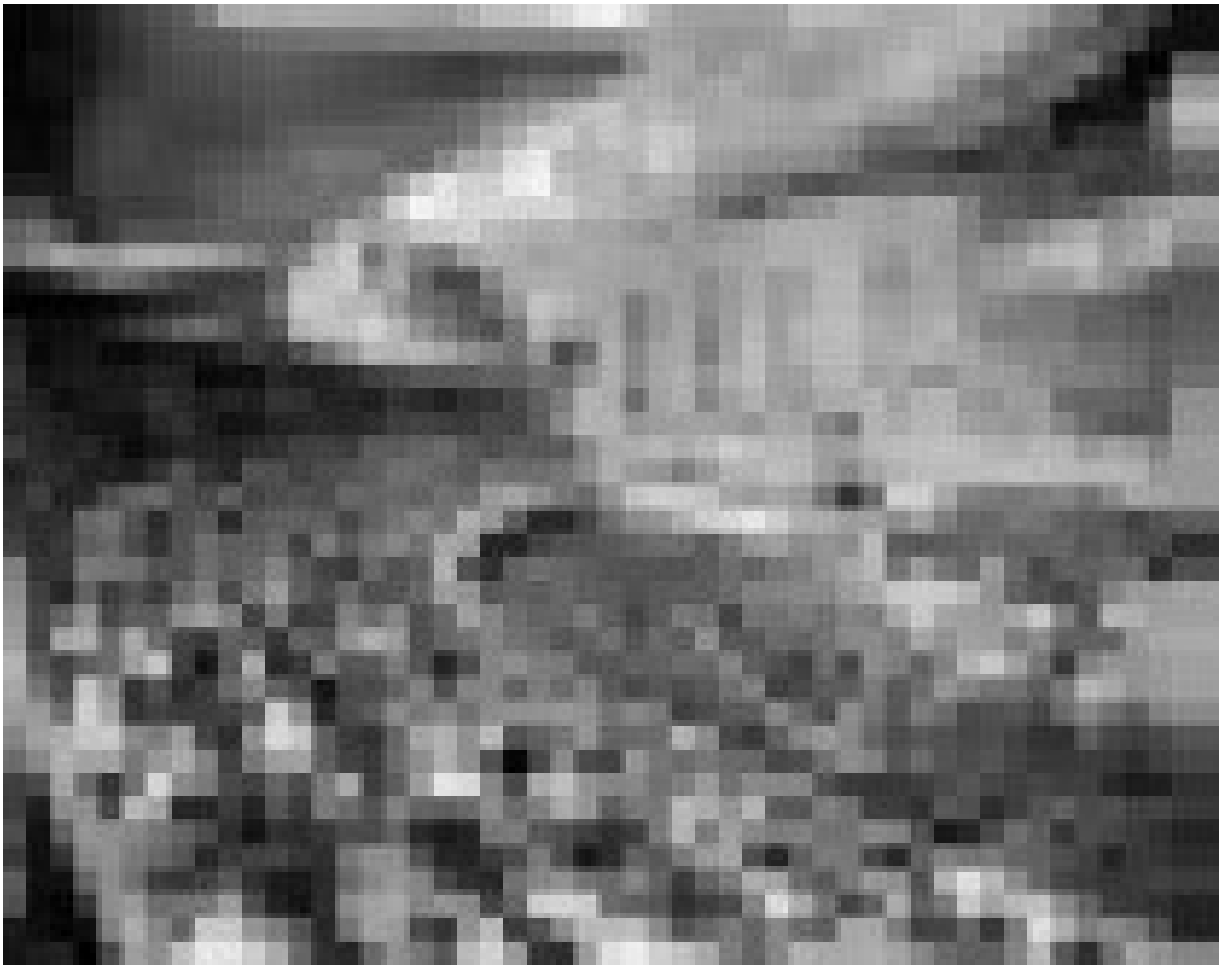
Advanced civilizations like Atlantis existed.	17.3%
Aliens have visited earth in ancient times.	14.4%
Places can be haunted by spirits.	11.1
Aliens have come to earth in modern times.	10.4%
Big Foot is a real creature.	7.2%
Some people can move objects with their minds.	7.1%
Fortune tellers and psychics can foresee the future.	3.1%

While it might have been more revealing if additional paranormal categories, such as channeling, had been included in the Chapman surveys, there is demonstrated a recent upward turn in the public belief in paranormal phenomenon. The full data underlying the Chapman surveys is available on the University's web site and referencing links.

In closing this chapter, readers are reminded that both Linda Lee and the author have had to adjust or flex our mindsets as we have journeyed together, in our own ways, into the worlds of psychics, mediums and spirits. We urge readers to do the same and be aware that the future, will no doubt, have more and greater revelations for you to ponder. And, the theories you hear advanced at this time may turn out to be well founded and fully accepted facts in the future. Never forget the saga of Galileo and Copernicus proving the earth revolved around the sun and the earth was not the center of our universe.

PART TWO ILLUSTRATIONS

Exterior of Amie McPherson Los Angeles Foursquare Church where Linda Lee heard speaking in tongues and her ability to speak in Light Language was activated at age twelve.



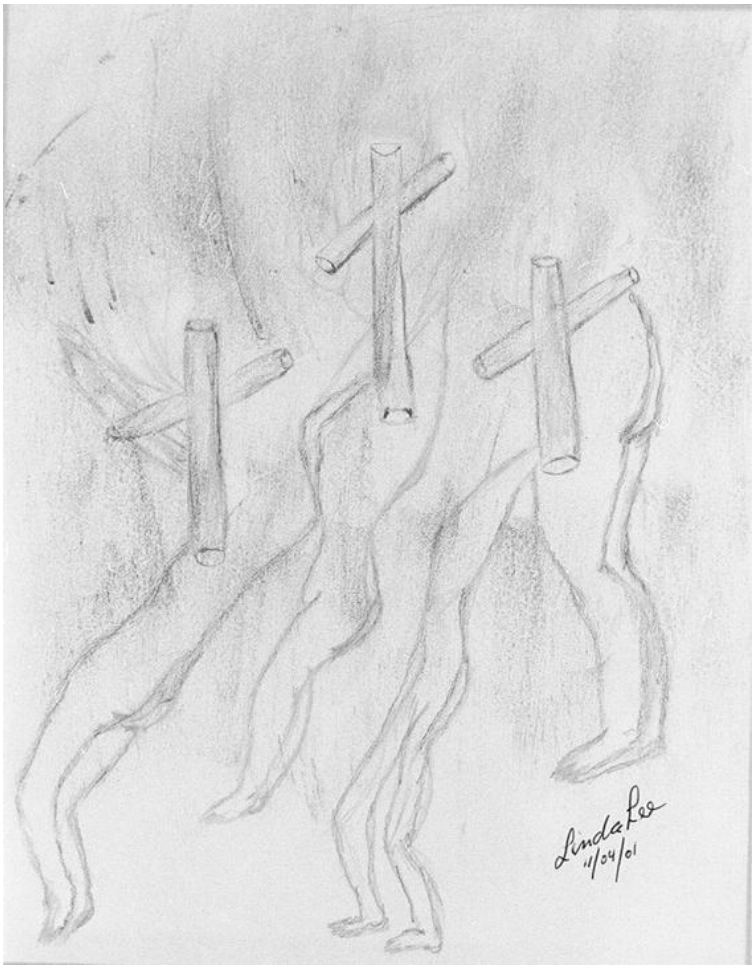
Interior of above Foursquare Church.

Photo titled Satan in the Smoke, copyright Mark D. Phillips, coming from twin towers building on September 11, 2001.

Sketch by Linda Lee, among others, without conscious effort, following the destruction of the twin towers. Compare the similarity to Phillips photo above.

Linda Lee's interpretation of the merging of good and evil. The faint print is on the reverse side of the paper used by Linda Lee.

Linda Lee’s depiction of God’s care for his people through the presence of Angels.

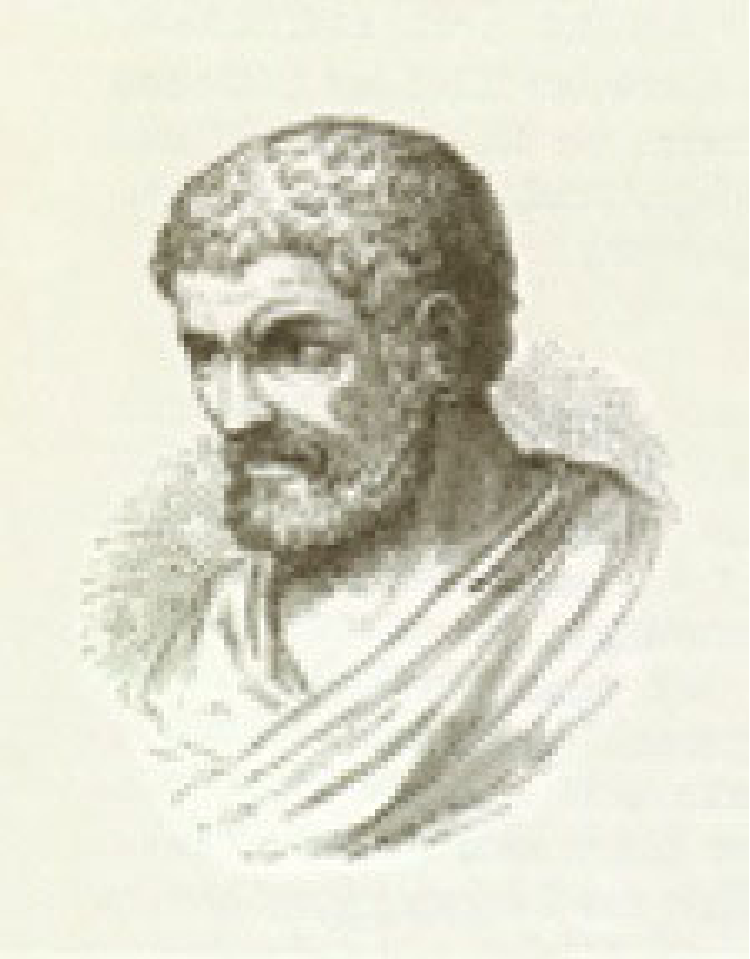


Linda Lee's, "The Rapture", representing the ascension of souls of the 9/11 deceased.

Audie Herron

(1959-2014)

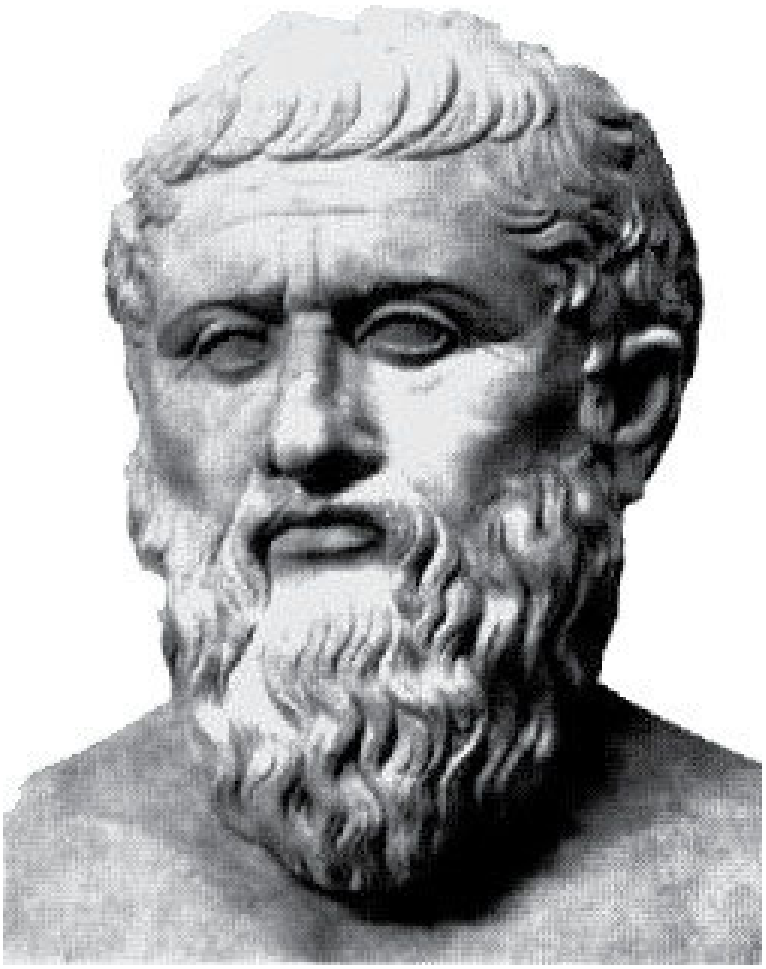
Linda Lee’s mentor and a spiritual healer.



Euclid of Alexandria

(Late 300 BC – 276 BC)

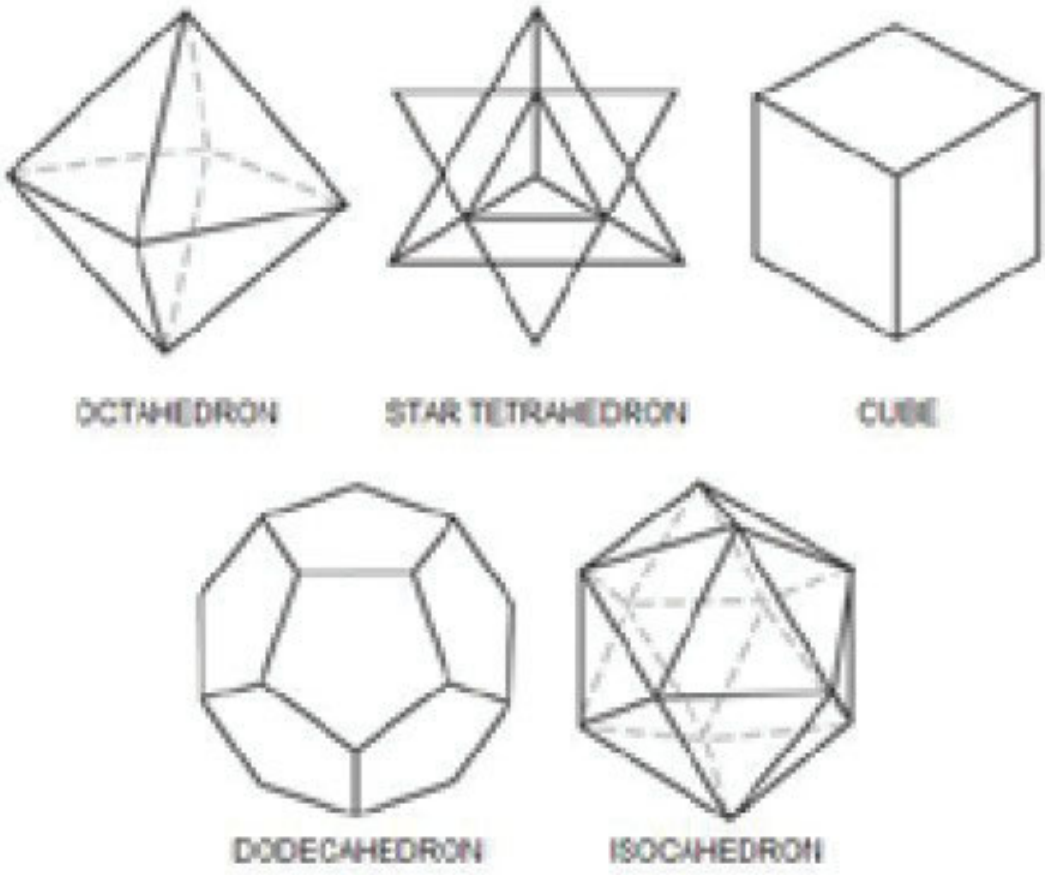
Egyptian mathematician.



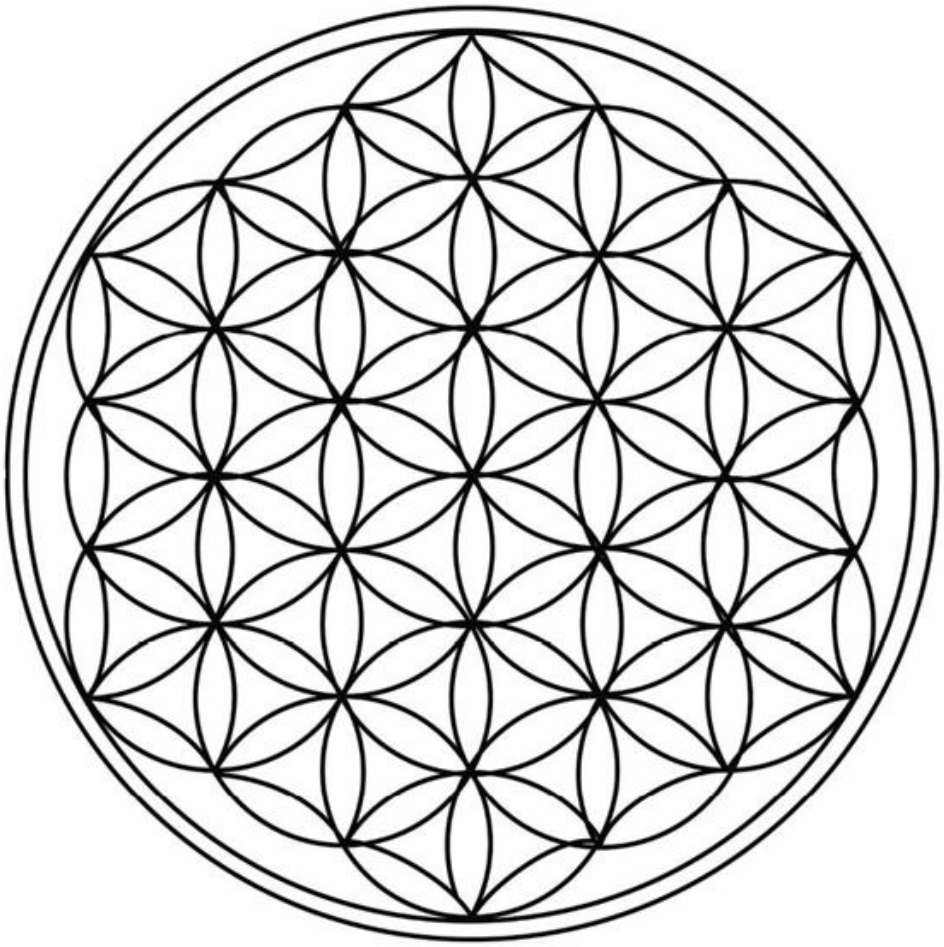
Plato

(427 or 428 B.C. – 348 or 347 B.C.)

Egyptian mathematician and philosopher.



Platonic solids, examples of sacred geometry.



Flower of Life, sacred geometry formed from adjoining concentric circles.

Betty Hill and Barney Hill

(1919-2004) (1922-1969)

Alien Abductees.

William H. Mumler

(1832-1884)

Spirit photographer of Mary Lincoln.

Spirit photograph of Mary Lincoln, by William H. Mumler, with ghost of Abraham Lincoln.

Reflective evidence of spirits on earth. See large orb in front of the fireplace.

Hack's photograph of goldminer spirit standing on an Alaskan dredge, with dog on the ground. See circled portions of photograph. Figures somewhat indistinct in this old photograph.

PART THREE

IT IS NEVER TOO LATE TO START AWAKENING

CHAPTER 32

HOW DOES SOMEONE AWAKEN?

In the Introduction of this book, there were a number of levels listed, of general awareness of psychics, mediums and spirits described from none to very familiar. No matter what the reader may feel his or her level may be, the author and Linda Lee both hope the information in this book may have excited the readers' interests in at least moving up their interest levels. Most certainly for the author it had this effect. Researching and having the benefit of a live-in mentor greatly accelerated my climb up to the top level of general awareness. The next question that may be asked for highly interested readers is "can I be or become a psychic or medium?" The answer to that question is, most assuredly, "yes."

Before elaborating further, however there is one caveat. As pointed out in previous chapters, it is accepted that all mediums have some psychic abilities, but not all psychics have the ability of spiritual mediumship. The differences between psychics and mediums have been blurred historically. At the risk of some editorial redundancy, as noted previously in this book, early writers have attempted to distinguish between different kinds of mediums. Many times, however, they are referring to certain abilities now attributed to psychics. In this New Age, when there is reference to a medium it usually denotes a spiritual medium, such as Linda, who has the ability to communicate with spirits of human souls that have passed over into the spirit world. Lest there be a thought in readers' minds, the distinction between psychics and mediums is more than name only. However, one should not be regarded as of a higher class or standing than the other. While overlapping, their abilities are regarded as different, and respected to the same extent.

One psychic trait exhibited to me by medium Linda Lee, however, occurred October 2016. In two separate conversations she rather matter-of-factly stated that the West Point Army Military Academy would defeat the Annapolis Naval Academy in their annual football game rivalry. And, that

Donald Trump would win the election for President of the United States over Hillary Clinton. To put these revelations in context, the Navy team had the much better current seasonal football record than Army and was heavily favored. Navy had beaten Army consecutively in the prior fourteen years and was the odds on favorite to do it again. Polls and pundits alike predicted the heavily favored Clinton would defeat Trump in the 2016 presidential election. To the surprise of almost everyone, except Linda Lee, Army did defeat Navy and Trump defeated Clinton in the presidential election. A good illustration of psychic clairvoyance.

Throughout this book the author has continually used the word awakening when referring to a person becoming aware that he or she has psychic abilities. This is the generally accorded meaning in the now New Age. To some people, however, awakening may have the connotation of a sudden event such as an alarm clock going off and awakening you from a night's sleep, and suddenly you have psychic abilities. It does not usually work that way. Take for example small children who frequently tell their parents they have playmates the parents believe are not real, or least of which they have never heard about. More challenging for parents, are children who refer to their seeing images of deceased family relatives. These type of episodes are equally challenging for the children when the parents tell the children that no such playmates exist, and the images of deceased relatives are not real. While the stories like these told to parents by children may be recollections of dreams, vivid imagination, or actual hallucinatory behavior, they may also be fledgling evidence of psychic ability. In any of these cases, especially the latter, the child becomes more reluctant to reveal similar episodes, and while they may still take place, they become stifled childhood memories. Then, it is not until much later, with more worldly experience, that these childhood memories resurface and become blended with other experiences which may also be psychic in nature. The awareness that develops in the now mature former child, indeed, may be psychic. These "other experiences" might include those similar to the childhood memories, exposure to practicing psychics, reading informative literature, or perhaps, perusing books on point such as this one.

The obvious must be pointed out here. In Linda Lee's case awakening to full psychic and mediumship ability did not take place until well into her

mature adult years. Her early exposure to speaking in tongues might be equated with stifled childhood experiences described above, but her ability to speak in tongues was not suppressed by embarrassment or direct parental admonition. It was a private matter she kept to herself which did not blossom until her psychic awakening and the understanding that speaking in tongues was light language in modern form.

Commonalities shared by both budding and experienced psychics and mediums alike include a greater appreciation of natural surroundings (that would be Mother Earth), cloud formations and their resemblance to animate or inanimate objects and circumstances of synchronicity. This last-mentioned experience of synchronicity requires further elaboration as it is important in the psychic world. Psychics all seem to have an acute awareness of recurring similar or identical numbers, sounds, images, human feature likenesses, proper names or nicknames of people or pets, birthdays, objects and natural or manmade geologic formations to name a few examples. Synchronicity is beyond coincidence which is defined as the accidental occurrence of two related things or events. The same can be said of randomness, which is defined as haphazardly appearing or arranged. Synchronicity is more than that as well. It is often said that you know synchronicity when you feel it. This experience of synchronicity may even be a precursor or "tip off" that a person's awakening or realization of one's psychic ability is about to occur or is imminent.

These last two paragraphs are demonstrative that psychic abilities generally do not suddenly pop up in full bloom, so to speak. It is more of a realization which develops over time and nurtured by some external influences. It is for this reason, in the New Age culture, it might have been a little more accurate to describe psychic awareness as a process of development and realization, rather than an awakening. Be that as it may, awakening is the word of choice no matter over what time period it may occur.

Once one realizes one has psychic abilities, there is no reason they cannot be developed to their fullest extent. There is no limit to be concerned with, other than self-doubt and how other non-psychic people might regard you and your manifested abilities. You will get over it, and they will too. In fact, if you are surrounded by skeptics, this author, Linda Lee, and all of her

colleagues around the world can assure you that sincere demonstration of psychic abilities by friends of skeptics is the quickest and surest way to win over skeptical thinking and, in many cases, start the prior skeptic on his or her own investigation of the world of psychics, mediums and spirits.

The psychic awakening process, at whatever a person's chronological age may be, can be facilitated simply by acquiring as much knowledge or information about the realm of psychics as possible. A read of this book may be a start. A couple of clicks on a computer search engine will also bring up links to hundreds of information sources. It is the author's experience, demonstrated many times over by Linda Lee, that psychics are not reluctant to share their awakening times. And, even beyond those moments, most psychics will gladly share their post awakening psychic avocations in the psychic world, or their professional paths, if pursued to that level. Many psychics have their own websites and blogs. Usually the blogs are open to all who care to join if the blog's themed subject matter is of particular interest. Postings by members to the blogs can be made in the form of questions, comments, or information which may be of interest to other blog members.

It has been pointed out several times in earlier chapters that one of Linda Lee's main goals as a psychic and medium is to awaken others to their abilities. She has devoted much of her energy in this effort. Her website caters to that activity and the power and purpose of light language.

CHAPTER 33

MEDITATION AND PSYCHIC AND

SPIRITUAL AWAKENING

The practice of individual or group meditation has been in vogue for thousands of years. Its earliest roots are traceable to ancient India and has been practiced in one form or another by all cultures down to the present day. The purpose or function of meditation has remained relatively unchanged over the millennia. Briefly stated, meditation has as its goal of assisting one to focus one's mind, if not whole being, in an isolated direction or on a central issue or concept. In doing so, meditation may relieve the stress of multiple concerns a person may have to permit full attention to be paid to a primary concern. Alternatively, meditation may assist persons to set aside all concerns as a mental process to achieve a relaxed un-conflicted state leading to a healthier mind and body.

There are almost as many methodologies for practicing meditation as there are people who regularly do it. Most seem to have certain elements in common, however. The ambient conditions preferred are almost uniformly quiet without interruptions. There may be soothing background music. Body posture in a seated position appears favored in the "lotus" position with legs crossed and hands and wrists resting on the knees. This appears to be very traditional, but not inherently necessary. Sitting in any posture is all right so long as it is comfortable. Meditators find reciting mantras when meditating to be helpful in their ability to focus their minds, but it is not essential. The duration of meditative sessions is not as important as their quality. Many psychics meditate every day and some only when feeling stressed.

The key to successful meditation is, of course, getting one's mind to focus as referred to above. This is easy for many people and others may need some practice. This author has tried to meditate without success. I have

found that I cannot unclutter my mind to achieve the necessary level of singular concentration. Linda Lee, on the other hand, meditates regularly despite disruptions from extraneous noise such as the dog needing attention or the author tip toeing around.

Is it essential for awakening psychics or mediums to meditate? Maybe not, but most do and find it helpful. They continue to do so as their abilities mature. It is an element of nourishment and assistance in maintaining mental focus and overall mental and bodily health.

CHAPTER 34

PSYCHICS, MEDIUMS AND RELIGION

When considering the content of this book, the author first thought the interrelationship between psychics, mediums and religion was almost too profound for the author's limited knowledge of religious theology. Better left for others to unravel was the thinking. The more thought given to the subject as identified in the title of this chapter, however, the more the author realized that readers would have the same interest, and a discussion, even limited in scope, was required. Some of what follows will be redundant to a certain extent. In the context of prior chapters, references to religion and the psychic and spirit worlds have previously been made, but only in passing.

First, here are the limitations to be placed on the subject as artificial or arbitrary as they may be. There are too many religions and subsets of them to be included in this discussion. Judaism and Christianity are included because of Old and New Testament Biblical heritages, as is the later developing, Islamic faith, with all three predominant in many areas around the world. Hinduism and Buddhism of the middle east and far east are included, but with some limitations. Individual or singular Agnostic beliefs that the concept of God is not known, but not necessarily denied, and individual Atheistic beliefs, that there is no God, are not considered.

At the outset, let it be said that both Linda Lee and the author have not encountered any psychic or medium that does not have a belief in some concept of God. That stated, it must be noted that our respective present-day involvements with psychics and mediums have not included any direct inquiries as to their specific religious faiths. For our own part, the author, a non-psychic, and Linda Lee, psychic and medium, have similar concepts of God. As previously recounted in this book, we believe that there is a God, sometimes called Source, responsible for the creation of all things, animate and inanimate. Inherent in this concept is the freedom of choice and thought. We believe our faith is not inconsistent with the concepts associated with that of psychic ability and spiritual mediumship. That being

so, with strict tenets of some of the major religions today, the following discussion may be helpful to readers.

In ancient Greek, Roman and Egyptian cultures, religions were a blend of faith, worship, mythology, heroes, heroines and historical events. From this blend, or because of it, a number of gods and goddesses became the object of their faiths. Polytheism, the belief in multiple gods for multiple blessings or protection, was universal. Monotheism, belief in one god, was thousands of years distant. Each of the cultures may have had more than twenty-five gods or deities.

The Romans adopted gods similar to the Greeks but with different names. Here are a few examples with the Greek name followed by the Roman name and the God's domain.

GREEK	ROMAN	DOMAIN
Zeus	Jupiter	King of the Gods
Poseidon	Neptune	God of the Sea
Aphrodite	Venus	Goddess of Love
Hades	Pluto	God of the Underworld
Ares	Mars	God of War
Gaia	Terra	Goddess of Earth
Nike	Victoria	Goddess of Victory
Selene	Luna	Goddess of the Moon
Helios	Sol	God of the Sun

There were many Egyptian gods which changed in identity, name and domain with each changing dynastic period, pharaoh, and king. Temples and various structures for ceremonial worship were erected to honor the gods and occasionally destroyed or defaced and replaced as successive gods gained more favor. No listing will be attempted here. There were many hundreds, if not thousands, by some scholarly estimates. However, one remarkable change did occur in the timeline. In the reign of Akhenaten (1353-1336 BC) the deity Aten, formerly Ra the Sun God, was elevated to singular importance and worship. Polytheism, for that time period, was subordinated to the monotheistic concept.

Leaping ahead many centuries, with one exception, Buddhism, the major religions of today generally embrace the existence of one divine being, or God. The attributes of the God may differ in each of the religions, but they may certainly be called monotheistic. The Christian and Hebrew faiths are rooted in the New and Old Testaments of the Bible. The Islamic faith was founded when Mohammed received revelations from God in the last half of the years 500s AD. Hinduism is sometimes said to embrace many Gods, but they were lessor individuals referred to as Devas. Individuals are left to worship one God in the form of nature and animals, trees, air, wind, and fire as well as the Devas.

The one exception of Buddhism, referred to above, is not suggestive of polytheism as being its basic tenet. Rather, conceptually each individual is to strive for inner peace, wisdom and enlightenment, and no supreme divine being is generally acknowledged. It is reported that Buddhism was founded in India 2,500 years ago by Siddhartha Gautama, later known as Buddha.

In the ancient times of many gods, everyday concerns of the people were not unlike those of today. Food, shelter, health, wars etc. However, worship of the individual gods sought to alleviate those issues or concerns. Political control and motives of the citizens were also limited by focusing attention on the various gods. Unusual phenomenon were attributed to the gods as were successful or unsuccessful wars or cataclysmic events.

Moving forward through the dark ages, middle ages, and the age of enlightenment, polytheism gave way to monotheism and centralized religious concepts and worship evolved within the principal religions.

Along with this religious evolution, political influence conjoined with it. Domination and required allegiance, spread through regions of the world where religions were prevalent.

All during this last time period, supernatural phenomenon as we know them today, may have been occurring, but in large part, they were attributed to humans being possessed by the devil, a not understood mental imbalance, illness, or activity brought on by demons. Thus came about the trial of witches, inspired by religious fervor and sometimes their execution by burning at the stake. Historically, these last instances probably took place far fewer times than now ingrained in today's popular belief. This capital punishment was to rid the world of the possessed human and, in theory, to banish the devil that had possessed the witch. The more likely disposition of people with chronic unexplained behavior was lifetime isolation and confinement. It was not until more modern times that some form of treatment, therapy or medicinal relief became the preferred alternative.

The main thrust of this discussion is how the major religions of today deal conceptually with those ideas inherent in the nature of spirituality as understood by psychics and spiritual mediums. The primary contentious concepts may be said to center on the reincarnation of souls and the ability of humans to communicate with spirits.

Christian-Judaic beliefs do not generally accept the tenet that souls upon death of their human vessels reincarnate again to better their spiritual beings. Rather, on death they meet their eternal judgments. Likewise, Muslim belief is that upon death one meets Allah or God for a judgment determination. Hindus and Buddhists have beliefs in reincarnation in different ways depending on their ancient origins and religious documents.

Clearly, as discussed in this book, and believed by a considerable segment of the population, there is a process of reincarnation whereby souls return in the bodies of newly born, if not unborn fetuses, to meet the challenges of a new life as charted for them to better their souls or standing in the hierarchy of spirits leading to angelic like purity.

Of more recent origin is the demonstrated ability of humans, as mediums, being able to contact the spirits of those deceased who have passed over

into spirit world. From the viewpoint of most major religions, there is no room in their doctrines for this concept. However, most all religions fully endorse praying verbally or in thought to God or Archangels for the safety and comfort of loved ones in the spirit world. Communicating directly with the spirits through mediums for similar purposes, therefore, may not be too far out of religious understanding. As referenced in earlier chapters, there are Spiritualist and Spiritist Churches around parts of the world, while in the minority, they do expressly embrace the concept of direct communication with spirits.

If it is possible to amalgamate the present concepts of the major religions into one statement of position on reincarnation and communication with spirits, it would have to be that those concepts are not recognized. This, of course, might also fortify the skepticism about these concepts as well by non-religious people. On the other hand, as enumerated in Chapter 31 there appears to be an increasing public belief in these concepts. Whether the rates of increase in those numbers are dampened by the religious beliefs of those surveyed, is speculative.

Setting aside all considerations and limitations of historical religious dogma briefly noted above, in this New Age of conceptual thinking, incarnation or reincarnation and spirit contact and communication with humans is not only conceptually possible, it is, in fact, a demonstrated reality now, and has been well before any enterprising commentators thought up the New Age name.

Taking into account tenets of some of the major religions to the contrary, how does one reconcile the concepts of reincarnation and human contact with spirits with their religious dogma? Perhaps one does not. Yet here are several answers that come to mind. The first and probably best answer is, it is all a matter of faith. Like in the times of the ancients and their many Gods, faith in them, for most people, was what made daily life sustainable. For adherents of each of the major religions today, the same is probably true, but maybe to a lesser extent. To draw an analogy from Chapter 1 of this book, mindsets of followers of any religion may become adjusted over time, and their mindsets may be opened to different thinking about strict acceptance of all their doctrines. Said differently, a person may be a

follower of a particular faith, but accepting of concepts of another faith or new religious thinking entirely. This is what, in fact, has produced divergent religions from some mainstream religions for centuries. As important or trivial as it may seem, King Henry VIII of England broke from the Papacy of Rome after the Pope refused to give the King a marriage annulment and the Church of England or Anglican Church as we know it today ensued. The suggestion here, but by no means a recommendation, is that one might find reincarnation and spirit communication preferable beliefs, but all other religious doctrinal beliefs one might have are not necessarily there by extinguished.

Other answers to the question posed above might involve soul fractals in humans and their lives being parallel, but separate and on different planes with unrelated purposes. This does not answer the question concerning communication by humans with spirits or fractals in the spirit world, unless they themselves reach out to humans in some animate way such as rappings and table tipping, in dreams states, as apparitions, or by automatic writing. This last reaching out phenomenon has been discussed in earlier chapters in various circumstances and contexts, from Kardec, to Dr. Newton, to The Betty Book and Seth. In all cases, spirits invited or expected human replies or responses. Here again, as in the case of reincarnation, if belief in spirit communication is not among the tenets of a major religion, one's acceptance of such belief does not, therefore, require disregard or impair one's faith or beliefs in an all other aspects of that religion.

To conclude this chapter on psychics, mediums and religion, a recapitulation of information may be beneficial to readers. Gods and religious worship have been with us on earth since ancient times. They have taken different forms with many differing doctrines or beliefs down to the present day. Coinciding with the religious developments, in recent centuries, other conceptual developments took place. At first, very controversial, the beliefs in reincarnation and communication by humans with spirits/souls in the spirit world became accepted by a significant segment of academic, scientific, laymen, psychics, and mediums. The reincarnation and spirit communication concepts, to some extent, are said to be in conflict with elements of the doctrines of the major religions. Psychics and mediums today, whatever their religious beliefs may be, are probably

aware of these conflicts, but do not seem conflicted by them. Their beliefs in reincarnation and spirit communication may be said to be an exception to all the other doctrinal beliefs of their religions where some conflict exists. Their beliefs are not fatal to their believing in all the other tenets.

In researching and commencing the writing of this book, I became aware of confusion in my own mind of the distinctions between the meanings of the words: spirits, spirit, spiritual, spirituality, spiritism, spiritist, spiritualism, spiritualist, and religion. Over the decades, if not centuries, prior to the New Age, writers, theologians, and philosophers have used these words in various contexts. At the times of their usage they probably were appropriate for conveyance of their then understood meanings. But, in today's parlance and usage, slight variances or entirely new conceptual meanings have developed for some of them, to a greater or lesser degree, in the world of psychics, mediums and spirits. Some concluding remarks about these terms may be helpful to readers new to the world of psychics, mediums, and spirits as they may choose to explore further interests in the subject. For the purposes of the subjects of this book, the following definitions are applicable

In earlier chapters, specific reference has been made to spirits. They are the souls of deceased humans that have passed over into the afterlife or spirit world. For the sake of clarity and consistency, also as referred to previously, this author has chosen to refer to the passed over souls as spirits. This redundancy is vital for readers' understanding of the concepts set forth in this book.

Spirit, as a singular noun, is frequently used in current conversational vernacular to refer to a named or unnamed spirit in the spirit world familiar to the person or medium. It most often would be a guide or mentoring spirit such as Erik Medhus. When used in the context of a medium's contact with a spirit in the course of a session with a client, it may also refer to the individual spirit responding to matters of interest to the client. Linda Lee frequently refers to spirit when discussing matters of common interest with colleagues. At times it may also refer to information from a collective of spirits with clear and unambiguous meaning. In this instance the collective might be quoted "spirit says…"

[AUTHOR'S NOTE. Dictionary definitions of the word spirit are many and they include soul, ghost, angel, mood, courage, loyalty, essential quality, alcoholic liquor and carry away secretly.]

Spiritual or spirituality is a broad term of reference attributed to individuals embracing most religions regardless of differences in fundamental tenets. It can be thought of quantitatively as a high degree of faith in one's fundamental beliefs. The words carry with it, in most cases, a connotation of reverence and respect. However, with the passage of time the terms began to denote or include even broader meanings. In general, in their usages now they carry with them the added implication of positive thought and absence of negative expression whether within or outside of a religious setting or discussion.

Spiritism and Spiritist have been clearly defined and have unchanged meanings. Spiritism was and is a religion. Its main tenets are discussed in Chapter 5 as set forth by its founder Allan Kardec. A follower of the faith is a spiritist.

Spiritualism and spiritualists also have specific meanings. Spiritualism is a religion and its followers are called spiritualists to be distinguished from Spiritism and spiritists referred to in the above paragraph. Spiritualism had its origins with the phenomenon associated with the Fox sisters as discussed in Chapter 10. Its followers are properly called spiritualists.

Religion, both historically and presently refers to a faith usually based on some concept of a God or revered deity. Their faiths are most usually set down or recorded in formal written tenets and other procedural guidelines for worship. The faithful of any religion usually do so within a broad organization of followers with shared common beliefs. A central place of worship is where the faithful usually assemble on designated days to affirm or reaffirm their faiths. In more recent times organizations and places of congregation have evolved where people with faith in God may associate less formally and without adherence to strict tenets. There are no strictures

or prescribed manners or forms in which faith in God must be expressed. While there is leadership in events centered on faith, their presentation is conducted in an informal way aimed at being entertaining as well as informative. In general, a more social ambiance prevails within these congregations and there is no formal membership name required or identified with attendees.

CHAPTER 35

IS THERE AN AGE BEYOND THE NEW AGE?

This author, not being a psychic, may be the wrong person to answer the question posed in this chapter's title. I do not have clairvoyance or what other psychic ability may be required to see future events. However, I do have the experience of having researched the events and concepts leading up to and constituting the New Age. I also have the benefit of psychic and medium Linda Lee at hand for guidance. In composing the answer to this question, both this author and Linda Lee have contributed our best thoughts and ideas.

First, a brief statement is in order of what constitutes the New Age. As referenced in an earlier chapter, many commentators have contributed definitions or descriptions of the New Age, some with inferred disparagement. They ranged from it being a cult to a religion, and there was no agreement as to when, as a time period, it started or when it was expected to end, if not already ended. This author and Linda Lee have agreed and previously expressed the opinion that the New Age should be considered as an indefinite time period of recent advancing knowledge about psychic abilities, spirit communication, and investigation of psychic phenomena including UFOS, and alien interaction with humans. To say that this is a religion or cult does an extreme disservice to those who are involved in good faith, including this author and Linda Lee. It is not a cult or religion or anything in between. More generally, most psychics and mediums feel that what they do in this New Age of time is helpful and rewarding for those who consult them. At the same time, those same psychics and mediums are incrementally advancing the fundamental basis and expanding the range of their skills and abilities from a scientific or factual standpoint.

Worthy of comment here is consideration of what it takes for some future advancement in scientific theory or demonstrated psychic ability to be accepted without any required further adjustment of mindset. For purpose

of illustration is the enormous recent progress in understanding of human DNA and its apparent infallible association with a person based on minute traces of that individual's DNA found outside of that person's body in remote locations. This factor has revolutionized law enforcement and judicial processes both from a conviction and exculpatory aspect. All of this has taken place in a relatively short period of time. It occurred by the scientific community establishing the correctness of its basic concept, and the judges and courts of the judicial system becoming receptive of the probative value of evidence based on the DNA linkage concept.

In contrast, there have been many reported episodes where law enforcement agencies have used all traditional techniques to locate missing persons or things of interest related to a matter being investigated by them. When all their search efforts have failed or proved fruitless, they have asked practicing psychics, as a last resort, to be of potential assistance. Using their abilities, described earlier in this book as the Clairs, the psychics have in many cases given law enforcement agencies information or leads for their further investigative activity which sometime have resulted in successful conclusions of the matters being investigated by them. While not a usual element of Linda Lee's practice, she has occasionally collaborated with other of her colleagues in this type of law enforcement assistance. In these situational cases, however, if necessary for a court to determine the probative value of the psychics' contribution to the investigative effort, there is no doubt that in this moment in time a determination would be made that it had no basis in science or any other universally recognized factual precedent.

The point to be made here is that DNA evidence and its underlying recognized scientific principles are fully accepted today as factually reliable. Yet, psychic based findings with practical results, in segments of today's scientific community and the judicial branch of government, are not so acknowledged. Hopefully, as the New Age transitions into the following Age, more fundamental research will be done on the various psychic abilities to establish their reliability and acceptability in the public domain.

[AUTHOR'S NOTE. To assist readers who do not have knowledge of how evidential matters are treated in most judicial systems, the following information may be helpful. Testimony in trials from lay (non- expert) witnesses about their visual observations, in most all cases, is received. This would include identification of persons, places, things, and audible sounds. Also, they are permitted to estimate distances, dimensions, and speeds where relevant. The theory is that the average person, as a witness, has accumulated sufficient knowledge and experience in daily living to express opinions on those matters. However, if at issue are matters of a technical or a scientific nature such as medicine, engineering, architecture and the like, professional experts in these fields are called as witnesses to express opinions on the specific issues involving their expertise. The judge or tribunal overseeing the proceeding must make a preliminary determination if the witness is qualified to render an opinion on the matter at issue. This usually involves the expert witness's academic training and prior experience testifying as an expert.

Most often, in a trial or proceeding in an adversarial setting where expert testimony is necessary, the main issue for resolution is the subject of the expert's opinion. Typically, this involves conflicting opinions of experts on each side of the issue to be decided. A fair question may be asked in this circumstance- "How can two experts in the same fields or disciplines have differing opinions on the same set of facts?" Well they do, all the time. And, in the case of a jury trial, the jury must determine which expert's opinion is more credible or believable in making its final resolution of the matter at issue. In this circumstance, the second question which might be asked in an analogous situation where two expert psychic witnesses might be called upon to offer opinions "If two psychics have conflicting opinions on the same factual setting is that irreconcilable?" The answer is "no" for the same reason expressed immediately above in the case of expert witnesses. But, of course, this second described setting is strictly hypothetical. As of this moment, scientifically, or otherwise, sufficient basis for the psychic opinion has not been established or universally accepted.]

The New Age, just like its beginning, will have no discernable ending, but it will end soon. At this time, the age which follows the New Age has no name, but there will be a following one. Perhaps, it should be called the Great Age. Regardless, it will be a continuation of increasing awareness of psychic phenomena and human psychic and mediumship abilities. The increased awareness will be furthered by more scientific evidence about, or proof of, the existence of the abilities of psychics and mediums. See, for example, the hypothetical setting regarding expert psychic witnesses at the end of the above Author's Note. Just like in past ages, there will be disbelievers or those skeptical about these human abilities. The advancements of the next age will hopefully serve to alleviate the concerns of those with inflexible mindsets, those lacking in belief and, those with doubt infused skepticism. Individual subjects which might be further studied, among many others, are incarnation or reincarnation of souls (spirits), and human communication with spirits as discussed in Chapter 3. Another subject, as mentioned several times previously by the author is the speed in which spirits can be contacted in the vast spirit world. Is there a speed of thought in excess of the speed of light? There is still much more to know about psychic healing, both in person and remotely. While to large extent marginalized in recent times, the phenomenon of "apportation," involving moving objects or people from place to place and "levitation," raising people or objects upwards or in defiance of gravity observed by credible witnesses years ago, may be revisited. There is also much more to know about apparitions and ghosts as they are referred to today. Interest in these subjects has inspired documentaries and television series about the methods and results of present-day ghost hunters investigating reportedly haunted buildings. Their attempts to obtain images and record audio communication with the ghosts, in most cases, is left for evaluation by the viewers. Needless to say, this general subject will be of continuing interest and investigation well into what we have temporarily called the Great Age.

What about aliens and UFOS in the age to come? Since the United States government has essentially denied involvement with UFO sightings and presumably with their alien crews, passengers, origins and human abductions, these concerns will be left to the private sector to continue and expand their own investigations. There is no reason to believe that worldwide UFO sightings will diminish in the Great Age to come. Quite to

the contrary. Presently, the number of sightings of UFOS appear to be on the increase, and the reported human interactions with aliens are topics of equal or greater interest. Absent renewed interest in these subjects by the United States or governments of other countries, as mentioned above, future investigations of them will necessarily have to be by the private individuals or organizations. UFO enthusiasts and their related groups will come to the forefront with their own investigations.

There may be a ray of light shed by the government in the future on the subject of UFOS. As this book was being put in final form for publishing, in July 2020 the United States Defense Department acknowledged the formation of the Unidentified Aerial Phenomenon Task Force with the mission to detect, analyze, catalog, consolidate, and exploit non-traditional aerospace vehicles/UAPS posing an operational threat to U.S. national security and avoid strategic surprise. Further, the task force is to gain knowledge and insight into the nature and origins of UAPS and their operations, capabilities, performance, and or signatures. Task force findings are to be shared with the public 180 days after legislative enactment of an intelligence approval act. The take-aways from this announcement are that so far as government acronyms are concerned UFOS are now called UAPS, and it can be expected that any information released to the public will be severely limited by stated security concerns. It remains to be seen how much substantive information will be released and when.

As previously referred to in an earlier chapter, speculation as to the existence of other planets, in other universes, with conditions capable of supporting life as known on earth has been around for many years. A number of these planets, called exoplanets, have been identified by astronomers with assumptions as to their availability of required life supporting elements and conditions. That presumes, of course, that life on the exoplanets is just like ours on planet earth. However, maybe they are not human-like, and they have lesser, greater, or entirely different ambient conditions to sustain them. Or, they might even be life-like robots or other devices placed there from other locations in the vastness of space and its many other universes. For example, the United States has sophisticated robot vehicles presently exploring the surface of the planet Mars, and a manned expedition is in the planning stages.

The primary tools for near and deep space investigations have been the Hubble telescope launched into low earth orbit in 1990, along with several other telescopes previously positioned in space with different functionalities and goals. The Hubble has been spectacular in all of the data and photographs it has sent back to earth for evaluation, particularly images from deep space. A recent report, based on interpretations of Hubble's photographs, estimates that there are two trillion galaxies similar to our milky way in deep space.

A larger and much more capable space telescope, the James Webb, is presently scheduled to be deployed sometime between the years 2021-2025. Like Hubble, it is funded by the U. S, Canadian and European Space Agencies. It will be in a high earth orbit and its light collecting "lens" is roughly four times the size of Hubble's. It is so large, it had to be fabricated to fold up to fit on the launch rocket, and then to be unfolded upon reaching its orbit. The distance Webb will be able to see into deep space will be markedly greater than that of Hubble, and it will have a wider breadth of view. The two trillion galaxy estimate referred to above will assuredly be increased significantly. There is no doubt that many more exoplanets will be discovered and, perhaps explored with manned or unmanned craft during the course of the future Great Age. Even in the New Age of today there are plans for human travel to the planet Mars and possibly establishing a permanent colony there.

After Webb is successfully deployed, Hubble is presently expected to continue its observations until about 2025. Then it will be allowed to leave orbit ending its incredibly successful operational life span. It will descend into the earth's atmosphere and be destroyed by the forces of its atmospheric re-entry.

This brief litany of things, topics or events which might be encompassed in the Great Age to follow the New Age, is probably lacking in imagination compared to what science fiction authors and movie producers may come up with. Like the New Age, it will be a time of great psychic and spiritual awakening for many who, heretofore, have only been curious observers of the worlds of psychics, spirits, and mediums. There will be advances in the understanding and acceptance of psychic phenomena and their factual and

scientific foundations. If the earlier upward trends cited in the Gallup and Chapman University surveys are continued in the future, their data, as in the past, will most assuredly show an ever-increasing public belief in such phenomenon. It might be beneficial and enlightening to have interested organizations engage in more detailed and broader public surveys about attitudes concerning psychics and their abilities. The Gallup and Chapman surveys, while helpful in sampling public beliefs, were limited in numbers of individuals polled as well as topics included in their inquiries.

CONCLUSION

Putting into words a look into the worlds of psychics, mediums, and spirits from the viewpoint of a non-psychic, I thought would be an easy task. How difficult could it be with my wife, Linda Lee, an expert in these fields, as an ever present and enthusiastic partner? I had written hundreds of legal briefs and opinion letters requiring much research of legal precedents and medical and scientific issues in litigation encountered in my practice. This undertaking, I therefore assumed, would be an easy task, notwithstanding the fact that at the outset, I was absolutely without any knowledge of the subject matters. Fishing, history, and sports I concluded, would be companion interests in retirement along with this writing endeavor.

Early on I was disabused of my preconceived ease of writing this book. Because I wanted to be informative for readers of all interest levels, from total skeptics to those with considerable interactions with psychics and mediums, I thought it would be helpful to start with somewhat of an entry level discussion of the early history of the intended book topics. This necessitated me becoming a researcher again, assimilating relevant background information and putting it in writing. It did not take me long to find out the breadth and volume of the information available, requiring reduction of it to its barest and basic highlights for inclusion in this book. This was a painstakingly long but enjoyable process. More knowledgeable, and perhaps critical readers may find the background chapters too simplistic, but for readers new to psychics, mediums, and spirits, hopefully they are informative, just as their content was for me.

Telling Linda Lee's story of her awakening as a psychic, channeler of spirits, and chronicler and exponent of light language, unlike gathering and distilling the background information referred to above, was easy as originally conceived. I was a witness to it all. It was just a matter of making an accurate record of the events as they occurred. In most instances Linda Lee's own words are shared with readers. While it is true, most awakening experiences are not the same, they probably have some similarities to those

described by Linda Lee: initial reluctance to share; wonderment about the nature of psychic abilities as they unfold; realization that what was happening were natural divinely given gifts; and that they are meant to be shared for the good of all people.

Following up this last point, one of the most important aspects of Linda Lee's awakening was the receipt by her of the various messages by inspirational writing from the Universal Council of Light and others identifying her as a light worker and praising her. Even before the bulk of those messages had been received, Linda Lee had conceived her role as being an inspiration to others to awaken and overcome darkness in the world. This was certainly more than coincidence and more than an instance of synchronicity. It can better be described as Linda Lee being on the path of fulfilling one aspect her life's spiritual contract. As detailed in the messages, the light workers' tasks are so important and enormous in scope that they may not be accomplished in one lifetime. And, so it is likely, that Linda Lee will be returning, with others, in another lifetime to continue her path on earth as a light worker.

While in the planning stages and writing this book, lurking in the back of my mind was the ever present memory that before meeting Linda Lee, my interest or level of knowledge of the world of psychics, mediums and spirits was somewhere between three and five on the levels enumerated in the Introduction. In short, "I had heard about it, never looked into it, and was skeptical, but was afraid there was some substance to it." Setting aside the information imparted to me directly, from Linda Lee, my early background research jumped my level to number six, "Have some knowledge, but need some more information to fully appreciate its meaning for me." Continued research and direct input from Linda Lee and her colleagues boosted me to level number seven, "Lots of experience with psychics and mediums, but what else is there to it?"

This last phrase of level seven- "but what else is there to it?" became a topic which Linda Lee and I both thought, would be of readers' interests, beyond details of her psychic and spiritual awakening. So, we have included the spiritual messages she received by inspirational writing and some details of segments of her prior lives adduced by several modalities. Contemporary

writers have ascribed current interest in psychic phenomena, spirits, spirit channeling and related topics to the New Age or the last few decades in which we are now living. We have expressed our thoughts as to what the next age, the Great Age, with its several decades or centuries of future research and interest may reveal on these topics and their scientific and public acceptance.

Other than describing myself as now being a 7+ on the scale of interest levels, the author remains a non-psychic on the outside looking into Linda Lee's world of psychics, mediums, and spirits. My look inside has been a rewarding and enlightening experience for me. It is a pleasure to share it with readers between the covers of this book.